

Issue 5776  
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### L'Shana Tova

*May you be inscribed for a sweet New Year!*

Rosh Hashanah begins at sundown  
September 13th

Yom Kippur begins at sundown  
September 22nd

Please see the High Holy Day packet for times & locations of services.

### Perspective *By Rabbi Michael G. Holzman*



## MAKING SHABBAT

*We are adjusting our Friday night Shabbat service times, and here's why.*

When I think of my moments of greatest joy, they are moments when I am surrounded by people I love and trust, listening to good music, and eating good food, laughing at jokes, delighting in friendships, family, children, the aged, and reflecting on the blessings of life. For me, this is the essence of Shabbat: the experience of words, art, culture, ritual and relationships that remind me just how good life can be.

Some of this can happen at services, within the formal structures of prayer, worship, music and ritual. We can feel it when the Cantor lifts us in song together or as active listeners, when Kol Shirah carries us on harmonies, melodies and a community breathing music together, when I hit the right notes in a sermon, pulling from the tradition wisdom that touches our

*(Continued on page 2)*

### Perspective *By Cantor Susan Caro*



## SUKKOT SIMPLICITY

*As you are read this, the year will have entered into being in full swing. Schools will be opening, traffic will be getting heavier, leaves will soon be changing, the lazy days of summer will be fading into a distant and fond memory.*

It is not so out of place that as Jews, we, too, enter into the exciting and full days of our Jewish calendar leading up to *Rosh Hashanah* and *Yom Kippur*, and the beginning of the religious studies year. The energy around here is palpable – The High Holy Days, the ‘High’ – elevated – Holidays; the ‘high’ that comes from the large gathering of our extended community, and of the Jewish people around the world. There is so much emphasis on these two days. But – what about after that?

The holiday of *Sukkot* is also called ‘*Z'man Simchateinu*,’ the time of our joy. We are to have a joyful celebration of life, of nature, of moving from the *teshuvah* of awe, to *teshuvah* of joy, looking toward the year ahead. We need some celebration!

For this moment of transition, our tradition teaches us to build *sukkot* – huts. The command to dwell in the *sukkah* for seven days – *teishvu* – can also be read as *toshvu*, which changes the meaning to “you will do *teshuvah*, in your *sukkot*.” With this simple reinterpretation, *Sukkot* becomes an equal part of the atonement and return process which began in the month of *Elul* and reached its climax on *Yom Kippur*.

*(Continued on page 20)*

current lives, or when the prayers come together to touch the vulnerable strings of the soul ready for strumming. At NVHC, we often find that Shabbat awareness in the unscripted moments of our Friday evening worship, when someone announces a Sheheyanu moment, and we all gasp with joy or a comment becomes a joke, which becomes an avalanche of laughter.

Many times, the joy of life is most evident in the stuff that happens around services, at the oneg or the nosh, or when we are greeting other people coming to NVHC for the first time (or the first time in a long time).

And it has come to our attention that we are missing a key piece of this puzzle which has for centuries been a central part of a rich Shabbes tradition. That piece is the Shabbat dinner. Unfortunately, we have gotten to the point where Shabbes dinner happens for a tiny minority in our community.

By Shabbat dinner, I mean an intentional time when people come together, set aside the week, adorn the home with beauty, and break bread together. It is usually a time when we say blessings, light candles, eat challah and drink wine. It is best celebrated with family gathered round, friends invited for dinner, and with chocolate waiting for dessert.

Well, this may be an unrealistic scene for many of our schedules, commutes and commitments. And our 6:45 p.m. service time has been a part of the problem. A number of families have approached the clergy and the Worship Committee saying that time is either too early to get home from work, eat and then get to services, or too late to get home after services and start dinner at a reasonable hour. Therefore, we are making three significant changes to Shabbat: 1) We will be moving the 1st and 3rd Fridays of the month to a 6:30 p.m. start (8:00 p.m. remains unchanged on the 2nd and 4th Shabbats), 2) we are changing the way we offer food before and after services, and 3) we are creating a more welcoming experience for those who can only attend for part of the evening. Here are the details.

On the 1st Friday of the month, we will offer a nosh from 6:00-6:30 p.m. That way, people can come straight from work. Services will run from 6:30 p.m. until roughly 7:45 p.m. At 7:45 p.m., we will offer a prepaid dinner (so you have to make reservations). There will not be an oneg after services, because the goal is for people to go have

Shabbat dinner afterwards, with us, at home, or anywhere you like. This will begin on November 6th.

On the 3rd Friday of the month, we will offer an early dinner at 5:30-6:30 p.m. (this is to better welcome early eaters). Again, this will be prepaid, so reservations are required. We will not offer the nosh at 6:00-6:30 p.m., but we will have a light oneg after services at 7:45 p.m. This will begin November 20th.

On the 2nd and 4th Fridays, the format of the 8:00 p.m. service will remain unchanged for now. The service will begin at 8:00 p.m., run until roughly 9:15 p.m., and be followed by an oneg.

At all services, we want to prioritize the joy of Shabbat, not the stress, so we are challenging EVERYONE to come to the synagogue on Shabbat, but with the expectation that not everyone can arrive on time or stay the whole time. So we will be leaving the doors to the Social Hall open throughout the service so people can enter and depart as needed. Join us for whatever part of Shabbat you can, even if it is just the nosh, the candles, and you go out with friends for dinner. Or maybe you eat at home with family and join the service halfway through. We will not be judging people for showing up for just part of the evening. And of course, we will not be turning anyone away who comes for the whole time. Whatever works for you.

**THIS IS AN EXPERIMENT**, which means there will be kinks. So please pay attention to the web site, email, announcements, and the Newsletter as we keep you updated about this format. We are still working out the logistics for dinners. Stay tuned. **If you would like to help organize this aspect of the evening, please contact Susan Trivers, our worship chair, at [susan@susantrivers.com](mailto:susan@susantrivers.com).**

A special note on change: If you are excited by this proposal, please remember that there are people who like the status quo and will take some time adjusting. And if you are one of the people who are accustomed to the 6:45 p.m. time with an oneg, please remember that this does not work for everyone right now and that may be why they do not show up. In community, we all have to stretch our spiritual muscles and find flexibility. That having been said, if anyone has comments or concerns, please contact me, the Cantor or Susan Trivers to tell us how you feel (positive or negative).

See you on Shabbes (if not before). ♦

**PLEASE NOTE:** Our regular pattern of Service times (6:45 on the 1st & 3rd Fridays, 8:00 p.m. on the 2nd, 4th & 5th Fridays) will continue through October, *with the exception of* **October 9th**, which will be at **6:45 p.m.**



# President's Pen

## COMMUNICATE

By David Selden • President, Board of Trustees

According to Webster, the word communicate means “to give information about (something) to someone by speaking, writing, moving your hands, etc. or to get someone to understand your thoughts or feelings.” Dictionary.com defines communicate to mean “being joined or connected.” I prefer this definition because it means that information or feelings were shared, acknowledged and reciprocated. Thus, relationships are formed or strengthened and mutual understanding is possible.

At NVHC, it is critical that we maintain strong multi-directional communications between our clergy, our leadership, our staff, and most importantly, our congregants.

By coming together and ensuring that everyone’s voice is heard, we will be able to determine our investments, understand priorities, and evolve to meet the needs of the congregation today and into the future.

That is why the Board of Trustees recently authorized the conduct of a professional, objective member survey. We want to hear from you. Learn about the things that you value most, find out how we are doing, and hear your ideas. Over the next few weeks, you will receive an invitation to fill out a web-based survey. I urge you to not only take the survey, but give the questions serious consideration and share your thoughts. We will be using the results as an important tool to help inform our plans, evaluate budgeting decisions, and determine future directions and priorities. And, we will communicate the results back to you and share our plans at the December Congregational meeting. Because if we are going to stay connected and move forward together, we must maintain strong, open lines of communication across our entire community.

So when the survey shows up in your email box, or you receive a call from the survey call center, please be responsive and com-mun-i-cate!

Wishing you, your family and friends a sweet New Year! ♦

**SAVE THE DATE**

Featuring:  
Cantor Susan Caro and friends

Saturday Evening,  
NOVEMBER 21,  
**2015**

**NVHC's FALL  
BENEFIT**

**Let your voice be heard.**  
Please participate in our congregational survey.  
Details coming to your email inbox soon.

### 2015 Board of Trustees

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## **SHALOM V'UVRACHA — HELLO & WELCOME!**

By *Moshe Ben-Lev* • Director of Education

And so another year begins. . . . . It sounds like a Dickens novel!

This is the time of the year when we rush to finish those last-minute preparations for a new school year. Teachers attend a day-long training, while our teen Madrichim join us mid-morning. Late registration is processed, classrooms are prepared, and hopes and high expectations are in the air.

This year promises to be an exciting one for Kehilat Limmud and TAMID as Beryl Trauth-Jurman, last year's Youth Activities Coordinator becomes our first Assistant Director of Education! Over the summer I have prepared, along with my staff, for the first day of school. We will begin this year with a slightly updated K-6th opening day program as we introduce a parent/teacher Back-to-School orientation. This will enable parents to meet their children's teachers at the outset, and make connections with them.

We have so much to look forward to over the next ten months:

- Our Clergy will be leading *tefilah* (prayer) for all of our Kehilat Limmud 3-6th grade students weekly. They will also continue to join Ms. Nell, our amazing music teacher, for K-2nd grade *tefilah*.
- Rachel Silverman, our Rabbinic Intern, will be available weekly during our Kehilat Limmud sessions. We look forward to learning from her.
- Our curriculum is newly updated to include a more elaborate and educationally sound philosophy.
- Tamid hours are expanded with a dinner from 5:50 - 6:15 p.m., and classes from 6:15-8:15 p.m., allowing

for a more meaningful teen experience.

- We are offering family *shabbatonim* for 3-6th grade on Saturday mornings. This family event will begin with Torah study, followed by our congregational service and a potluck luncheon.
- During *Z'Man Kebila* (Community time), which will take place for 3-6th grade classes twice monthly for 40 minutes, students will create with *Madrichim* a year-long Israel project to be presented and taught as part of our *Yom Ha'atzmaut*, Israel Independence Day program in early May.
- We are offering a number of parent-based workshops during Kehilat Limmud on a variety of issues, from mental and physical health concerns, through behavioral issues when dealing with a challenging child.

All in all, this will be a busy, fulfilling year with lots of opportunities for students and families to learn, connect, and get involved in the NVHC education programs.

I look forward to seeing you all on September 20th.

For more information, please visit our website:

[www.nvhcreston.org](http://www.nvhcreston.org). ♦

### **September Calendar**

#### **Sunday, September 20th**

Family opening day program & Parent Back-to-School. Dismissal at 11:45 a.m. so families can attend the Brotherhood Family Breakfast.

#### **Saturday, September 26th**

Sukkah Building dinner for Confirmation 10th grade families and Brotherhood.

#### **Sunday, September 27th**

In-school Sukkot Program at Kehilat Limmud.

#### **Tuesday, September 29th**

TAMID Family Orientation and dinner.

#### **Wednesday, September 30th**

First mid-week Chevruta Hebrew for 3-6.

### **NVHC Brotherhood**

#### **Brotherhood Family Breakfast**



**Sunday, September 20th & October 18th,**

**9:30 a.m. – 12:30 p.m.**

**in the social hall**

*Come and enjoy good food and fine friends, as the NVHC Brotherhood chefs cook up a delicious breakfast in the kitchen!*



# SCHOOL YEAR 2015 -2016 — HIGHLIGHTING OUR COMMUNITY AND OUR PROGRAMS

By Cindi Drake • Director of Early Childhood Education

Evaluating and re-evaluating programs, teachers and teaching techniques is critical to maintaining a school’s academic excellence. In a Jewish preschool, the involvement of Clergy, the Religious School Director, Sisterhood and Brotherhood are crucial to the sense of community we seek to advance amongst our families. After the children’s preschool years, this should still feel like home.

At the end of every year, the teachers and I sit down and decide what worked, what didn’t, and what worked but not the way we wanted. And then we make improvements. Our most successful programs this year were our Robot building class for pre-k, a more in-depth Israel program, and supplying Pesach-friendly lunches to all the children during Passover.

We also discuss what programs we should try in the next school year. So here is a synopsis of new programs for the 2015 -2016 school year:

- A pre-k enrichment program two afternoons a week
- Lunch offering
- Summer Kindergarten Readiness Week for June graduates in anticipation of Kindergarten (we began the program this past summer)
- A Sukkathon – We are going to encourage families to build their own sukkahs. The smallest possible to the largest. We will work with them and put together all the information and tools they will need. I’ll let you know how successful we are!

Our school does not stand alone. Rabbi Holzman and Cantor Caro join the children in activities ranging from Zumba and Yoga, to blowing the shofar at our weekly Shabbat service. And let us not forget their contribution to graduation, along with Moshe Ben-Lev, as the Flat Tireds Trio and their rendition of *Pomp and Circumstance* (see photo).

During one of our units on Israel, Moshe greeted us at our Bedouin tent in Bedouin garb and read a story. He also pumped the children them up about coming to religious school!

Our Preschool can always count on Brotherhood and Sisterhood to support us in so many ways. This past spring we did a fundraiser at Gregorio’s Trattoria, and Brotherhood changed their home venue meeting to Gregorio’s in order to help with our fundraising. Every year Sisterhood sends volunteers to help with our school Purim Carnival, and during Parent/Teacher conferences, they are here to cover classes as needed.

To paraphrase a well-worn expression – It Takes a Temple.... ♦



Isabel



The Flat Tireds



Brotherhood and kids



Brotherhood

## Todah Rabah

*The Preschool Wishes to Thank...*

**Sisterhood**, for their generous donation to the Preschool to fund programs.

**The Aponte family**, for donating wooden blocks for classroom use.

**The Nossaman family**, for donating a beautiful piano to our congregation.

## Tot Shabbat

*COME GET THAT SHABBAT FEELING!*

**September 5th and October 3rd, 9:00 a.m.**

Meet us in the multi-purpose room for this lively Shabbat morning service designed just for young children (up to age 5) and their families (including older and younger siblings). Miss Nell (Hirsch), NVHC's children's music specialist, leads the service. We sing, we dance, we pray, and we learn a little Torah with the Rabbi or Cantor.

After our service, Cindi Drake, our Director of Early Childhood Education, engages the children in a fun activity or craft. Our Oneg is a time for all to enjoy each other's company – our old friends and our new ones.

We hope you and your children will be there to share it. ♦

## YOUTH ACTIVITIES AT NVHC

Looking for ways to get your kids more involved at the Synagogue?

Do you want them to have some healthy “Jewish” fun?

NVHC has youth programming for kids in grades K-12

- Team Rishon is our youth group for kids in grades K-2
- Kosher Pickles is our youth group for kids in grades 3-4
- Club 56 is our youth group for kids in grades 5-6
- TAMID is the social and educational program for kids in grades 7-12

What types of programs does NVHC offer?

- For kids in grades K-4, we have sundae parties, movie nights, arts and crafts, and picnics
- For kids in grades 5-6, we have ice skating, campouts, shul-ins, movie nights and pizza parties
- For kids in grades 7-12, we have community service events, museum trips, events with other organizations such as the RAC and other synagogues, shul-ins

We'll do all these things – and more this year!

**Interested Yet?**

Email [beryl@nvhcreston.org](mailto:beryl@nvhcreston.org) for more information  
and stay tuned for our youth calendar!



## Mazel Tov to our B'nai Mitzvah



### Zachary Pracher • September 5th

For his Bar Mitzvah project, Zachary Pracher raised over \$40,000, to distribute 200 Kindle packages, including Kindle devices, chargers, cases and 2-year warranties will be distributed to middle school and high school students via Mobile Hope. Besides providing technology, Zachary will teach the 200 students how to use the devices, how to sign up for library cards, and he will also serve as their maintenance/tech-support contact. "Many of the kids served by Mobile Hope sleep in the woods, with friends or in shelters," Zachary explains. "Because they move around a lot, they need something small, easy to carry, and to call their own. The Kindle is the perfect solution." ♦



### Joseph Shapiro • September 5th

Joseph has chosen to support Helping Hungry Kids of Northern Virginia (HHK). This special organization was founded in 2009 for the purpose of providing food packages to school children in the Northern Virginia area who lack adequate food on weekends. Providing breakfast, lunch, dinner and snacks, HHK distributes food to more than 300 children weekly. ♦



### Sarah Kwartin • September 19th

For her Mitzvah project, Sarah will be volunteering for the Humane Society. ♦



### Jared Smith • October 3rd

Jared is a volunteer for the Herndon Youth Optimist Buddy Ball League, a baseball team for children 6-15 years of age who have special needs or disabilities. Jared was the youngest volunteer the league had ever had when he became a buddy two years ago. For his Mitzvah project, Jared raised

funds to purchase batting helmets for each and every child on this year's team. The helmets, with the assistance of the league commissioners, were personalized with each player's name, number and a "B" for Buddy Ball. Players and their families were so pleased that the league now hopes to seed funds for customized helmets annually. ♦



### Isaac Piccus • October 24th

Isaac is raising money for the JWB Jewish Chaplains Council. The JWB Jewish Chaplains Council sends care packages to the 10,000 Jewish men and women aboard ships and stationed on bases around the world. Being only 1% of our military, they can feel very lonely. These care packages mean a lot to them because they have Jewish ritual items. ♦



### Tom Hutchens • September 26th

Tom's Mitzvah project is volunteering and engaging with residents at the Herndon Senior Center. ♦



### Sean Weinstock • October 3rd

Sean's Bar Mitzvah project is working with the Government of Vanuatu (a small island nation in the Pacific that was hit by a Category 5 cyclone in March) to provide books and stuffed animals to kids whose houses were destroyed by the cyclone. ♦



### Avi Holzman • October 10th

My Bar Mitzvah project is a Generosity Feeds food pack, where guests at my evening party will mix dried ingredients to create a meal that requires only hot water to prepare. I have raised \$2,500 to make 2,500 meals which we will give to Fairfax County Public Schools students who receive a free or reduced lunch during the week.

I chose this as my party and my project because I enjoy food, and I believe that everyone should have healthy food to eat. ♦



### Jonathan Reiss October 24th

Jonathan will conduct a baseball equipment drive for underprivileged youth. ♦

## Upcoming B'nai Mitzvah?

To submit a picture and bio of your child, choose one of the following: email to [mozelle@nvhcreston.org](mailto:mozelle@nvhcreston.org) or mail to NVHC, 1441 Wiehle Ave., Reston, VA 20190. Questions? Call the temple office at 703-437-7733. Deadline is the first day of the month PRIOR to your child's Bar/Bat Mitzvah date. For example, the deadline for November/December is October 1st.

## Worship

### NVHC Selichot Film, Discussion and Worship



September 5, 2015

7:30 p.m.

Selichot: preparation for the New Year

**Featured Film: *Clementine***

By Tal Haim Yoffee

*Clementine* is an intensely personal and fascinating film, using the search for family roots to talk about what we want to pass along to our children. It combines the personal and national narratives of Israeli Jews; sheds light on soul-searching; and reflects how we add meaning to our Jewishness and how we treat others.

Coffee and dessert 7:30 p.m.; Movie 8:00 p.m.; discussion with Rabbi Holzman 8:45-9:20 p.m.; Multi-purpose Room  
Selichot Worship begins at 9:30 p.m. with Rabbi Holzman, Cantor Caro  
Welcome the Days of Awe and the changing of the Torah covers

For more information, contact Susan Trivers, Worship Committee Chair,  
at [worship@nvhcreston.org](mailto:worship@nvhcreston.org) or 703-790-1424

## Torah Talk

Our Shabbat Torah study class will be held on **Saturday, September 12th, 19th, 26th; October 10th, 17th, 24th & 31st at 9:00 a.m.** in the sanctuary. **PLEASE NOTE:** *Torah Talk* will be led by Rabbi Deborah Kasso on Oct. 10th, and Rabbi Dr. Norman Cohen on Oct. 31st.

The Torah is a vast collection of stories, commandments, ritual practices, and ethical standards. It is meant to be studied and understood not only to connect us to our ancestors and traditions, but also to guide us toward an ethical and spiritual life. Torah means learning. For many of us, understanding Torah is not easy. We may find the language confusing and the meaning difficult to grasp. Yet when we learn together, we are thrilled by the insights we glean and share. Whether you have studied Torah before or are new to Torah study, you will find wisdom and inspiration each time you study a portion of our sacred literature. ♦

## Yom Kippur Afternoon Discussion

**Wednesday, September 23rd at 2:00 p.m.** Rabbi Holzman will lead a discussion on the topic "*Getting Comfortable with the Uncomfortable: Finding Courage During the Days of Awe.*" Yom Kippur challenges all of us to confront some of the most difficult aspects of our lives. Who really wants to talk about sin and mistakes and broken relationships? We fear these issues and avoid them for good reasons. But we cannot experience the *Yamim Norai'im* (Days of Awe) with integrity unless we do confront them.

## SAVE THE DATE!

Simchat Torah Festival

October 4, 2015

*Please Join Us!*

Learning  
Consecration  
Torah Dancing  
Music  
Food  
Fun

Programming for all ages!

## A YEAR OF TORAH: STUDY & CELEBRATION

*Turn it over and over ... for everything is in it. — Pirke Avot*

Throughout the year, there are opportunities to learn and grow as we observe the Jewish Festival Calendar. Each holiday offers specific traditions and texts, which help us grow closer to Torah.

### **Saturday, September 5th. Selichot: Preparation for the New Year, 7:30 p.m.**

Movie and Discussion followed by Worship Service. *Clementine* is an intensely personal and fascinating film, using the search for family roots to talk about what we want to pass along to our children. It combines the personal and national narratives of Israeli Jews; sheds light on soul-searching; and reflects how we add meaning to our Jewishness and how we treat others. *Worship service includes changing the Torah covers from everyday red to holiday white.*

### **Wednesday, September 23rd. Yom Kippur Afternoon Discussion, 2:00 p.m.**

Rabbi Holzman will lead a discussion on the topic “*Getting Comfortable with the Uncomfortable: Finding Courage During the Days of Awe.*” Yom Kippur challenges all of us to confront some of the most difficult aspects of our lives. Who really wants to talk about sin and mistakes and broken relationships? We fear these issues and avoid them for good reasons. But we cannot experience the *Yamim Norai'im* (Days of Awe) with integrity unless we do confront them.

### **Sunday, October 4th. M'sibat Simchat Torah, 5:00 p.m.**

On *Simchat Torah* we conclude the reading of the last book of Torah, Deuteronomy, and we immediately turn again to the beginning, with the book of Genesis. The cycle of

reading Torah is unbroken. *Worship service includes unrolling the scroll, the entire Torah laid out in front of the congregation.*

### **Friday, December 11th. M'sibat Chanukah, 5:00 p.m.**

*Chanukah* means dedication. We remember when Jews returned to the Temple in Jerusalem after years of war. Worship service includes all of the NVHC choirs.

### **Wednesday, March 23rd. M'sibat Purim, 5:00 p.m.**

On Purim, we read from *Megillat Esther*, the story of how Jews overcame adversity and defeated evil. A holiday of partying, gift giving, costumes, and more partying.

### **Date TBA Sisterhood Pre-Passover Educational Seder.**

### **Tuesday, May 17th. Confirmation, 6:30 p.m.**

A worship service offered by our 10th graders, a culminating event in their formal Jewish education. Their words of Torah are inspiring and for many the highlight of the liturgical year.

### **Friday, May 27th. Lag B'omer Outdoor Shabbat Service & Camp-out.**

### **Saturday, June 11th. Tikkun M'sibat Shavuot, time TBA**

Shavuot is the festival of the wheat harvest and the celebration of God giving us Torah at Mount Sinai. Traditionally it is observed through worship and study of Torah. ♦

## College Outreach

### SIGN UP FOR COLLEGE OUTREACH 2015-2016

We are now in our 13th year with the College Outreach program, and we want to make sure that all our students who are away from home are included. A baker's dozen of years is a nice analogy for the baker's dozen, or more precisely, dozens and dozens of cookies prepared and mailed out each year. We send home-made treats, symbols of the holidays, and holiday greetings from NVHC several times a year. We know from the notes we receive from the students as well as the thank you notes we receive from parents how much this continuing connection with NVHC means.

There is still time to sign up your students to participate for the new year, both for new and for continuing students. **Please send both USPS and e-mail address** of your student to Mozelle at [mozelle@nvhcreston.org](mailto:mozelle@nvhcreston.org).

**We also welcome volunteers** to help prepare and assemble the packages. You do not have to have a student away from home to participate. Some of our volunteers just like to bake and help out. The time commitment from you is not a lot. If you are interested in helping or have a question, please contact Judy Naiman at [CollegeOutreach@nvhcreston.org](mailto:CollegeOutreach@nvhcreston.org). ♦



### FALL IS ARRIVING AND WE ARE READY TO GO!

By Suzi Stone, Sisterhood President

Sisterhood is gearing up for a colorful fall. First, on **September 9th** in the multi-purpose room, Isabel will be presenting a special evening on her 6+ weeks in Israel over the summer. Six weeks — what a thrill to have a trip like that! This will be a great program for those of you who might be thinking of joining Cantor Caro on her 2016 trip, and a delightful review for those of you who have been there. Join us for a lovely program and Israeli treats.

We are planning our fabulous Chocolate and Champagne party on **October 11th** at Isabel's house. This is always one terrific party. Come and enjoy all the decadent calories you want, and have loads of fun and laughter. You don't need to be a member of Sisterhood to enjoy this great evening. Come along for the fun!

On **October 27th**, we are partnering with JCC for a trip to the historic 6th and I Street Synagogue. The bus will leave NVHC at 9:00 a.m., and lunch will be at Attman's Deli. Sign up soon, because this trip always fills quickly.

I personally want to thank everyone who ordered Honey from the Heart and made it through their order process. Talk about website malfunctions! Ah, well, it just makes the honey a little sweeter.

Please make sure to read the Sisterhood Newsletter for more information and any updates that might be posted.

(Thank you Deede Snowwhite for a wonderful job on the Newsletter.)

Remember, Save the Date:

September 9th – Isabel's Israeli Summer

October 11th – Chocolate and Champagne

October 27th – Historic 6th and I Synagogue

Please RSVP to me at [SisterhoodPresident@NVHCreston.org](mailto:SisterhoodPresident@NVHCreston.org) for the September 9th and October 11th events, and complete the JCC form for the Synagogue event.

Please contact me if you have any questions about these or other events, and if you would like to join our wonderful Sisterhood. Remember, a Sister is a very special friend.

We are a great group of women. Join us ... Enjoy us ... A Sister is a very special friend. ♦

## SCHOLAR-IN-RESIDENCE WEEKEND

October 30-31, 2015

### *Making the Torah Come Alive for Us as Human Beings*



**Rabbi Norman J. Cohen, Ph.D., Professor Emeritus of Midrash**

Dr. Norman J. Cohen serves as Professor Emeritus of Midrash at the New York campus of Hebrew Union College-Jewish Institute of Religion. He served as Provost of HUC-JIR from 1996-2009, Interim President of HUC-JIR from Dec. 1999 - June 2000 and as Dean of the New York School from 1988 - 1996. He was ordained by HUC-JIR in 1971 and received his Ph.D. from HUC-JIR in the field of Midrash in 1977. He lectures widely on the Modern Interpretation of the Bible.

**Friday, October 30th Erev Shabbat Services**

**8:00 p.m.** *Hineini in Our Lives: Responding to Those Whom We Love*

**Saturday, October 31st**

**9:00 a.m.** *Torah Talk: Genesis 21: Abraham's Family and Our Own Family Dynamics*

**12:00 p.m.** Lunch and Learn: *Abraham's Journey from Haran to Moriab: The Journey of Every Family.* Joining us for Lunch and Learn? To ensure we have plenty of food for lunch, please RSVP to the Temple Office at (703) 437-7733 or email [Mozelle@nvhcreston.org](mailto:Mozelle@nvhcreston.org).

No registration required.

## THE DISTINGUISHED SPEAKER SERIES

October 1, 2015, 8:00 p.m.

### “Cyber Threats to America – What We Can Do”



Admiral Michael McConnell

Admiral McConnell served as Director of the National Security Agency from 1992 to 1996. His civilian career includes serving as the United States Director of National Intelligence from 2008 to 2009. He is currently Vice Chairman at Booz Allen Hamilton.

*The NVHC Distinguished Speaker Series is free and open to the public.  
1441 Wiehle Ave., Reston, VA 20190*

## REEL THEOLOGY

### WITH RABBINIC INTERN RACHEL SILVERSTEIN

*A series of in-depth discussions about popular movies and what they can teach us about ourselves, life and living. We will watch excerpts from the movie and reference Jewish texts related to the themes of the movie. Participants are strongly encouraged to watch the complete movie prior to the discussion.*

**FEE FOR THE SERIES: \$18 MEMBERS, \$25 NON-MEMBERS Tamid Students: Free**

**Sunday, October 18th. 7:00-8:30 p.m. *The Truman Show.***

An insurance salesman/adjuster discovers his entire life is actually a T.V. show.

**Monday, December 7th. 7:00-8:30 p.m. *Amelie.***

Amelie is an innocent and naive girl in Paris with her own sense of justice. She decides to help those around her and, along the way, discovers love.

**Sunday, April 3rd. 7:00-8:30 p.m. *Crimes and Misdemeanors.***

An ophthalmologist's mistress threatens to reveal their affair to his wife, while a married documentary filmmaker is infatuated by another woman.

**Monday, May 2nd. 7:00-8:30 p.m. *The King's Speech.***

The story of King George VI of the United Kingdom of Great Britain and Northern Ireland, his impromptu ascension to the throne and the speech therapist who helped the unsure monarch become worthy of it.

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## REEL THEOLOGY

Name: \_\_\_\_\_ Member: \_\_\_\_\_ Non-member: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**COURSE FEE: \$18 MEMBERS, \$25 NON-MEMBERS**

Send registration form and check payable to NVHC to:  
Northern Virginia Hebrew Congregation, 1441 Wiehle Avenue, Reston, VA 20190

*For questions, comments, or suggestions for future Lifelong Learning offerings  
please contact Elizabeth Lacher, [lifeflearn-committee@nvbcreston.org](mailto:lifeflearn-committee@nvbcreston.org)*

## JEWISH STUDIES FOR ADULTS - FALL 2015

Our classes are open to anyone interested in learning about Judaism or continuing their Jewish education: members and non-members, Jews and non-Jews.

**The Book of Samuel.** The *Book of Samuel* covers the life of the prophet Samuel, beginning with his birth and God's call to him as a boy. The story tells of Israel's oppression by the Philistines, the anointing of Saul as Israel's first king, followed by the reign of King David. In this class we will read the entire book together and discuss its central themes. We will consider the cultural and historical context of the time as well as its place with the rest of the books of the Jewish Bible (Tanakh).

**Prerequisite:** None.      **When:** Sundays, 9:30-10:45 a.m., 20 weeks beginning October 11th  
(Does not meet when Kehillat Limmud is not in session)

**Instructor:** ADAM COHN

**COURSE FEE:** \$200 MEMBERS, \$270 NON-MEMBERS      TAMID STUDENTS: FREE

**Exploration of Modern Jewish Thought.** In this class we will explore the teachings of a variety of modern Jewish thinkers, including their biographical background and an in-depth discussion of one of their key works. We will consider the movements that each of these thinkers spawned and an overview of their life's work. The individuals we will study comprise diverse perspectives and religious orientations. In this class we will gain an in-depth understanding of the main strains of Judaism in the modern world, their similarities and differences. The following works will be explored:

- Rabbi Noach Weinberg (Haredi Orthodox) - *What the Angel Taught You*
- Rabbi Abraham Joshua Heschel (Liberal Jewish Theologian) - *Man Is Not Alone*
- Rabbi Menachem Mendel Schneerson (Chassidic Judaism) - TBD
- Rabbi Zalman Schachter-Shalomi (Jewish Renewal) - *Jewish with Feeling*
- Rabbi Joseph B. Soloveitchik (Modern Orthodox) - *Lonely Man of Faith*
- Eugene Borowitz (Reform Theologian) - *Renewing the Covenant*

**Prerequisites:** None.      **When:** Sundays, 11:00 a.m.-12:15 p.m., 20 weeks beginning October 11th  
(Does not meet when Kehillat Limmud is not in session)

**Instructor:** ADAM COHN      **COURSE FEE:** \$200 MEMBERS, \$270 NON-MEMBERS  
TAMID STUDENTS: FREE

## JEWISH STUDIES FOR ADULTS - FALL 2015

**Name:** \_\_\_\_\_ **Member:** \_\_\_\_\_ **Non-Member:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Course Name:** \_\_\_\_\_

**COURSE FEE:** \$200 MEMBERS, \$270 NON-MEMBERS      TAMID STUDENTS: FREE

Check <input checked="" type="checkbox"/> to enroll	Course Title	Session Day/Time
<input type="checkbox"/>	Book of Samuel	Sun 9:30 a.m.
<input type="checkbox"/>	Modern Jewish Thought	Sun 11:00 a.m.

**TOTAL ENCLOSED \$** \_\_\_\_\_

Send registration form and check payable to NVHC to:  
Northern Virginia Hebrew Congregation, 1441 Wiehle Avenue, Reston, VA 20190

## AMERICAN JEWISH EXPERIENCE

A series of 90-minute discussions exploring the broad topic of what it means to live as a Jew in Northern Virginia today and the key events and milestones in our history that got us where we are. Each discussion will be led by a congregant who is passionate about the discussion topic. There are no prerequisites for this series, no prior experience or knowledge required.

You may register for individual sessions or register for the entire series at a reduced rate.

**When:** Tuesdays, 6:30-8:00 p.m.

**FEE PER CLASS:** \$10 MEMBERS, \$14 NON-MEMBERS

**SERIES:** \$100 MEMBERS, \$140 NON-MEMBERS

TAMID Students: Free

**October 20th. To Everything There Is a Season: Jewish Time, Jewish Values** (Susan Trivers)

Judaism is a religion of time. The Jewish calendar reflects the intangible values of Judaism. We'll "time travel" through the year in one evening to see how our holidays relate to one-another and how through time they teach us the core values of Judaism.

**November 3rd. First Jews in America: The Jews of New Amsterdam** (Andrew Stein)

In 1654, a group of 23 Jewish refugees from Brazil landed in the colony of New Amsterdam, becoming the first Jewish community in North America. Learn how this group struggled for acceptance and recognition as full citizens in their new home, setting a precedence for those who would follow.

**November 17th. American Jewish Literature, Part I** (Kay Menchel)

The author, John Updike, in his introduction to the Best American Short Stories of the century, wrote "Jewishness! What would postwar American fiction be without it – its color, its sharp eye, its colloquial verve, its comic passions, its exuberant plaintiveness?" This statement implicitly assumes, of course, that there is such a thing as Jewish-American fiction, a mansion that houses Roth, Mailer, Malamud, Bellow, Heller, Singer, Salinger, Ozick, and Doctorow to name but a few. But the term "Jewish American writer" is contentious to say the least, some of the aforementioned writers having denounced it altogether. In these sessions we will discuss whether the category exists and, if it does, are there similarities between these authors? Excerpts for discussion will be provided, and different authors will be studied in each session.

**December 1st. Jews and the American Civil War** (Andy Lacher)

Even after 150 years, our modern lives are impacted by the American Civil War with issues debated in presidential races to school curriculum. On a much smaller stage, the role of American Jews in the Civil War period has been similarly at issue. This discussion will center around the political positions of Jews during the Civil War period, their individual contributions to both the Union and the Confederacy, and how the Civil War impacted perceptions of Jews throughout the nation.

**January 5th. Navigating the Weekly Torah Portion** (Susan Trivers)

Approaches that the casual student of Torah can use to make the weekly portion come alive and find relevance and meaning for today's world.

**January 19th. American Jewish Literature, Part 2** (Kay Menchel)

See November 17th.

**February 2nd. Jewish Influences in American Music, Part I** (Cantor Susan Caro)

For great American composers of song, the likes of Irving Berlin, George Gershwin, Jerome Kern, Oscar Hammerstein, and more – being Jewish was very important to them as was their 'hunger' to fit in to mainstream America. Their ease at doing so helped shape both the core of their identity and many of America's greatest songs.

*(Continued on page 14)*

## AMERICAN JEWISH EXPERIENCE Continued from page 13

In two sessions, we will explore their Jewish roots and their influences on American culture, both through writings and musical examples – and maybe even some singing (by the Cantor).

### **February 16th. Raising a Jewish Child in Modern America** (Moshe Ben-Lev)

Each parent struggles with the many challenges that face raising a child in a world where the high expectations for achievement are often forefront in their minds. How do we ensure that our children are raised with values and ethics that we ourselves have chosen through our commitment to Jewish living?

### **March 29th. Jews and the American Civil War** (Andy Lacher)

Even after 150 years, our modern lives are impacted by the American Civil War with issues debated from presidential races to school curriculum. On a much smaller stage, the role of American Jews in the Civil War period has been similarly at issue. This discussion will center around the political positions of Jews during the Civil War period, their individual contributions to both the Union and the Confederacy, and how the Civil War impacted perceptions of Jews throughout the nation.

### **April 12th. American Jewish Attitudes Towards Zionism** (Rabbi Michael Holzman)

How American Jewish sentiment towards Israel and Zionism have evolved over time. Key events and milestones which have shaped our view of and relationship with Israel today.

### **April 19th. Jewish Influences in American Music Part 2** (Cantor Susan Caro)

See February 2nd

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## AMERICAN JEWISH EXPERIENCE

Name: \_\_\_\_\_ Member: \_\_\_\_\_ Non-Member: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

FEE PER CLASS: \$10 MEMBERS, \$14 NON-MEMBERS      SERIES: \$100 MEMBERS, \$140 NON-MEMBERS

**Tamid Students: Free**

Check <input type="checkbox"/> to enroll	Date	Session Title
	10/20	Jewish Time, Jewish Values
	11/3	Jews of New Amsterdam
	11/17	American Jewish Literature, Part I
	12/1	Jews and the American Civil War
	1/5	Navigating the Weekly Torah Portion
	1/19	American Jewish Literature, Part 2
	2/2	Jewish Influences in American Music, Part I
	2/16	Raising a Jewish Child in Modern America
	3/29	Jews and the Civil War
	4/12	American Jewish Attitudes Towards Zionism
	4/19	Jewish Influences in American Music, Part 2

TOTAL ENCLOSED \$ \_\_\_\_\_

**Send registration form and check payable to NVHC to:  
Northern Virginia Hebrew Congregation, 1441 Wiehle Avenue, Reston, VA 20190**

*For questions, comments, or suggestions for future Lifelong Learning offerings please contact Elizabeth Lacher, [lifeflearn-committee@nvbcreston.org](mailto:lifeflearn-committee@nvbcreston.org)*

## HEBREW FOR ADULTS - FALL 2015

At NVHC, we have a robust Hebrew program for Adults featuring a variety of classes to satisfy a wide range of interests and needs. Whether you have no previous exposure to Hebrew, want to feel more comfortable with Hebrew during services, become adept at Biblical translation, or learn to speak conversational Hebrew: We have a class for you!!

### IMPORTANT INFORMATION

Our classes are open to anyone interested in learning Hebrew or continuing their Hebrew education: members and non-members, Jews and non-Jews. If you need help selecting the right class, please contact the Lifelong Learning Chair. If you can't find a class that fits your needs, please let us know - we will form new classes if we have a minimum of 5 students.

### BEGINNING HEBREW

**Beginning Hebrew.** Learn to read Hebrew - No previous experience required. This class introduces the student to Hebrew letters and vowels, and broadens the student's understanding of the use of Hebrew in Jewish life, ritual, study, and tradition. The student will learn to read Hebrew phonetically, to recognize common Hebrew roots used in prayer, and to write block letters. This course provides a foundation for the rest of our Hebrew classes.

**Prerequisite:** None.

**Fee:** \$120 Members, \$162 Non-Members

**Text:** *Aleph Isn't Tough: An Introduction to Hebrew for Adults*, \$18.95

- **Sundays**, 9:45-11:00 a.m., 12 weeks, 9/27-1/31 (no class 10/4, 11/1, 11/15, 11/29, 12/20, 12/27, 1/3)

**Instructor:** Miriam Wolman

- **Mondays**, 9:30-10:45 a.m., 12 weeks, 10/19-1/25 (no class 12/21, 12/28, 1/18)

**Instructor:** Ady Friedman

- **Mondays**, 6:00-7:15 p.m., 12 weeks, 10/19-1/25 (no class 12/21, 12/28, 1/18)

**Instructor:** Yehudit Shem-Tov

### CLASSICAL HEBREW

**Prayer Hebrew I.** The emphasis of Prayer Hebrew I is on improving prayer fluency, the acquisition of basic prayer vocabulary, and understanding the structure of the prayer service. The course will begin with a review of basic reading rules and include a mix of "simple" and more complex prayers. Each class will focus on one section of the prayer service and may also include additional prayers as desired by the students. Students may repeat as often as needed to gain confidence in the prayers.

This fall our focus will be the **Amidah**: *Avot v'imabot, Gevurot, Kedusha, Kedushat HaYom, Avodah, Hoda'ab, Birkat Shalom*. We will study the Amidah for both Erev Shabbat and Saturday morning.

**Prerequisites:** Ability to read Hebrew phonetically (Beginning Hebrew or equivalent)

**Fee:** \$120 Members, \$162 Non-Members

**Text:** *Hineni: Prayerbook Hebrew for Adults*, \$22.50

**Optional Text:** *Mishkan Tefilah: Shabbat* (no-transliteration) \$34.00

- **Mondays**, 7:00-8:15 p.m., 12 weeks, 10/19-1/25 (no class 12/21, 12/28, 1/18)

**Instructor:** Rob Gutcho

**Biblical Hebrew.** This class is for students who want to be able to read, understand, and translate selections from Torah. We will learn to recognize variety of verb forms and expand knowledge of Biblical vocabulary.

**Prerequisites:** Adv Prayer Hebrew or equivalent. Some familiarity with Hebrew grammar and vocabulary.

**Fee:** \$144 Members, \$194 Non-Members

**Text:** *Bet Is for B'reisbit*, \$18.95

- **Thursdays**, 7:00-8:30 p.m., 12 weeks, 10/8-1/14. (No class 11/26, 12/24, 12/31 )

**Instructor:** Elizabeth Lacher

### MODERN HEBREW

**Modern Hebrew I.** Learn conversational Hebrew, basic Hebrew grammar, and read and write in script. Introduces simple verb forms.

**Prerequisites:** Beginning Hebrew or equivalent. Ability to read Hebrew phonetically, familiarity with basic Hebrew vocabulary, and ability to write in block.

**Fee:** \$120 Members, \$162 Non-Members

**Text:** *Ivrit Alfon: A Hebrew Primer for Adults*, \$15.95

**Optional Text:** *Mishkan Tefilah: Shabbat* (no-transliteration) \$34.00

(Continued on page 16)

## HEBREW FOR ADULTS - FALL 2015 Continued from page 15

- **Sundays**, 12:30-1:45 p.m., 12 weeks, 9/27-1/24 (No class 10/4, 11/1, 11/29, 12/20, 12/27, 1/3)  
Instructor: Yehudit Shem-Tov
- **Thursdays**, 7:00-8:15 p.m., 12 weeks, 10/8-1/14. (No class 11/26, 12/24, 12/31 )  
Instructor: Ady Friedman

**Modern Hebrew 2.** Improve conversational Hebrew skills, knowledge of Hebrew grammar, and ability to read and write Modern Hebrew. Students will practice conversational skills, translate texts from a range of Hebrew literature, and compose short paragraphs.

**Prerequisite:** Modern Hebrew I or equivalent. At least 1 year previous instruction with conversational Hebrew; ability to write in script, familiarity with participle form.

**Fee:** \$120 Members, \$156 Non-Members

**Text:** *Brandeis Modern Hebrew*, \$72.00

- **Mondays**, 7:30-8:45 p.m., 12 weeks, 10/19-1/25 (no class 12/21, 12/28, 1/18)  
Instructor: Yehudit Shem-Tov

**Advanced Modern Hebrew.** Expand the student's ability to read, write, speak, and comprehend Modern Hebrew. This course will introduce students to the future tense. Students will practice conversational skills, translate texts from a range of Hebrew literature, and compose short paragraphs. Exercises will focus on conversational skills, and will reinforce vocabulary and use of proper Hebrew grammar.

**Prerequisites:** Intermediate Modern Hebrew or equivalent. Familiarity with conversational Hebrew, grammar, and conjugation of present and past tense.

**Fee:** \$144 Members, \$194 Non-Members

**Text:** *Hebrew from Scratch: Part 2*, \$40.00

- **Tuesdays**, 6:30-8:00 p.m., 12 weeks, 10/6-1/12 (no class 11/24, 12/22, 12/29)  
Instructor: Yehudit Shem-Tov

### HEBREW FOR ADULTS – FALL 2015

Name: \_\_\_\_\_ Member: \_\_\_\_\_ Non-member: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Check <input type="checkbox"/> to enroll	Course Title	Start date	Session Day/Time	Enter Course Fee	Enter Text Fee (if applicable)
	Beginning Hebrew	9/27	Sun 9:45 a.m.		
	Beginning Hebrew	10/19	Mon 9:30 a.m.		
	Beginning Hebrew	10/19	Mon 6:00 p.m.		
	Prayer Hebrew I: Amidah	10/19	Mon 7:00 p.m.		
	Biblical Hebrew	10/8	Thu 7:00 p.m.		
	Modern Hebrew I	9/27	Sun 12:30 p.m.		
	Modern Hebrew I	10/8	Thu 7:00 p.m.		
	Modern Hebrew 2	10/19	Mon 7:30 p.m.		
	Adv Modern Hebrew	10/6	Tue 6:30 p.m.		

TOTAL ENCLOSED \$ \_\_\_\_\_

Send registration form to:  
**Northern Virginia Hebrew Congregation**  
**1441 Wiehle Avenue, Reston, VA 20190**

*For questions or comments about these classes, or suggestions for future Lifelong Learning offerings  
 please contact Elizabeth Lacher, [lifelearn-committee@nvbcriston.org](mailto:lifelearn-committee@nvbcriston.org)*

## EXPLORING JEWISH TEXTS

### TALMUD STUDY GROUP WITH RABBI HOLZMAN

The Talmud is the cornerstone of Judaism as we know it, theologically, ritually, legally and culturally. It is one of the greatest intellectual works in human history of any religion or philosophy. Yet it remains a mystery to most Jews, for good reason. It's hard, complicated, convoluted and at times esoteric. Learn how to navigate the oceans of Talmudic thought with these meetings once a month. Topics will vary widely, but will likely include discussions of Jewish ritual, family relations, and understandings of nature, community authority, and history.

We begin and end promptly Friday mornings, 8:00-9:00 a.m. examining key sections of Talmud. It's a great way to prepare for *Shabbes*. All classes are stand-alone, and will not require prior attendance. To register, email [Liflearn@nvhcreston.org](mailto:Liflearn@nvhcreston.org), or call the Temple Office at (703) 437-7733.

September 11th	December 18th	March 18th
October 23rd	January 15th	April 15th
November 20th	February 19th	May 20th

### EXPLORING THE PROPHETS

Rabbi Abraham Joshua Heschel describes the biblical prophets as *some of the most disturbing people who have ever lived. In voices an octave too high for our ears*, the prophets demand that Israel live according to God's ethical commandments. Israelite prophecy was unique in the ancient Near East because it is rooted in God's authority, rather than that of temporal rulers. It is concerned with social justice, abuse of power, and worship that is disingenuous. The prophets remind us that individual acts of immorality threaten the whole nation. In this series, we will explore selections from the prophets, learn about the world in which they prophesied, and discuss the timeless nature of the prophets' call to conscience.

October 19th	Amos	February 18th	Haggai & Hosea
November 16th	Micah	March 14th	Malachi
January 11th	Jonah		

**Prerequisite:** None.

**When:** Mondays, 7:00-8:30 p.m.

**Instructor:** Andrew Stein

**Fee Session:** \$10 for members; \$14 for non-members; free for TAMID students

**Series:** \$40 for members; \$56 for non-members; free for TAMID students

Lifelong Learning at NVHC is supported by class fees and donations to the Seldon and Ruth Kruger Fund for Adult Learning. Your continued support is appreciated.

All of our Lifelong Learning programs are open to anyone who is interested - members, non-members, Jews, non-Jews.

## LIFELONG LEARNING PRESENTS ...

### INTRODUCTION TO B'NAI MITZVAH FOR PARENTS



This class is for parents of students who will become B'nai Mitzvah in the near future. In five sessions, the class discusses the meaning of this life cycle event and the mitzvah of celebrating Shabbat, provides information about your responsibilities and the sequence of your child's preparation, explains the structure of the worship service using Mishkan Tefilah, the Reform siddur (prayerbook), and provides an opportunity to prepare a D'var Torah. The class blends structured teaching, practical advice, and shared experiences. The goal is to make Bar/Bat Mitzvah process a deeply meaningful experience for the whole family, and to perpetuate the spirit of Jewish community and tradition.

Past participants in the class, both Jewish and non-Jewish parents, report that the sessions helped them to feel better prepared, gave them an opportunity to talk with other pre-B'nai Mitzvah parents, and taught them numerous aspects of the tradition and liturgy involved in this life cycle event.

**There is no Fee for this Course – Early Registration Strongly Encouraged**

- **Fall Session:** Thursdays, Oct 8th, 15th, 22nd, and 29th. 7:00-8:30 p.m.
  - **Spring Session:** Mondays, Feb 22nd, Feb 29th, Mar 7th, Mar 14th. 7:00-8:30 p.m.
- Instructor:** Judy Naiman

## JEWISH COOKING MADE EASY: COMFORT FOODS FROM SCRATCH

Our popular Jewish Cooking series is back! Our cooking classes are led by NVHCs top chefs who will introduce you to new recipes and old favorites with a modern twist! Come prepared to get messy, enjoy fine food, meet new friends, learn something new, and just have fun.

You may register for individual sessions or the entire series. **Limited space is available, please register early!**

**FEE:** \$35 MEMBERS, \$48 NON-MEMBERS, free for TAMID students

**Series:** \$170 members, \$230 non-members, free for TAMID students **When:** Thursdays 7:00 – 9:00 p.m.

Check <input type="checkbox"/> Selection(s)	Session Date	Description	Lead Cook	Enter Fee
<input type="checkbox"/>	November 19th	<b>Hurrah for Challah!</b>	Mary Chester	\$
<input type="checkbox"/>	December 17th	<b>Jewish Argentinian Dinner</b>	Mariel Barnes	\$
<input type="checkbox"/>	January 21st	<b>Tu B'Shevat Dinner:</b> Featuring a tzimmi-like entrée, a salad with nuts and dried fruits, baklava and date cookies for dessert	Nina Kwartin	\$
<input type="checkbox"/>	February 18th	<b>Jewish-Italian:</b> Tortelli di Zucca Gialla (butternut squash ravioli) made Jewish style, with raisins and almonds!	Madeleine Abel	\$
<input type="checkbox"/>	March 17th	<b>Awesome Hamantashen</b>	Mariel Barnes	\$
<input type="checkbox"/>	June 16th	<b>Shavuot Dinner: A Jewish-Italian Dairy Meal</b>	Madeleine Abel	\$
<b>Total</b>				<b>\$</b>

### Class Sign-Up

Series or Class Title	Session Day/Time	Start date	Enter Course Fee

Enclosed is my donation to the Seldon and Ruth Kruger Fund for Adult Learning in the amount of \$ \_\_\_\_\_

In Honor of: \_\_\_\_\_ In Memory of: \_\_\_\_\_

For a Speedy Recovery to: \_\_\_\_\_

Send acknowledgement to: \_\_\_\_\_

Send registration form to:

Northern Virginia Hebrew Congregation, 1441 Wiehle Avenue, Reston, VA 20190

### Introduction to Judaism

A 16-week class, sponsored by the Union for Reform Judaism, gives a broad overview of Judaism. This is designed for Jews and others who are **seeking a greater understanding of Jewish principles and practice**. The course is for interfaith couples, non-Jews considering conversion, and for Jews who wish to learn more about Judaism. The class explores Jewish holidays and life-cycle ceremonies, prayer and worship, Jewish history, Jewish theology, Israel, the Holocaust, and how to make a Jewish home.

When	Where
Wednesdays, 7:00-9:00 p.m. begins September 30th	Temple Shalom, Chevy Chase, MD
Thursdays, 7:00-9:00 p.m. begins October 1st	Temple Rodef Shalom, McLean, VA

To register, or for additional information about the course, go to:

<http://www.reformjudaism.org/learning/intro-judaism/introduction-judaism-washington-dc-area>

For questions about the course, please contact Rabbi Stephanie Bernstein, [sbernstein@urj.org](mailto:sbernstein@urj.org), or 301-229-6008.

## Book Club Selections

We meet on the first Saturday of each month, except where noted, 9:00 a.m. – 10:15 a.m.

For more information, contact Marjina Kaplan at: [marjina2@yahoo.com](mailto:marjina2@yahoo.com)

**September 5th.** *The Hare With Amber Eyes*, by Edmund deWaal. Memoir. De Waal, a potter and curator of ceramics at the Victoria & Albert Museum, describes the experiences of his family during the 20th century. Grain merchants in Odessa, various family members migrated to Vienna and Paris, becoming successful bankers. In Paris, Charles Ephrussi purchased a large collection of Japanese netsuke, tiny hand-carved figures including a hare with amber eyes. The collection passed to Viktor Ephrussi in Vienna and became the family's greatest legacy. Driven from their home by Nazi rule, they later discovered that their maid, Anna, had preserved the netsuke collection.

**October 3rd.** *Rebbe: The Life and Teachings of Menachem M. Schneerson*, by Joseph Telushkin. Biography. Telushkin offers a captivating portrait of the late Rabbi Menachem Mendel Schneerson, a towering figure who saw beyond conventional boundaries to turn his movement, Chabad-Lubavitch, into one of the most dynamic and widespread organizations ever seen in the Jewish world. Telushkin explores Schneerson's philosophies and examines how he became an ambassador for Jews globally, viewed by many as not only a spiritual archetype but a savior.

**November 7th.** *The Lady in Gold: The Extraordinary Story of Gustav Klimt's Portrait of Adele Bloch-Bauer*, by Anne-Marie O'Connor. History. Family letters support the biography of Klimt and Bloch-Bauer, and the Nazi regime's precise records contribute to their story as they gathered up all of Europe's art collections. The book traces the "ownership" of this painting and the inestimable number of artworks that were absorbed as Hitler planned his museum in Linz. Finally, the tenacity with which descendants of those robbed by the Nazis is exemplified by the work of Randol Schoenberg, who tirelessly strove to assure the return of the Lady in Gold. ♦

## NOMINATING CANDIDATES FOR THE NVHC BOARD OF TRUSTEES

NVHC's Board of Trustees is responsible for managing the affairs of the Congregation. The Board consists of 20 lay leaders (21 when there is an Immediate Past President serving on the Board), 15 of which are directly elected by the Congregation. Every December, at our annual meeting, we elect five Trustees to three-year terms. At the annual meeting, we also elect the six executive officers (President, three Vice-Presidents, Secretary and Treasurer) of the Congregation from among the elected Trustees. A Nominating Committee is responsible for identifying candidates for these positions and for proposing a recommended slate to the Congregation. This year, the Nominating Committee for the 2016 Board is chaired by Nancy Kruger, NVHC's Immediate Past President. If you would like to suggest a nominee or would like more information about the nomination process or responsibilities of Board members, please contact Nancy.

## Inclusion

### INCLUSION INITIATIVE

By Andrea Vavonese

**Vision:** Our Inclusion Initiative strives to ensure that all members of the NVHC Congregation are able to participate meaningfully in all spiritual, educational, celebratory and life event activities at the synagogue.

**Inclusive Education:** Want to send your child to religious school but not sure if NVHC can meet his or her special needs? Please contact Moshe Ben-Lev at [moshe@nvhcreston.org](mailto:moshe@nvhcreston.org). We want to work with you and your children and will do all we can to be flexible and provide support to meet each individual's needs.

**Get involved:** Our next Meeting will be held on **October 21st at 7:00 p.m.** We welcome all who want to be involved in this important initiative. If you have experience as a person with special needs, a parent or grandparent of a person with special needs or as a professional in special or general education or counseling, you will provide great value to this initiative, and we encourage you to become involved. If you want to learn more about this initiative, please contact Andrea Vavonese at [NVHCInclusion@gmail.com](mailto:NVHCInclusion@gmail.com) or visit our webpage at <http://www.nvhcreston.org/live/inclusion/>.

**Donate:** Your donation supports our ongoing programming and training, and will allow us to further the inclusion of individuals with differing abilities in our synagogue. **Please make checks payable to: NVHC Inclusion Initiative.** ♦

## NVHC Cares Program

### NVHC CARES HELPS OUR MEMBERS

By Robbie Kaplan • NVHC Cares Chair

NVHC Cares, our synagogue's caring program, provides solace and support through difficult times and reaches out during joyful beginnings. NVHC Cares fosters a caring community by connecting with cards, calls, visits, and meals, ensuring that no member is alone whether sick, dying, bereaved, or adjusting to a birth or adoption.

We would like to engage all our congregants with volunteer opportunities to make NVHC a caring congregation. If you would like to get involved, we are currently seeking volunteers to make or purchase meals and deliver to members, deliver challah on Shabbat, and provide transportation.

If you are interested in volunteering and would like to participate in NVHC Cares, or if you have questions, please contact Robbie Kaplan at [robbiemillerkaplan@gmail.com](mailto:robbiemillerkaplan@gmail.com). ♦

### Perspective *By Cantor Susan Caro (continued from page 1)*

Why “huts”? They are fragile; their only coverings are leafy branches that let in rain, wind, starlight. A “*sukkah*” impermeable to the weather is not a *sukkah*. In this fragile home, we live in the simplest home human beings can make. Open to the earth. Just as at *Pesach*, for one week each year we eat the simplest food human beings can make – unleavened bread – so for one week each year, exactly six months later, we reconnect to our most basic selves, having gone through a period of soul-cleansing.

The precarious nature of the *sukkah* reminds us that towers, skyscrapers, fortresses do not in fact ultimately protect us. Humanity is fragile. Embracing that fragility is embracing the honesty and truth of our lives. *Yom Kippur* has left our hearts laid bare. We then wave the four earthy items of *Sukkot* – the branches of palm, myrtle, and willow – *lulav* – and the lemon-like *etrog* – in the six directions of the universe; this is completed when we bring the branches and *etrog* close to our heart. In that moment, heart and soul, individual and community, humanity and nature are one. *Sukkot* works on our entire being, body and soul. When we sit, dwell, live in the temporary shelter of the *sukkah*, we engage our entire being.

Our *sukkah* here at NVHC will be built by our Brotherhood and our Confirmands; it is for all of us to come into, to eat and dwell in all week long. Perhaps you will be inspired or moved to build your own *sukkah* (if you are, and need guidance, let us know!)

After *Sukkot*, weather will blow in. Eventually the *sukkah* will come down. Temporariness is an inextricable part of the design. And yet, in this flimsy *sukkah* is where we're supposed to rejoice. Not despite the leaky roof, the short lifespan or the interim design – but with them, in them, through them. Go outside in order to find what is true inside. Under the pretense of a roof, may we recognize the sheltering Presence which floats over us all. ♦

Please look for more information about our Adult Education Programs in our soon-to-be published Lifelong Learning Catalog.



### Warm Welcome to New Members

We extend a warm welcome to these NVHC newcomers who have recently become part of our family. Please add their information to your membership directory, and be sure to make them feel at home when you meet them.

#### David & Marissa Brooks

2411 Ansdell Ct  
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954 - 298-7469

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#### Ken & Rachel Coelho

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703-817-0173

[Rayglay81@gmail.com](mailto:Rayglay81@gmail.com)

#### Tim & Kelly DeLong

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[timdelongl@hotmail.com](mailto:timdelongl@hotmail.com)

#### Brian & Nicole Hilton

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516-643-5578

[Nhilton11@su.edu](mailto:Nhilton11@su.edu)

#### Marc & Alice Nerenstone

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Chantilly, VA 20151  
703-657-0254

239-707-9898

[Alstone28@gmail.com](mailto:Alstone28@gmail.com)

#### Andrei Radulescu

#### & Miruna Bobes

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7036-988-2513

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#### Adam & Jennifer Starr

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703-820-7827

[Starr.jennifer@gmail.com](mailto:Starr.jennifer@gmail.com)

#### Shauni Welscher

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Asburn, VA 20147  
703-948-7677

[swelscher@hotmail.com](mailto:swelscher@hotmail.com)

#### Andy & Rachel Wills

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Potomac Falls, VA 20165  
703-406-8135

[rachelywills@gmail.com](mailto:rachelywills@gmail.com)

#### Darren & Lisa Wolner

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Broadlands, VA 20148  
703-723-7606

[dwolner@gmail.com](mailto:dwolner@gmail.com)

[lisawolner@gmail.com](mailto:lisawolner@gmail.com)

## FALL, ALREADY?!

By Sheila Budoff

The summer just flew by! I hope you all had wonderful summer vacations and enjoyed time with family and friends. Due to the Jewish holidays, we will not be having a program in September. I'll miss seeing you. Shana Tova! May the new year, 5776, hold good health, happiness, and all good things for you. And if you fast on Yom Kippur, I wish you an easy fast. I'm looking forward to seeing all of you in October, when we'll explore the history of Jewish life in Washington through a tour of Sixth & I Historic Synagogue, followed by lunch at Attman's Delicatessen, "an authentic New York deli," with real Jewish soul food in Potomac. This trip is open to Sisterhood members and everyone at NVHC, as well as active adults. All are welcome! Invite a friend!

**PLEASE NOTE:** We have several members of our group who would greatly appreciate a ride to our meetings. Please consider picking up one of our members on your way to NVHC. This is such an important way to help keep our members actively engaged in the community and let them know how important they are to us. If any of you would like to volunteer for this mitzvah, please contact me at [sheila.budoff@jccnv.org](mailto:sheila.budoff@jccnv.org) or (703) 537-3068. Thanks!

**Tuesday, September 22nd, 10:30 a.m. - noon**  
No program. Kol Nidre is that evening.

**Tuesday, October 27th; depart NVHC**  
**9:00 a.m., return approximately 3:00 p.m.**  
**Tour of Historic Sixth & I Synagogue and**  
**Lunch at Attman's Delicatessen**

We'll explore the roots of Jewish life in Washington, D.C., through a guided tour of Sixth & I Historic Synagogue. With so much local Jewish history between the 1908 opening of Adas Israel Hebrew Congregation and the building's rededication in 2004 as Sixth & I Historic Synagogue, this is a great place to start! Today, Sixth & I is in the forefront of revitalizing Jewish identity and culture through innovative, non-denominational services and community events. Following the tour, we'll continue with the theme of the day over lunch at Attman's Delicatessen in Potomac, Maryland. Attman's, a Baltimore institution since 1915, was voted best deli in Baltimore by the *Baltimore City Paper*. About two years ago, Attman's opened a new location

in Potomac, so we don't have to go all the way to Baltimore. This is your big chance to have that hot pastrami or corned beef sandwich you know you've been craving! Don't miss it!

**RSVP:** Send completed registration form and check, payable to JCCNV with "10/27" in the memo line, to Sheila Budoff, Adult Dept., JCCNV, 8900 Little River Turnpike, Fairfax, VA 22031.

**Fee:** \$26/ \$24 J or synagogue member (includes guided tour and bus transportation; lunch is a separate charge)

**Code:** #6767 ♦

### Bereavement Support Group "When You've Lost a Loved One"

**Tuesdays, September 15th  
& October 20th, at 7:00 p.m.**

On Tuesdays, September 15th & October 20th, at 7:00 p.m., NVHC will hold a meeting of "When You've Lost a Loved One," a Bereavement Support Group and extension of our caring community at NVHC.

Linda Rubinstein Perlstein, experienced counselor in grief therapy in both secular and Jewish settings, will facilitate. It is our hope that NVHC members and friends from the wider community find comfort and care as they mourn losses among their family and immediate circle of community.

We hope that attendees will meet on an ongoing basis to draw support and insights in a group setting. Please contact Rabbi Holzman for more information at 703-471-6046, ext. 102.



**ABBEY SICILIANO**  
GRI, Chairman's Club, Gold Team  
*"Help Every Step of the Way"*

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Cell: 703-861-4024  
[abbey.siciliano@longandfoster.com](mailto:abbey.siciliano@longandfoster.com)




## Tzedakah: We Thank Our Generous Contributors

### Ark Fund

Ted Smith...in memory of Myer Kaufman and Barbara K. Smith

### Art Fund

Jeff and Tracy Dlott...in memory of Sheila McGibbon  
Charles and Lori Grausz...in memory of Sheila McGibbon  
Carol Isaacs...in memory of Sheila McGibbon  
Kruger Family...in memory of Joe Blumberg, Werner Hoffmann,  
Melvin Jacobs, Irving Kruger, Sara Kruger, Sheila McGibbon, Lina  
Morales, Elisabeth Silvera, Salomon Silvera; in honor of Heidi and  
Howard Mitnick's birthdays, Lynne and Al Groff's anniversary and  
new home  
Howard and Heidi Mitnick...in memory of Sheila McGibbon  
Pracher /Reich Family...in memory of Anna Reich  
Jeff and Francine Rossen...in memory of Sheila McGibbon  
Larry and Deede Snowwhite...in memory of Sheila McGibbon  
Bob and Phyllis Stein...in memory of Sheila McGibbon  
Ralph and Miriam Wolman...in memory of Sheila McGibbon

### Building Fund

Michael and Mindy Levy...in memory of Edward Gluck

### Cantor's Discretionary Fund

Murray Goldstein...in memory of Rose Lewis  
Nancy Kruger...in memory of Karen Adams-Goldberg

### Choir Fund

David and Carol Fram...in memory of Betty Weissenberg  
Andy and Elizabeth Lacher...in memory of Marcia A. Serlin  
Frances Siegel...in memory of David Beifeld

### College Outreach

Steve and Linda Gordon...in memory of Lina Morales

### Ellen Reich Early Childhood Teacher Education Fund

Norman Reich...in memory of Francis Reich  
Robert and Ellen Rugel...in honor of Sandy & Ron Kanfer's  
new grandsons  
Marvin and Karen Singer...in memory of Sidney Blumenberg

### General Fund

Anonymous  
Rabbi Michael Holzman and Nicole Saffell-Holzman  
Elaine Mann...in memory of David Beifeld

### Inclusion Initiative Fund

Jeffrey and Tivah Brown...in honor of Nako's Bar Mitzvah  
Joshua and Pamela Kossoy...in memory of Ralph Hibler  
Michael and Keri Schoenbrun

### Library Fund

Fred and Phyllis Krochmal...in memory of David Beifeld  
Alison Powell...in honor of Ted Smith  
Seymour and Linda Samuels...in memory of Seymour Samuels, Jr. and  
Anne B. Berg

### Lou Gold Children's Music Fund

Anonymous  
Bill and Mishka Jaeger...in memory of Harris Wulfson  
Kruger Family...in memory of Sol Hirsch, Edith Furman  
Leslie and Marcia Platt...in memory of Edith Furman

### NVHC Cares

Jeff and Tracy Dlott...in memory of Karen Adams-Goldberg  
Rick and Barbara Schatz...in honor of Fay Gubin  
Eric and Rebecca Trager...in memory of Elinor Spieler  
Doris Weisman...in memory of David Weisman

### Preschool Fund

David Selden and Julie Wallick...in honor of the birth of Zoe Fisher

### Rabbi's Discretionary Fund

Fred and Laurie Bloch...in memory of Walter Klein  
David and Ellen Brewer...in memory of Jerome Cohen  
Eric and Karen Forman...in memory of Lina Morales  
Alexander Levis and Family...in memory of Errikos Levis and Ilze Levis  
Arthur and Nancy Novick...in memory of Jack Novick and Edna  
Novick  
Paul Pribish and Fredda Weinberg-Pribish...in memory of Steven  
Weinberg  
Peter and Linda Rapp...in memory of Chauncey Rapp and Lucille  
Rapp  
Peter and Libby Robbins...in memory of Karen Adams-Goldberg  
Robert and Ellen Rugel...in memory of David Beifeld  
Katherine Webb

### Religious School Fund

Deeni and Laura Bassam  
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Anders Jagd and Samantha Forusz  
Mike and Kate Kalish  
Joshua and Pamela Kossoy...in memory of Ralph Hibler  
Jeremy and Regina Krasner  
Brad and Risa May  
John O'Connor and Ingrid Small...in memory of Marvin Small  
Martin and Carol Piccus  
Stephen and Pam Pick  
Jeffrey and Mary Ann Ressin  
Ivette Retrey-Golinsky  
Alan and Susan Shapiro  
Kevin and Heather Shapiro  
Arnie and Natalie Small...in honor of Fay's retirement, and in memory  
of Harvey M. Mand  
Andrew Stein and Kim Arnstine  
Herb VanHook and Maddie Abel  
Kelly and Ruth Ann Whalen  
Chris and Lauryn Watanabe  
Seth and Ally Weingast  
Jon and Ellen Wesoky

### Sam Selden and Donna Dixon Memorial Endowment Jewish Youth and Community Development

Robert and Shirley Finkelstein...in memory of David Beifeld  
Pracher/Reich Family...in memory of Joseph Reich  
David Selden and Julie Wallick...in memory of Lina Morales,  
Marcia Selden and Muriel Wallick  
Larry and Deede Snowwhite...in memory of Fritzi Snowwhite  
JP and Judith Villedrouin...in memory of Nicole Neau

### Seldon and Ruth Kruger Fund for Adult Learning

Ira and Jane Dreyfuss  
Stuart and Anita Flower...in memory of Edmund Janko  
Eric and Karen Forman...in memory of Miriam Brenner  
Kruger Family...in memory of Roger Arnstine, Albert Berger,  
Ann Blume, Ellen Gintz, Leon Groisser, Daniel Horowitz,  
Evelyn Horowitz, Gertrude Mitchell, Muriel Williger  
Andy and Elizabeth Lacher...in memory of David Beifeld  
Gerry and Alene Markowitz...in memory of David Beifeld  
Stephen and Pam Pick...in memory of Thomas Pick

*Continued on page 23)*

## Tzedakah: We Thank Our Generous Contributors *(Continued from page 22)*

Ken and Ruth Ruttenberg...in memory of Alan Spitz, Bessie Spitz, Jack Spitz, and Clara Ruttenberg  
Carl and Marsha Swerdloff...in memory of Harry Swerdloff  
Chris and Lisa White...in honor of Seldon Kruger's 85th birthday

### Social Action Fund – NVHC Change

Alan Dappen and Sara Scherr...in memory of Merle Scherr  
Howard and Heidi Mitnick...in memory of Julius Horowitz  
Andrew Stein and Kim Arnstine...in memory of Jane Stein  
Carl and Marsha Swerdloff...in memory of Harry Swerdloff  
Jim and Barbara Tombros...in memory of Armin Lehmann

### Social Action Fund – Forest Edge Backpack Donation

David and Francine Beifeld...in memory of Abraham Albert Sheingold  
Marsha Sheinman...in memory of Herbert Sheinman and Ruth Sheinman

Larry and Deede Snowwhite...in memory of Abraham Zeitz and Elaine Zeitz

### Tot Shabbat Fund

Ken and Fay Gubin...in memory of Lina Morales

### Torah Fund

Stuart Dornfeld and Emily Booth-Dornfeld...in memory of Sylvia Berman  
Eleonora Tarasova...in memory of Furman Grigory

### Yom Ha'atzmaut Programming

Kruger Family...in memory of Sue Hooper

## Membership Directory Corrections

The following members have a change of address, phone, or email:

### Sandra Blumberg

11340 Links Drive  
Reston, VA 20190

### Susan Caro & John Lertzman

1427 Aldenham Lane  
Reston, VA 20190

### Jason & Vera Feig

44568 Granite Run Terrace  
Ashburn, VA 20147

### Daryl & Marcia Friedman

6294 15th Road, North  
Arlington, VA 22205

### Al & Lynne Groff

7802 Pearson Knoll Place  
Potomac, MD 20854  
Lynne.groff@gmail.com

### Jan Kamide

(703) 391-8461

### Seldon & Ruth Kruger

ruthseldon@verizon.net

### Sharon Rosendhal

srosendhal@comcast.net

### Jennifer Savory

11730 Putting Green Court  
Reston, VA 20191

## Donate to NVHC Online

Itching to donate to one of NVHC's many funds, or to remember or thank someone? Now it's easier. The NVHC website has been enabled to accept donations. Donations are processed through PayPal, using your own credit card or by establishing a PayPal account, at no cost to the donor, and are encrypted for security.

Go to [www.nvhcreston.org](http://www.nvhcreston.org) and click on the Donations link listed on the left-hand column of the home page.

## Life-Cycle Events in the NVHC Family

### MAZEL TOV

To David and Ellen Brewer, on the birth of their granddaughter, Zoey Ella Fisher, born to Matt and Tara Fisher, on July 10, 2015

To Justin and Rachel Fineberg, on the birth of their daughter Lacie, born July 14, 2015

To Robert and Ellen Rugel, on the birth of their grandson, Asher Ace Rugel, born to Adam & Angie Rugel, on July 17, 2015

To Ron and Sandy Kanfer, on the birth of their twin grandsons, Grant Simon and Max Lincoln, born to Seth & Lisa Kanfer, on July 24, 2015

To Fred and Laurie Bloch, on the birth of their granddaughter, Chelsea Eve Campagna, born to Steven and Joanna Campagna, on July 27, 2015

### R'FU-AH SH'LEI-MA

Gloria Bloom

Ken Johnson

Nisa Katz

Paulette Peltz

Jenny Stein

Scott Sunshine

Mike Dixon

Ken Kaplan

Marty Koshar

Joanne Polansky

Robert Stein

Jenny Tarr

John Fierer

Clarice Karnette

Irene Menchel

Tamara Selden

Eliza Sucre

Robert Vaccarino

Al Groff

Mina Katz

Irwin Menchel

Richard Shlakman

### CONDOLENCES

To the Rosen family, on the death of Howard Rosen

To Robert Rabinowitz, on the death of his mother, Eleanor Rabinowitz

To Stuart Williger, on the death of his aunt, Muriel Williger

To Nell Hirsch, on the death of her mother, Edith Furman

To Sandra Blumberg, on the death of her mother, Lina Morales

To Jennifer Topscher, on the death of her grandmother, Juanita Geuder

To Roy Horowitz, on the death of his niece, Ellen Gintz

To Roy Horowitz, on the death of his brother, Daniel Horowitz

To Francine Beifeld, on the death of her husband, David Beifeld

To David Hollender, on the death of his mother, Betty Hollender

**Submit your life-cycle events by phone to: 703-437-7733, or Email to: [mozelle@nvhcreston.org](mailto:mozelle@nvhcreston.org).**



NORTHERN VIRGINIA  
HEBREW CONGREGATION

1441 Wiehle Avenue · Reston, Virginia 20190

*mark your calendar for these* **Upcoming Events**

Selichot ♦ September 5th, 7:30 p.m., see page 8

Speaker Series ♦ October 1st, 8:00 p.m., see page 11

Inclusion ♦ October 21st, 7:00 p.m., see page 19

**NVHC Contact Information**

Temple Office (secretary answers)	703-437-7733	Director of Education	Moshe Ben-Lev ext. 103
Temple Office (directly to individual)	703-471-6046	moshe@nvhcreston.org	
Preschool	703-435-8829	Director of Early Childhood Education	Cindi Drake ext. 110
Fax	703-437-3443	cindi@nvhcreston.org	
Website	www.nvhcreston.org	Temple Secretary	Mozelle Stanton ext. 101
		mozelle@nvhcreston.org	
Rabbi	Michael G. Holzman ext. 102	Religious Education Secretary	Elaine Bowling ext. 104
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Rabbi Emerita	Rosalind Gold	Bookkeeper	Linda Klinker ext. 108
Cantor	Susan Caro ext. 106	Youth Activities Coordinator	Beryl Trauth-Jurman ext. 147
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Executive Director	Sara Moore ext. 105	Young Adult Engagement Coordinator	Stacy Miller ext. 126
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**DEADLINE FOR THE NOVEMBER/DECEMBER ISSUE: Thursday, October 1, 2015**

**Rabbi Norman Cohen, Scholar-in-Residence • October 30-31, see page 10**