

Issue 5776  
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**50 Shabbat  
 Dinners  
 Sep 23rd  
 NO Friday  
 Shabbat Service**

**L'Shana Tova**  
*May you be  
 inscribed for a  
 sweet New Year!*

**Rosh Hashanah  
 begins at  
 sundown  
 October 2nd**

**Rosh HaYom  
 Kippur begins  
 at sundown  
 October 11th**

**Perspective** *By Rabbi Michael G. Holzman*



## JUDAISM THAT MATTERS

*There are so many ways we can act on our Jewish values and traditions.*

We can grow our minds and souls through study. We can gather with friends and family through rituals like Shabbat dinner (sign up to attend or host during our 50 Shabbat Dinners event—see page 3). We can provide comfort or strength by visiting the sick, spending time with the house-bound, or comforting those in grief. We can invigorate the joy in our life through Jewish cooking, art, music or theater (and wine). We can do so many things.

But I left something out. Our Judaism is incomplete unless it matters not only for ourselves and our community, but also for the larger world. Our Judaism has to matter for others. That is the work of *Tikkun Olam*. A central purpose of Judaism and NVHC as a community is to apply Jewish values to the work of making the world a better place. We can do that through service, learning, giving and advocacy. I want to dwell on this last option: Advocacy.

Advocacy means applying our Jewish values and energy to an issue that ails our society. It might be something extremely local, like the possibility of forcing poor residents out of the Crescent Apartments. Or, it might be something larger, like pushing for sensible universal background checks for gun purchases. Either way, we as Jews can speak up, apply pressure, and push for change through other institutions (usually the government).

*(Continued on page 16)*

**Perspective** *By Cantor Susan Caro*

## “RISE UP SINGING”



*Music — sung, played, heard — has a capacity to weave itself into the fabric of an experience and to transform individuals into a vital, singing, praying community.*

Music is an expression of our humanity; it has the power to evoke deep associations and feelings, and to define each of us in time and place. Paraphrasing Ira Gershwin’s lyrics from *Porgy and Bess*, when we rise up singing, we spread our wings and soar.

Jews have sung since biblical times. The Torah and rabbinic commentaries relate that even the patriarchs and matriarchs had their melodies. Moses sang as he led us from slavery to freedom. Deborah sang as we struggled with the Philistines. The musician/King David, whose Psalms we recite and sing, sang and danced as he brought the Ark of the Covenant to Jerusalem 3000 years ago to the accompaniment of the ancient Levitical choir. And Eliezer Ben

*(Continued on page 3)*



# THE POWER OF PRIORITIZING LEARNING

By Rabbi Jessica Wainer

*Shammai taught: Make a fixed time for study; say little and do much and greet each person with a cheerful face. Pirkei Avot 1:15*

In this day and age each of us, in our everyday lives, has so many things that we are trying to accomplish. For those of us, like myself, who are list makers, the lists always seem to be growing longer, even when we are checking things off that list. As we prioritize our lives, it is very easy for things to get pushed aside. It almost becomes a part of our routine to find the tasks that can be pushed off another hour, another day, another year. In this new year, how do we determine what those priorities are for each of us? For our families? For our communities?

Learning is one of those tasks that often becomes more difficult to prioritize the older that we become and the more involved we are with different activities. This is certainly not a novel concept. Even thousands of years ago, Jewish educators understood that people found it challenging to make time for education. Rabbi Shammai, of the Mishnah, teaches that one should “make a fixed time for study.” Interestingly, he does not qualify what this time should be, or for how long one should study. Rather, the importance is placed on the act of studying itself. The question of “how” is left for us to answer. We do have other rabbis who remind us that we need to make time for study, lest we find ourselves at a point in our lives where we are no longer able to study. However, again in this instance, we are not given a specific amount of time to study.

What the rabbis are trying to emphasize here is not the amount of time that one studies, or the particular topic that one studies; rather, they are highlighting the importance of continuing education. At NVHC, we not only agree with the importance of learning, but we have made an effort to make the tent as wide as possible with regards to education. We have a growing number of educational opportunities at our fingertips and are constantly exploring options for expanding

our educational program.

I don’t think that Rabbi Shammai and the other rabbis of the Mishnah could have ever anticipated the ways in which we think about and create learning environments. With all of the newest research in educational practice, teaching is becoming more and more innovative. We are finding ways to engage people of all ability levels through one-on-one interactions, through the world of digital media and with the wonders of the internet and other modern technology. We are living in the prime era for technology, where it is becoming easier and easier to access these opportunities while still making time for all of the other life commitments.

Still, it is upon each of us to still make a conscious effort to find time to study. There are so many ways to study today. Along with attending lectures or classes, study can be done at home or at work. Taking a few minutes to have a high-level discussion about current world events or having a conversation at the dinner table about a new historical novel are both forms of study. Reading an article in the newspaper during the day or learning a new skill from someone are also both forms of study. Many of our day-to-day activities can be forms of study if we are intentional about how we approach them and how we process the interaction.

As we welcome in this new year of 5777, I encourage each of you to find a way in which you can make time for study. Take time to make an intentional commitment to furthering your study. Reach out to a few friends or colleagues to make time for study together. Continue to push the boundaries to rethink what study means to you. Together, we can bring the level of study at NVHC to an all-time high. ♦

## 2016 Board of Trustees

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## Jubilee

### CELEBRATING 50 YEARS BUILDING TOGETHER!

By Susan Cohen and Miriam Wolman • Co-Chairs

As we hope you've heard by now, NVHC will be celebrating its Jubilee through June 2017 (Hebrew year 5777), with a year full of events and activities designed to commemorate the past and ignite the future. There will be many opportunities for all of us to deepen relationships, be inspired, and strengthen our community.

What better way to kick things off than with **50 Shabbat dinners!** That's right, on **September 23rd**, 50 members will open their homes to share a Shabbat meal with others in the congregation. Everyone's invited to participate—either as a host or a guest, and the dinners will be potluck, so it'll be easy. These in-home dinners will replace our usual Friday night services at the synagogue to ensure that everyone has lots of time to relax, engage in lively conversation, and make new friends. Signing up is easy: just visit the website at [www.nvhcreston.org](http://www.nvhcreston.org), or contact Julie Wallick and Ellen Ranard at: [50shabbatdinners@gmail.com](mailto:50shabbatdinners@gmail.com).

Next will be the High Holidays, when we celebrate *Rosh Hashanah* and *Yom Kippur*. During the year, there will be three dedicated Jubilee weekends—*M'Sibat NVHC* in December, a *Weekend of Nourishment* in February, and the *Jubilee Gala* in May—as well as activities that will run throughout the year, including our congregation-wide challenge to perform 5,000 *mitzvot*—acts of kindness and repairing the world.

All members will receive a detailed Jubilee calendar that describes the many ways you can be involved. We strongly encourage you to participate and contribute—together we'll build a wonderful celebration of our community.

Looking forward to building and celebrating with you!



P.S.: To help make our Jubilee the best it can be, contact us at [Jubilee@nvhcreston.org](mailto:Jubilee@nvhcreston.org). We need assistance with tasks large and small. Volunteering is a great way to make new friends and help NVHC continue building together! ♦

### Perspective By Cantor Susan Caro (continued from page 1)

Yehudah, the father of modern Hebrew, once said that “a people that lives, sings, and a people that sings, lives.”

A choir gives unique voice and expression of Judaism and community. The unifying power of music, of singing together; the combination of the word and the text of our people is awesome. We become in tune with each other, and with a power greater than ourselves. *Kol Shirah* offers much more than entertainment – it helps to illuminate the meaning of the prayer texts, and to bring an emotional component which even surpasses the words.

For almost 35 years, Carol Fram has helped to shape that voice of NVHC through her leadership of *Kol Shirah*, our adult volunteer choir. After June 2017, she will be stepping down as the Director of *Kol Shirah*, to spend more time with her family. This High Holy Day season will be her last one as *Kol Shirah's* Director; please be sure to share your many words of appreciation with her in the days, weeks and months ahead. Carol and David continue to remain an important part of the NVHC family; we will fittingly honor Carol's enduring contributions to this community on **Sunday afternoon, April 30th**, when we

celebrate with *Kol Shirah's* spring concert. Throughout the year, we will be cherishing Carol's lasting contribution to the music and prayer life of NVHC over these many years.

When you make music, you make connections. And if you are not making connections, then it doesn't matter what voices, instruments or sounds are used. *Kol Shirah*, through Carol's leadership, has made connections. We have been transformed through music. This community has grown and flourished through music. She has grown and developed a choir that is its own *chevreh* – filled with friendships and relationships that have flourished, with enthusiasm shared, and an avenue for continued spiritual seeking and personal growth.

Singing can be risky because one is never quite sure about what will come out – but that risk can be very freeing. Singing creates relationships. When we sing together, we acknowledge the nearness of others; we hear them and they hear us, and we know that we are not alone. We will continue to rise up singing, together, with the music of our people and of our congregation continuing to bring us inspiration, comfort, awe and joy. ♦



## SIMMERING SUMMERTIME

By David Selden • President, Board of Trustees

Hopefully, when this is published in September, cooler days will prevail. Wishful thinking, you say, as we turn the air conditioning down another notch? Perhaps, but optimism has its place in helping us translate our realities and fears into something palatable and conceivably fundamentally different. This is how I look at life. I exercise optimism in order to create a positive outlook as much as I exercise my body and exercise discipline in eating and drinking for good health and enjoyment.

Our world is swirling faster and faster with the bad things seemingly overwhelming the good things. I say seemingly, because never in history have so many people been instantaneously connected to everything that happens here, there and everywhere. Unfortunately, bad news does

travel faster. It's not to say that terrible events are not unfolding far away and close to home. They are.

But, many good things are happening too.

Being together. Praying together. Singing together. Eating together. Mourning together. Remembering together. Laughing and playing together. Helping others together. Building together. These are the ways that we, our NVHC community, create and sustain optimism, resilience, and a caring environment.

This is who we are as we celebrate our *Jubilee Year*. Linking arms with those who brought us to this day, our dear ones lost along the way, and those yet to come, we stand together, shining a bright light on a hopeful future. ♦



## THE PUNIMS ARE HERE!

What's a "punim?" In Yiddish, a face...a particularly *sweet* face! Beginning in September, we'd like to invite all of our punims (ages 0 to 5) to join us on select Sundays! Led by Michelle Allo, this group of our sweetest faces (along with Mom and/or Dad) will gather together for a little recreation, a light nosh, some music...and a lot of "get-to-know-you" time!

The group will meet in the Multipurpose Room from 9:30 a.m. to 11:00 a.m. on scheduled Sundays:

- |              |             |
|--------------|-------------|
| September 18 | October 16  |
| November 13  | December 11 |
| January 15   | February 12 |
| March 12     | April 9     |
| April 23     | May 21      |

Cost? \$200.00 for all classes.\*

You do not have to be a member of Northern Virginia Hebrew Congregation to attend. Minimum registration is required for the program to be a "go!" So, please register early! Return this form, with payment, to Cindi Drake, Director of Early Childhood Education, NVHC, 1441 Wiehle Avenue, Reston VA 20190. Questions? Call Cindi at 703-435-8829 or email to [cindi@nvhcreston.org](mailto:cindi@nvhcreston.org).

Child's Name \_\_\_\_\_  
 Parent's Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 Home Phone \_\_\_\_\_ (Mobile) \_\_\_\_\_  
 E-mail \_\_\_\_\_ Child's Birthdate \_\_\_\_\_

\*Once registered, fees are not refundable or transferable.



# GRADUATION, CAMP AND THE START TO A WONDERFUL SCHOOL YEAR

By Cindi Drake • Director of Early Childhood Education

The last day of school is also graduation/closing-exercises day. All the children are involved in the program and each class sings, the graduates receive diplomas and then show off their “capstone” project. Rabbi Holzman and Cantor Caro give a special blessing to the children as they depart on their new journey. Kindergarten awaits!

This year, we were again fortunate to have *The Flat Tireds* perform *Pomp and Circumstance*, as our graduates ascended the *bimah*. We look forward to Rabbi Wainer joining us next year! One of the highlights this year was Rabbi Holzman receiving his Preschool Honorary Diploma for being a good sharer, excellent story teller and a real mensch. Look how proud he was!

No sooner did we end the school year than camp 2016 began. The theme this year was Huck & His Friends.

There were hikes, “cook outs,” camping, and bird and bug watching with the binoculars the children made. Although this generation of children are familiar with GPS directions, at camp this year they learned about compasses, and even made their own!

It was a particularly hot and dry camp season, so there was a great deal of water play. The sprinkler and the Lillian Charles Courtyard got a real workout this summer!

Thanks to Sisterhood, this year we will again have wonderful programs coming into our school. I am very excited to have a company coming in to make real horn shofars with the children in advance of the High Holy Days. Every preschool child will bring home a shofar they made themselves, and hopefully it will be a lifelong keepsake.

So, welcome to our new and returning families! ♦



The Flat Tireds



Graduation Blessing



Graduation- Rabbi Holzman’s Diploma



Binoculars



Cooling Off



Waterplay

## NVHC Preschool

### TODDLER AND ME With Hanna Karani

Ages: 12 – 24 months with parent or caregiver Time: Thursdays from 9:30 a.m. -11:00 a.m.  
September 15, 2016 – May 18, 2017 (No classes – Nov. 24, Dec. 22, April 13) Cost: \$600.00

#### Program/Activities

- Music with Morah Nell
- Outdoor play and use of our new playroom
- M'Sibat Shabbat with challah, juice and Blessings
- Jewish content themes
- Arts & Crafts
- And more!

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#### Registration Form

Name: \_\_\_\_\_ Child's Name: \_\_\_\_\_

Address: \_\_\_\_\_

Child's Birthdate: \_\_\_\_\_ Phone and Email: \_\_\_\_\_

*Please return registration form and payment to Cindi Drake, Early Childhood Education Director.*

## Tot Shabbat

### COME GET THAT SHABBAT FEELING!

**September 3rd and October 1st, 9:00 a.m**

Meet us in the multi-purpose room for this lively Shabbat morning service designed just for young children (up to age 5) and their families (including older and younger siblings). Miss Nell (Hirsch), NVHC's children's music specialist, leads the service. We sing, we dance, we pray, and we learn a little Torah with the Rabbi or Cantor.

After our service, Cindi Drake, our Director of Early Childhood Education, engages the children in a fun activity or craft. Our Oneg is a time for all to enjoy each other's company – our old friends and our new ones.

We hope you and your children will be there to share it. ♦

## College Outreach

### SIGN UP FOR COLLEGE OUTREACH 2016-2017

*By Judy Naiman*

We are ready to start a new year of the College Outreach program, and we hope to include our continuing students and all the new college freshmen. We send home-made treats, symbols of the holidays, and holiday greetings from NVHC several times a year. We know from the notes we receive from the students, some by e-mail and even some by snail mail, how much this continuing connection with NVHC means.

Please sign up before Rosh Hashanah, October 4th. Remember that we need an updated address for continuing students. **Please send both USPS and an e-mail address** of your student to Mozelle at [mozelle@nvhcreston.org](mailto:mozelle@nvhcreston.org).

**We also welcome volunteers** to help prepare and assemble the packages. You do not have to have a student away from home to participate. Some of our volunteers just like to bake and help out. The time commitment from you is modest. If you are interested in helping or have a question, please contact Judy Naiman at [CollegeOutreach@nvhcreston.org](mailto:CollegeOutreach@nvhcreston.org). ♦



## Mazel Tov to our B'nai Mitzvah



**Zachary Paul Savory**  
**September 10th**

Zachary's Mitzvah project is volunteering as a handler at adoptions for **Lost Dog Rescue** to help find homes for dogs.



**Evan Rubloff**  
**September 17th**

Evan has raised funds for the **Lucky Dog Animal Rescue**, an organization that finds forever homes for abandoned dogs.



**Ava Sophia Deutschman**  
**September 17th**

Ava's B'nai Mitzvah project is **Caps of Love**.



**Candace May**  
**October 1st**

Candace is collecting donations of toys, food, blankets and other requested items for the **Fairfax County Animal Shelter**. These items are used by the shelter, and also given to families that adopt there.



**Emily Wolner & Kayla Wolner**  
**October 8th**

Emily and Kayla's project: **Creating Care Packages** for hospitalized children.



**Erica Strauss**      **Nicole Strauss**  
**October 22nd**

Erica and Nicole Strauss' Mitzvah project's supports **Pile of Smile**, a wish fund for kids with cancer. **Pile of Smile** project encourages boys and girls to create and donate their art as a deep act of compassion in support of ill kids.



**Tallisen Scott**  
**October 29th**

Tallisen's B'nai Mitzvah project is working with the **It Gets Better Project**.

### Upcoming B'nai Mitzvah?

To submit a picture and bio of your child, choose one of the following:  
email to [mozelle@nvhcreston.org](mailto:mozelle@nvhcreston.org) or mail to NVHC, 1441 Wiehle Ave., Reston, VA 20190.  
Questions? Call the temple office at 703-437-7733. Deadline is the first day of the month PRIOR to your child's Bar/Bat Mitzvah date. For example, the deadline for November/December is October 1st.

### Torah Talk

Our Shabbat Torah study class will be held on **Saturday, September 10th, 17th & 24th, and October 8th, 15th, 22nd & 29th** in the sanctuary.

The Torah is a vast collection of stories, commandments, ritual practices, and ethical standards. It is meant to be studied and understood not only to connect us to our ancestors and traditions, but also to guide us toward an ethical and spiritual life. Torah means learning. For many of us, understanding Torah is not easy. We may find the language confusing and the meaning difficult to grasp. Yet when we learn together, we are thrilled by the insights we glean and share. Whether you have studied Torah before or are new to Torah study, you will find wisdom and inspiration each time you study a portion of our sacred literature. ♦

## SISTERHOOD *TIKKUN OLAM* PROJECT

By *Ellice R Stern* • Sisterhood Co-President

As you may know, October is Breast Cancer Awareness Month. And, I am certain you know that this is our Jubilee year here at NVHC. Fifty years and still going strong.

The Women of NVHC will be combining these two events with a unique inter-generational, educational, social action program.

Last December, I applied for a WRJ (Women of Reform Judaism) Incubator Grant. In April, to my surprise, I GOT IT! WRJ will give our NVHC Sisterhood \$2,000 to bring this wonderful program to fruition.

It begins on Sunday, October 30th from 1:30 p.m. - 3:30 p.m., here at NVHC. We will have an educational speaker from *Sharsberet*, a Jewish organization that supports younger Jewish women diagnosed with breast cancer. This

will give us the opportunity to learn about this wonderful organization and the women they help.

At this same event, we will create 50 pairs of Shabbat candlesticks by partnering with local artist, Gary Rosenthal, to complete these beautiful works of art, which will be donated to 50 young women newly diagnosed with breast cancer.

Our project still has two more ongoing parts beyond this event. We will create an online photo album of the women lighting their Shabbat candles. And, the Women of NVHC will continue to stay in touch with these young women through their treatment and recovery with one-on-one continuing relationships.

In total, this project will be Sisterhood's *Tikkun Olam*, repairing the world one Jewish woman at a time. ♦

### NVHC Selichot Film, Discussion and Worship

September 24, 2016, at 7:30 p.m.



Robert Simon (1914-2015) had a vision for American life. While 1950s post-war suburban sprawl cultivated individualism and homogeneity and

prioritized single-family homes, Bob Simon dreamed 'another way of living' that valued community, nature, and social equity. He set out to build a suburban town that integrated citizens across racial, economic, and religious divides. His vision was realized in the New Town of Reston, Virginia, in 1964.

Coffee and dessert 7:30 p.m.; Movie 8:00 p.m.; clergy-led discussion 8:45-9:20 p.m.; Multi-purpose Room

Selichot Worship begins at 9:30 p.m. with Rabbi Holzman, Cantor Caro, Rabbi Wainer, and Kol Shirah

Welcome the Days of Awe and the changing of the Torah covers

For more information, contact Susan Trivers,  
Worship Committee Chair,  
at [worship@nvhcreston.org](mailto:worship@nvhcreston.org) or 703-790-1424

### NVHC Brotherhood

#### Brotherhood Family Breakfast



Sunday, September 18th,  
9:30 a.m. – 12:30 p.m.  
in the social hall

*Come and enjoy good food and fine friends,  
as the NVHC Brotherhood chefs cook up  
a delicious breakfast in the kitchen!*

## THE DISTINGUISHED SPEAKER SERIES

SEPTEMBER 22, 2016, 7:30 P.M.

### *“Privacy in the Cyber Age: The Digital Minefield”*

Paul Rosenzweig

Every click, every email and every search query paints a digital picture of who you are. Is this change positive – it helps in the hunt for terrorist threats – or the coming of Big Brother?

Paul Rosenzweig served as Deputy Assistant Secretary for Policy at the Department of Homeland Security, and is currently on the faculty of George Washington University School of Law.

*The NVHC Distinguished Speaker Series is free and open to the public. 1441 Wiehle Ave., Reston, VA 20190*



## Introduction to Judaism

A 16-week class, sponsored by the Union for Reform Judaism, gives a broad overview of Judaism. Introduction to Judaism is designed for Jews and others who are **seeking a greater understanding of Jewish principles and practice**. The course is for interfaith couples, non-Jews considering conversion, and for Jews who wish to learn more about Judaism. The class explores Jewish holidays and life-cycle ceremonies, prayer and worship, Jewish history, Jewish theology, Israel, the Holocaust, and how to make a Jewish home.

| When  | Where   |
|---|---|
| Mondays, 7:00 p.m. - 9:00 p.m. begins September 12th    | Temple Emanuel, Kensington, MD                    |
| Wednesdays, 7:00 p.m. - 9:00 p.m. begins September 14th | Northern Virginia Hebrew Congregation, Reston, VA |

To register, or for additional information about the course, go to:  
<http://www.reformjudaism.org/learning/intro-judaism/introduction-judaism-washington-dc-area>  
For questions about the course, please contact Rabbi Stephanie Bernstein, at [sbernstein@urj.org](mailto:sbernstein@urj.org).

## Lifelong Learning - Book Club Selections

**We meet on the first Saturday of each month, except where noted, 9:00 a.m. – 10:15 a.m.**

*For more information, contact Marjina Kaplan at: [marjina2@yahoo.com](mailto:marjina2@yahoo.com)*

**\*September 10th (one week later because of Labor Day).** *The People of Forever Are Not Afraid*, by Shani Boianjiu. 352 pp. Fiction. This is the story of three girls coming of age – if you can call it that – in the Israeli Defense Forces. More than that, the 25-year-old author, drawing on her own years with the IDF, tells the story of a people’s resignation to living in a world that’s been strange for so long, they can no longer remember how strange it is.

**October 1st.** *The Girl from Human Street: Ghosts of Memory in a Jewish Family*, by Roger Cohen. Illustrated Memoir. 304 pp. In the years around the turn of the 20th century, Roger Cohen’s family joined the mass exodus of Jews out of their long, mostly dismal residency in the Pale of Settlement. Like thousands of their Lithuanian landsmen, Cohen’s relatives headed for the sunny, still-undeveloped, resource-rich country of South Africa. In this new world they began with nothing, worked hard and achieved much. As is often true of successful immigrant families, their grandchildren could live as though the old world had never been. Cohen’s father became a doctor, his mother was college educated. Both were raised with the comforts that only numerous servants can provide: Being a Jew in South Africa was not unlike being a Jew in the American South: anti-Semitism was not absent, but it was greatly mitigated by a segregated black underclass all but legally enslaved.

# LIFELONG LEARNING - FALL 2016

## SACRED TEXTS

### Learn to Chant Torah!

*Why is the Torah chanted? Does it take special skill? Do I need a good voice? (No!) Could I possibly ever learn to chant from the Torah?*

If you have ever wondered about any of the above, welcome to Torah Cantillation, the special code system that anyone can learn to chant from the Torah. This monthly class will teach you the not-so-secret system of Torah chanting, with guidance and time for practice both in class and in between. Chanting Torah here at NVHC is not reserved for B'nai Mitzvah students and clergy; come add your voice to bring life and sound to our sacred text.

**When:** Tuesdays, 7:15 p.m. - 8:15 p.m., 9/27, 10/18, 11/15, 1/17, 2/21, 3/21, 4/18, 5/23, 6/20

**Instructor:** Cantor Susan Caro

**Text:** The Art of Torah Cantillation, \$28.95 (comes with CD)

**Fee:** Members \$18, Non-Members \$36

## SPIRITUALITY AND JEWISH VALUES

### Jewish Wisdom and Values Through Mussar

Mussar is a Jewish system for personal growth, specifically in the realm of character trait refinement, helping individuals to find balance and strength in key inner traits that are essential for leading a fulfilling life. Each monthly session will be an exploration of this system through these character traits, studying text sources and considering how to bring that into personal life and experience. No prior experience of knowledge needed; each month will be its own exploration, so feel free to come when you can!

**When:** 2nd Friday of the month, 8:00 a.m. - 9:15 a.m., (except May)

**Instructor:** Cantor Susan Caro

**Fee:** None.

## PARENTING JEWISH KIDS

### Preschool Parents

We invite all preschool parents to join us in monthly preschool parenting discussion. From thinking about how to introduce your child to Jewish values, to integrating into the home what your children are learning in preschool, to how to continue integrating Judaism into your children's daily lives once they transition to kindergarten. We will explore these topics and many more throughout the year. This discussion is open to all preschool parents regardless of whether or not they attend preschool at NVHC.

**When:** Fridays, 10:30 a.m. - 12:00 p.m., 9/23, 10/28, 11/18, 12/2, 1/20, 2/17, 3/17, 4/28, 5/19

**Instructors:** Cantor Susan Caro and Rabbi Jessica Wainer

**Fee:** None.

### B'nai Mitzvah Parents

This class is for parents of students who will become B'nai Mitzvah in the near future. In four sessions, the class discusses the meaning of this life cycle event and the mitzvah of celebrating Shabbat, provides information about your responsibilities and the sequence of your child's preparation, explains the structure of the worship service using Mishkan Tefilah, the Reform siddur (prayerbook), and provides an opportunity to prepare a D'var Torah. The class blends structured teaching, practical advice, and shared experiences. The goal is to make the Bar/Bat Mitzvah preparation (rather than process?) a deeply meaningful experience for the whole family and to perpetuate the spirit of Jewish community and tradition. Past participants in the class, both Jewish and non-Jewish parents, report that the sessions helped them to feel better prepared, gave them an opportunity to talk with other pre-B'nai Mitzvah parents, and taught them numerous aspects of the tradition and liturgy involved in this life cycle event.

**When:** Sundays, 9:15 a.m. - 10:15 a.m., 9/18, 9/25, 10/9, 10/16, 10/23, 10/30

Or Sundays, 9:15 a.m. - 10:15 a.m., 2/12, 2/19, 3/5, 3/19, 3/26, 4/2

**Instructor:** Judy Naiman

**Fee:** None

*Continued on next page*

## LIFELONG LEARNING - FALL 2016 *Continued from page 10*

### Parents of Teens

The teenage years are often a turbulent time of questioning, testing boundaries, and searching for identity for both child and parent. This discussion group will focus on the struggles and opportunities presented in the teenage years, and the role of Jewish values and traditions in this important time of life.

**When:** Tuesdays, 6:00 p.m. - 7:30 p.m., 10/18, 11/15, 12/13, 1/10, 2/21, 3/14, 4/18

**Instructor:** Rabbi Michael Holzman

**Text:** *The Blessing of a B-* by Wendy Mogel

**Fee:** None.

### HEBREW

At NVHC, we have a robust Hebrew program featuring a variety of classes to satisfy a wide range of interests and needs. Whether you have no previous exposure to Hebrew, want to feel more comfortable with Hebrew during services, become adept at Biblical translation, or learn to speak conversational Hebrew, we have a class for you. If you need help selecting the right class, please contact Elizabeth Lacher, our Lifelong Learning Chair, at [Lifearn@nvhcreston.org](mailto:Lifearn@nvhcreston.org). If you can't find a class that fits your needs, please let us know. We will form new classes if we have a minimum of 5 students.

NOTE: Adult Hebrew classes will start the week of Sept. 18th

#### Beginning Hebrew

Learn to read Hebrew - No previous experience required. This class introduces the student to Hebrew letters and vowels, and broadens the student's understanding of the use of Hebrew in Jewish life, ritual, study, and tradition. The student will learn to read Hebrew phonetically, to recognize common Hebrew roots used in prayer, and to write block letters. This course provides a foundation for the rest of our Hebrew classes. **No prerequisites.**

**Fee:** \$110 for members; \$154 for non-members; free for TAMID students

**Text:** *Aleph Isn't Tough: An Introduction to Hebrew for Adults*, \$18.95

**Instructor:** Yehudit Shem-Tov

**When:** Sundays: 9:50 a.m. - 11:00 a.m., 9/18, 9/25, 10/9, 10/16, 10/23, 10/30, 11/13, 11/20, 12/4, 12/11

Or Tuesdays: 6:00 p.m. - 7:10 p.m., 9/20, 9/27, 10/4, 10/18, 10/25, 11/1, 11/8, 11/15, 11/29, 12/6

#### Prayer Hebrew I

The emphasis of Prayer Hebrew I is on improving prayer fluency, the acquisition of basic prayer vocabulary, and understanding the structure of the prayer service. The course will begin with a review of basic reading rules and include a mix of "simple" and more complex prayers. Each class will focus on one section of the prayer service and may also include additional prayers as desired by the students. Students may repeat as often as needed to gain confidence in the prayers.

**Prerequisites:** Ability to read Hebrew phonetically (Beginning Hebrew or equivalent)

**Text:** *Hineni: Prayerbook Hebrew for Adults*, \$22.50

**Optional Text:** *Mishkan Tefilah: Shabbat* (no transliteration) \$34.00

**Instructor:** Yehudit Shem-Tov

**When:** Sundays: 8:30 a.m. - 9:45 a.m., 9/18, 9/25, 10/9, 10/16, 10/23, 10/30, 11/13, 11/20, 12/4, 12/11

Or Wednesdays: 7:15 p.m. - 8:25 p.m., 9/21, 9/28, 10/5, 10/19, 10/26, 11/2, 11/9, 11/16, 11/30, 12/7

This fall our focus will be the Amidah: *Avot v'imahot, Gevurot, Kedusha, Kedusbat HaYom, Avodah, Hoda'ah, Birkat Shalom*. We will study the Amidah for both Erev Shabbat and Saturday morning.

**Fee:** \$110 for members; \$154 for non-members; free for TAMID students

#### Biblical Hebrew 2

For students who want to be able to read, understand, and translate selections from Torah. We will learn to recognize a variety of verb forms and expand knowledge of Biblical vocabulary.

**Prerequisites:** Biblical Hebrew I or equivalent. Some familiarity with Hebrew grammar and vocabulary.

**Fee:** \$110 for members; \$154 for non-members; free for TAMID students

**Text:** *Tav is for Torah*, \$18.95

**Instructor:** Elizabeth Lacher

**When:** Thursdays: 7:15 p.m. - 8:25 p.m. 9/22, 9/29, 10/6, 10/20, 10/27, 11/3, 11/10, 11/17, 12/1, 12/8

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## LIFELONG LEARNING - FALL 2016 *Continued from page 11*

### Modern Hebrew I

Learn conversational Hebrew, basic Hebrew grammar, and to read and write in script. Introduces simple verb forms.

**Prerequisite:** Beginning Hebrew or equivalent. Ability to read Hebrew phonetically, familiarity with basic Hebrew vocabulary, and ability to write in block.

**Fee:** \$110 for members; \$162 for non-members; free for TAMID students

**Text:** *Ivrit Alfon: A Hebrew Primer for Adults*, \$15.95

**Instructor:** Yehudit Shem-Tov

**When:** Wednesdays: 6:00 p.m. - 7:10 p.m., 9/21, 9/28, 10/5, 10/19, 10/26, 11/2, 11/9, 11/16, 11/30, 12/7

### Modern Hebrew 3

Improve conversational Hebrew skills, knowledge of Hebrew grammar, and ability to read and write Modern Hebrew. Students will practice conversational skills, translate texts from a range of Hebrew literature, and compose short paragraphs.

**Prerequisite:** Modern Hebrew 2 or equivalent. At least 2 years previous instruction with conversational Hebrew; ability to write in script, familiarity with participle form.

**Fee:** \$110 for members; \$154 for non-members; free for TAMID students

**Text:** *Brandeis Modern Hebrew*, \$72.00

**Instructor:** Yehudit Shem-Tov

**When:** Sundays: 11:05 a.m. - 12:15 p.m., 9/18, 9/25, 10/9, 10/16, 10/23, 10/30, 11/13, 11/20, 12/4, 12/11

### Advanced Modern Hebrew

Expand the student's ability to read, write, speak, and comprehend Modern Hebrew. This course will introduce students to the future tense. Students will practice conversational skills, translate texts from a range of Hebrew literature, and compose short paragraphs. Exercises will focus on conversational skills, and will reinforce vocabulary and use of proper Hebrew grammar.

**Prerequisites:** Intermediate Modern Hebrew or equivalent. Familiarity with conversational Hebrew, grammar, and conjugation of present and past tense.

**Fee:** \$110 for members; \$154 for non-members; free for TAMID students

**Text:** *Hebrew from Scratch: Part 2*, \$40.00

**When:** Tuesdays: 6:00 p.m. - 7:10 p.m., 9/20, 9/27, 10/4, 10/18, 10/25, 11/1, 11/8, 11/15, 11/29, 12/6

## HISTORY, ART, AND CULTURE

### The Past and Future of American Judaism

As NVHC reaches its 50th year, it is time to take stock. The American Jewish community as we know it was shaped primarily by waves of Eastern European immigration over a century ago. As each generation gains distance from those waves, the ideas, themes, cultures and practices of American Judaism will be different from those of the past. This 8-part class will cover the origins of American Judaism and the trends shaping our future. The same class will be offered at two different times.

**When:** Tuesdays, 7:30 p.m. - 9:00 p.m., 9/27, 10/25, 11/29, 1/24, 2/28, 3/28, 4/25, 5/23 (At NVHC)

Or Wednesdays, 12:15 p.m. - 1:15 p.m., 9/28, 10/26, 11/30, 1/25, 3/1, 3/29, 4/26, 5/24 (Online!)

**Instructor:** Rabbi Michael Holzman

**Fee:** \$18 members, \$36 non-members

**Note:** Access instructions for online class will be provided to registered students.

### Biblical Archaeology Society of Northern Virginia (BASONOVA)

Unearth the secrets of the past! BASONOVA is a non-sectarian organization open to anyone who has an interest in biblical-era archaeology or the history, art, religion, and texts of ancient times. They offer Sunday afternoon lectures on Near East, the Bible, and related topics. NVHC is now affiliated with BASONOVA, which will allow our congregants to attend lectures at a reduced fee. In addition, NVHC will be hosting the March event. To register or to learn more, go to: [www.basonova.org](http://www.basonova.org)

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**LIFELONG LEARNING - FALL 2016** *Continued from page 12*

**Fee:** \$10 lecture fee; (\$5 for the March lecture which NVHC will co-sponsor). Additional fee for lunch (optional).

**When:** Sunday, September 11th, Lunch at 2:00 p.m. and Speaker at 3:00 p.m.

**Topic:** The Golden Age of King Midas - Excavations at Gordion, Turkey

**Speaker:** Dr. C. Brian Rose, University of Pennsylvania    **Where:** Duangrat's Thai Restaurant, Falls Church, VA 22041

**CHEVRUTA STUDY**

Jewish study can take many different forms, and we should not limit ourselves only to experiences being taught by a teacher or guided by a professional. We can also make learning happen through a light suggestion from the professionals and self-guided study on our own. But as Jews, we understand that the true meaning of any text cannot be discovered by one person alone; it requires discussion, disagreement, questioning and conversation. We study texts together. This is called *Chevruta* study, when two (or more) people engage with a text and investigate its meanings through the lenses of their own personal experiences. This can happen on your schedule in any location, so it can be extremely helpful for people with complicated schedules and commuting patterns.

In order to engage in *Chevruta* study, all you have to do is email Elizabeth Lacher at [Lifearn@nvhcreston.org](mailto:Lifearn@nvhcreston.org), and she will help you find a partner and a text that meets your needs. Watch the weekly email and web site for periodic gatherings of all the *Chevruta* groups for review, suggestions and sharing of ideas.

**HEBREW FOR ADULTS – FALL 2016**

Name: \_\_\_\_\_ Member: \_\_\_\_\_ Non-member: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

| Check <input type="checkbox"/> to enroll | Course Title         | Start date | Session Day/Time    | Enter Course Fee | Enter Text Fee (if applicable) |
|--|----------------------|------------|---------------------|------------------|--------------------------------|
| <input type="checkbox"/>                 | Chanting Torah       | 9/27       | Tues., 7:15 p.m.    |                  |                                |
| <input type="checkbox"/>                 | Jewish Wisdom        | 10/14      | 2nd Fri., 8:00 a.m. | N/C              |                                |
| <input type="checkbox"/>                 | Preschool Parents    | 9/23       | Fri., 10:30 a.m.    |                  |                                |
| <input type="checkbox"/>                 | B'nai Parents        | 9/18       | Sun., 10:15 a.m.    |                  |                                |
| <input type="checkbox"/>                 | B'nai Parents        | 2/12       | Sun., 10:15 a.m.    |                  |                                |
| <input type="checkbox"/>                 | Parents of Teens     | 10/18      | Tues., 6:00 p.m.    |                  |                                |
| <input type="checkbox"/>                 | Beg Hebrew           | 9/18       | Sun., 9:50 a.m.     |                  |                                |
| <input type="checkbox"/>                 | Beg Hebrew           | 9/20       | Tues., 6:00 p.m.    |                  |                                |
| <input type="checkbox"/>                 | Prayer Heb I         | 9/18       | Sun., 8:30 a.m.     |                  |                                |
| <input type="checkbox"/>                 | Prayer Heb I         | 9/21       | Wed., 7:15 p.m.     |                  |                                |
| <input type="checkbox"/>                 | Biblical Heb 2       | 9/22       | Thurs., 7:15 p.m.   |                  |                                |
| <input type="checkbox"/>                 | Mod Heb I            | 9/21       | Wed., 6:00 p.m.     |                  |                                |
| <input type="checkbox"/>                 | Mod Heb 3            | 9/18       | Sun., 11:05 a.m.    |                  |                                |
| <input type="checkbox"/>                 | Adv Mod Heb          | 9/20       | Tues., 6:00 p.m.    |                  |                                |
| <input type="checkbox"/>                 | American Judaism     | 9/27       | Tues., 7:30 p.m.    |                  |                                |
| <input type="checkbox"/>                 | Amer. Judaism-ONLINE | 9/28       | Wed., 12:15 p.m.    |                  |                                |

TOTAL ENCLOSED \$ \_\_\_\_\_

Send registration form to: **Northern Virginia Hebrew Congregation, 1441 Wiehle Avenue, Reston, VA 20190**

*For questions or comments about these classes, or suggestions for future Lifelong Learning offerings*

*please contact Rabbi Wainer at [rabbiwainer@nvhcreston.org](mailto:rabbiwainer@nvhcreston.org)*

### BACK TO SCHOOL MEANS HELPING FOREST EDGE ELEMENTARY SCHOOL STUDENTS

By *Nina Falci*

Well, it's back to school time again! Students at Forest Edge ES and others around Fairfax County are sitting down in cafeterias and opening their new superhero and princess lunchboxes excited to show them, as well as what they brought for lunch, to their tablemates. However, some kids don't have lunchboxes at all, because their parents cannot afford to fill them. Luckily, these students get their lunches via the Fairfax County Free and Reduced Lunch program, which fills the food void during the school week. The obvious question is how do these students get food on the weekends? The answer is donations from the community.

Alison Behar and Nicole Holzman lead a food packaging program, which provides weekend food for 225 of Forest Edge's free and reduced meal eligible students. These packages are assembled twice a month during the school year; once by Tamid students, and once by a group of adults and children one Sunday per month after Kehilat Limmud. Forest Edge families sign up to receive these

packages of food for their children, which contain items such as milk, juice, canned tuna, mac 'n' cheese, dried fruit, granola bars, peanut butter or cheese-filled snack crackers, popcorn and oatmeal.

We would love for you to join us in support of this program. It's easy, and a great way to give back to the community in which we live/worship. Donate money, food and/or time.

Think you don't have the time? Packing takes no more than an hour and it's conveniently timed to begin right after KL on Sunday. We're a friendly group, and love to see new participants! Everyone can help. It's a great family activity. We've had kids as young as three help pack food. Please check the weekly emails for information on when the September/October packing events will be held.

Please make a commitment this year to help this worthwhile "families helping families" initiative. Have questions? Please email Alison at [alison.behar@gmail.com](mailto:alison.behar@gmail.com). ♦

## NVHC Change: Social Action

### YOU CAN HELP US MAKE A DIFFERENCE

By *Ellen Ranard*

NVHC Change creates, organizes and supports NVHC's efforts to build a better world. We are always looking for congregants who want to help us make a difference.

We are kicking off this Jubilee year with new activities, while continuing our ongoing activities.

Our activities include:

- **50 Shabbat Dinners** – organizing dinners in members' homes so that we may experience Shabbat as a community (Jubilee Kick-Off event). If you are interested in signing up as a guest, please contact: [50ShabbatDinners@gmail.com](mailto:50ShabbatDinners@gmail.com).
- **Forest Edge Elementary School Weekend Snack Bags** – donating and packing healthy snacks for children in need.
- **Forest Edge Elementary School Mentoring Program** – working one-on-one with students at Forest Edge (formerly, the reading program).
- **Cornerstones' Hypothermia Program** – shopping, cooking and serving meals for those in Cornerstones' hypothermia shelter.
- **High Holiday Food Drive** – collecting canned goods for Cornerstones' food pantry.
- **VOICE** (Virginians Organized for Interfaith Community Engagement, a nonpartisan coalition) – building relationships to work on social justice issues in our community.
- **Interfaith Partners for Justice** – participating in a Reston-based group that organizes community events on criminal justice reform.

Let us know if you would like to become involved or would like more information on any of these activities. Please contact us at [SocialAction@nvhcreston.org](mailto:SocialAction@nvhcreston.org). ♦

### INCLUSION INITIATIVE

By Andrea Vavonese

**Vision:** Our Inclusion Initiative strives to ensure that all members of the NVHC Congregation are able to participate meaningfully in all spiritual, educational, celebratory and life event activities at the synagogue.

**Special Needs Resources:** Did you know the JCC and the Jewish Federation of Greater Washington offers resources for the special needs community? See <http://www.jccnv.org/specialneeds/special-needs/> and <http://www.shalomdc.org/disabilitiesandinclusion/> to learn more.

**Looking for a Mitzvah Project?** If you have an upcoming Bar or Bat Mitzvah and are looking for a mitzvah project, consider getting involved with the NVHC Inclusion Initiative. There are many ways to become involved. Contact [NVHCInclusion@gmail.com](mailto:NVHCInclusion@gmail.com) for more information.

**Get involved:** Check our webpage and the NVHC Calendar for next meeting date and time. We welcome all who want to be involved in this important initiative. If you have experience as a person with special needs, a parent or grandparent of a person with special needs or as a professional in special or general education or counseling, you will provide great value to this initiative and we

encourage you to become involved. If you want to learn more about this initiative, please contact Andrea Vavonese at [NVHCInclusion@gmail.com](mailto:NVHCInclusion@gmail.com) or visit our webpage at <http://www.nvhcreston.org/live/inclusion/>.

**Donate:** Your donation supports our ongoing programming and training and will allow us to further the inclusion of individuals with differing abilities in our synagogue. **Please make checks payable to: NVHC Inclusion Initiative.**

**Inclusive Education:** Want to send your child to religious school but not sure if NVHC can meet his or her special needs? Please contact Rabbi Jessica Wainer at [rabbiwainer@nvhcreston.org](mailto:rabbiwainer@nvhcreston.org). We want to work with you and your children and will do all we can to be flexible and provide support to meet each individual's needs.

**Let us know:** We want to hear from you. What more can we do to ensure everyone can bring their whole authentic selves to our community? Please contact [NVHCInclusion@gmail.com](mailto:NVHCInclusion@gmail.com). ♦

### NVHC CARES NEEDS CHALLAH VOLUNTEERS

By Robbie Kaplan

One of the many ways NVHC Cares reaches out to our members is through our challah program. We offer support and solace following a death and participate in joyful beginnings to celebrate a birth or adoption. But we need more volunteers for our program. Even if you purchase and deliver one challah a year to a member in your neighborhood, you will make a difference. NVHC Cares reimburses for the challah purchases. Here's what our volunteers and recipients have to say:

*"The challah program is such a thoughtful gesture. It's much more personal and meaningful than a card, and the Jewish connection is so important. An easy and appreciated mitzvah!"* – Gail DeZube

*"Receiving a challah was a lovely and surprising gesture which was much appreciated by both my husband and myself. Thanks again."* – Sandee Byrne

*"I've had the privilege of preparing meals and also delivering challahs to members of our NVHC community. It's a way to show support for congregants in times of illness or mourning as well as to celebrate mitzvahs such as the birth of a child. Participating in the program is certainly a fulfilling way to show that "NVHC Cares."* – Ellen Rugel

*"As coordinator of the challah program, it is heartwarming to help facilitate these connections among congregants. Challah receivers are often surprised and always appreciative of this caring gesture."* – Mary Ann Ressin

Learn more by contacting NVHC Cares at [nvhccares@nvhcreston.org](mailto:nvhccares@nvhcreston.org). ♦

In order to advocate effectively, we need to have enough power to get the attention of decision makers who affect our corner of the world (developers, politicians, school officials). Power can be gained in many ways—having lots of money to give, having key friendships and relationships with decision makers, having leverage in a quid pro quo situation, or by demonstrating persistent, dedicated and energetic attention from a large group of people. For NVHC, the last choice is really our only option.

While we have a significant number of dedicated people in our synagogue community, we can more effectively and consistently turn out concerned people if we partner with other groups (churches, associations, resident associations). To coordinate and ensure this consistent, dedicated group of partners, we have joined VOICE (Virginians Organized for Interfaith Community Engagement), and we coordinate with them at regular meetings. VOICE includes congregations and other groups from all over Northern Virginia and teaches how to raise awareness, discover energy in the community, and work together to apply power for change.

Given this fall's election, VOICE has planned a large gathering (1500+) on **October 16th, 3:30-5:30 p.m. at Oakton High School**. The governor and other elected officials (Democrat and Republican) have committed to attend already. At this gathering, we will be able to demonstrate that we are a group of committed, persistent, careful, responsible citizens willing to push for change.

Right now VOICE leaders have identified 3 broad

topics of concern—the health of our schools, the fairness of our policing, and the availability of affordable housing—and are researching particular possible issues where action could make a difference. The research process has been broad and inclusive, and literally anybody willing to give time can get involved and have a say.

The October 16th gathering is a chance to communicate 2 key things: (1) that these particular action issues matter to us, and (2) that we are big, dedicated, consistent and thus POWERFUL.

At some later point, NVHC will want to advocate for an issue close to home—school counselors at Forest Edge, affordable housing in Reston, who knows?—and we will be more effective when our 40 people show up with 140 others from VOICE partners. To illustrate, recently, a VOICE pastor had a trailer park near his church where the landlord was using unfair and potentially illegal practices to force out tenants and raise rents precipitously. When the residents showed up with the pastor and 25 VOICE pastor friends (including a Rabbi and Imam), at the landlord's office, it made a tremendous impact and the problem was resolved. That is what VOICE does for us.

If we want to have POWER locally, we need skin in the game with our partners on **October 16th**.

Please circle this date on your calendar. Set time aside. Think of friends who could show up, volunteer or become leaders in our efforts to create a better Northern Virginia. Contact Ellen Ranard, our Social Action chair, if you are interested in being involved at [SocialAction@nvhcreston.org](mailto:SocialAction@nvhcreston.org).♦

## A Warm Welcome to New Members

We extend a warm welcome to these NVHC newcomers who have recently become part of our family. Please add their information to your membership directory, and be sure to make them feel at home when you meet them.

### Julie Galton

3116 Borge Street  
Oakton, VA 22124  
703-732-1234  
[juliegaltongmail.com](mailto:juliegaltongmail.com)

### Dan and Gayle Gropper

9908 Dale Ridge Court  
Vienna, VA 22181  
703-281-2358  
[dgropper@dgropper.com](mailto:dgropper@dgropper.com)  
[ggropper@dgropper.com](mailto:ggropper@dgropper.com)

### Neta Litvin

1969 Villaridge Drive  
Reston, VA 20191  
703-501-4898  
[Netaisrael7@gmail.com](mailto:Netaisrael7@gmail.com)

### Greg and

**Andrea Nossaman**  
3234 Foxvale Drive  
Oakton, VA 22124  
703-385-8864  
[GNossaman@me.com](mailto:GNossaman@me.com)

## Donate to NVHC Online

Itching to donate to one of NVHC's many funds, or to remember or thank someone? Now it's easier. The NVHC website has been enabled to accept donations. Donations are processed through PayPal, using your own credit card or by establishing a PayPal account, at no cost to the donor, and are encrypted for security.

Go to [www.nvhcreston.org](http://www.nvhcreston.org) and click on the Donations link listed on the left-hand column of the home page.

## Tzedakah: We Thank Our Generous Contributors

### **Ark Fund**

Ted Smith...in memory of Barbara Smith

### **Art Fund**

Marc and Kay Menchel...in memory of Sheila McGibbon

### **Building Fund**

Mark and Alyse Goldman...in memory of Robert Goldman

### **Cantor's Discretionary Fund**

Sue, Jacob and Sara Fajer...in memory of Salo Fajer

Michael and Mindy Levy...in thanks for support for Gabriel and Max

Larry and Deede Snowwhite...in memory of Elaine Zeitz

### **College Outreach Fund**

Stuart Dornfeld and Emily Booth Dornfeld...in memory of Sylvia Berman

Steve and Linda Gordon...in memory of Donna Grossman

### **Ellen Reich Early Childhood Teacher Ed Fund**

Gabriel and Olga Chami...in honor of the birth of Leah Sivan Chami

### **Inclusion Initiative**

Madeleine Abel...in honor of Sisterhood

### **Library Fund**

Rosalind Gold and Ted Smith...in memory of Vanessa Bragg

### **Louis Gold Children's Music Fund**

Roy and Jean Horowitz...in memory of Herman Horowitz

Bill and Michelle Jaeger...in memory of Harris Wulfson

### **Memorial Plaque – in memory of Donna Grossman,**

#### **Member, Shalom Chaverim**

David and Carol Fram

Norman and Rebecca Krasnegor

Stu and Bev Patz

Howard and Linda Perlstein

Arnie and Natalie Small

### **Music Fund**

Elizabeth Baer...in honor of Ralph Wolman's birthday

### **Prayer Book Fund – in memory of Irwin Menchel**

Andy and Susan Cohen

Robert and Gail Dezube

Jeff and Tracy Dlott

Tom and Cindi Drake

Jim and Robbie Kaplan

Marc and Kay Menchel

Lou and Sara Moore

David Selden and Julie Wallick

Marvin and Karen Singer

Suzi Stone

Ralph and Miriam Wolman

### **Preschool Fund**

Victor and Olena Ronin...in honor of Michelle Jessica Ronin

### **Rabbi's Discretionary Fund**

Jan and Patricia Blue...in honor of Laura and Nick's wedding

Alan Dappen and Sara Scherr...in memory of Merle Scherr

Morton and Deborah Goldstrom...in memory of Jack Kuttin

Alexander Levis and Family...in memory of Ilze Levis

Michael and Mindy Levy...in thanks for support for Gabriel and Max

Al and Janice Nagell...in memory of Donna Grossman

Alice Nerenstone...in memory of Etta Nerenstone

Nathan Rosen...in memory of Julius Hodes

Larry and Deede Snowwhite...in memory of Fritzi Snowwhite

### **Religious School Fund**

David and Dara Adams, in memory of Dick Karnette

Deeni and Laura Bassam

Stacy Bell

Scott & Jolie Deutschman

Doug and Beth Hahm

Ed and Michelle Kogan

Steven and Frima Lummer...in honor of Michael and Carol's new home

Brad and Risa May

Stephen Power and Sarah Thomas

Robert Rose

Adam and Kelly Schulman

Kevin and Heather Shapiro

Michael and Rebecca Shapiro

Jon and Hilary Wilkenfeld

### **Sam Selden and Donna Dixon Memorial Endowment for Jewish Youth and Community Fund**

David Selden and Julie Wallick...in memory of Matthew Shor, Salo Fajer,

Marcia Selden, Muriel Wallick, and in honor of Lou Ressin becoming

Bar Mitzvah and Rabbi Rachel Schmelkin

Yehudit Shem-Tov...in memory of Ariella's grandfather

### **Seldon and Ruth Kruger Fund for Adult Learning**

Robert and Sally Brodsky...in memory of Monroe Singer

Robert and Gail Dezube...in memory of Ken Ruttenberg

Tom and Cindi Drake...in memory of Ken Ruttenberg

Robert and Shirley Finkelstein...in memory of Deborah Finkelstein

Michael and Carol Flicker...in memory of Ken Ruttenberg

Steve and Linda Gordon...in memory of Ken Ruttenberg

Estelle Guttman...in memory of Ken Ruttenberg

David and Carla Heymsfeld...in memory of Ken Ruttenberg

Vivian Kramish...in memory of Arnold Kramish

Andy and Elizabeth Lacher...in memory of Ken Ruttenberg

William Mook...in memory of Ken Ruttenberg

Elisa Pilloff...in memory of Ken Ruttenberg

Seymour and Linda Samuels...in memory of Anne B. Berg and

Seymour Samuels, Jr.

Stan and Judy Schretter...in memory of Ken Ruttenberg

Sy and Roberta Sherman...in memory of Donna Grossman and

Ken Ruttenberg

Marvin and Karen Singer...in memory of Sidney Blumenberg

Ted Smith and Rosalind Gold...in memory of Ken Ruttenberg

Larry and Deede Snowwhite...in memory of Ken Ruttenberg

Suzi Stone...in memory of Ken Ruttenberg

Mark and Nancy Weinstein...in memory of Ken Ruttenberg

Howard and Carolyn Wesoky...in memory of Ken Ruttenberg

### **Social Action Fund – NVHC Change**

Steve Adleberg...in memory of Donna Grossman

Dwayne Archer

Vicki Filstein...in memory of Donna Grossman

Warren and Evelyn Katz...in memory of Donna Grossman

Nancy Roucher...in memory of Donna Grossman

Marvin and Karen Singer...in memory of Donna Grossman

Ted Smith and Rosalind Gold...in memory of Donna Grossman

Deena Sortland...in memory of Donna Grossman

Jim and Barbara Tombros...in memory of Armin Lehmann

Amy Wilen-Buckman...in memory of Donna Grossman

### **Torah Fund**

Arthur and Nancy Novick...in memory of Jack Novick and

Edna Novick

### **Twenty-first Century Endowment Fund**

Robert and Anita Reznikoff...in memory of Pauline Reznikoff

**Adam Levine Camp Scholarship Fund - URJ – Camp Harlam Fund –**

**In Memory of Adam Levine**

Michael and Mindy Levy

## **Membership Directory Corrections**

The following members have a change of address, phone, or email:

**Carol Berman** carolbermanart@gmail.com

**Robert & Sally Brodsky**

11990 Market Street #903, Reston, VA 20190

## Life-Cycle Events in the NVHC Family

### MAZEL TOV

To Ken and Fay Gubin on the birth of their granddaughter Lyla, born on August 10, 2016, to proud parents Suzanne and Rick Kinnahan

### R'FU-AH SH'LEI-MA

|                  |                  |                  |
|------------------|------------------|------------------|
| Gloria Bloom     | Clarice Karnette | Nigel Preece     |
| Mike Dixon       | Nisa Katz        | Barry Rudolph    |
| Betty Drake      | Larry Klinger    | Howard Selden    |
| Bruce Evry       | Gioia Komar      | Tamara Selden    |
| Rochelle Fisher  | Donald Lockshin  | Richard Shlakman |
| Ken Forman       | Alan McGibbon    | Robert Stein     |
| David Fram       | Irene Menchel    | Scott Sunshine   |
| Eleanor Glickman | Irene Miller     | Lester Sussman   |
| Andrew Goldberg  | Paulette Peltz   | Beth Wood        |
| Al Groff         | Joanne Polansky  | Janet Wood       |

### CONDOLENCES

To Sue, Jacob and Sarah Fajer, on the death of her husband/their father, Salo Fajer

To Ruth Ruttenberg, on the death of her brother-in-law, Jeffrey Smith

To Marc and Kay Menchel, on the death of their father, Irwin Menchel

To Ron Langsam, on the death of his mother, Carol Langsam

To Ruth Ruttenberg, on the death of her husband, Ken Ruttenberg

To Jordan Weinstock, on the death of his father, Lionel Weinstock

To Elaine Bowling, on the death of her sister, Vanessa Bragg

To Sue Fajer, on the death of her father, Walter Francis Mitchell

**Submit your life-cycle events by phone to:  
703-437-7733, or Email to: mozelle@nvhcreston.org.**

## JCCNV –NVHC Active Adults

The fall 2016 schedule will start in November. Watch for dates in upcoming newsletters and in the Voice, Adults on the Go and on the JCCNV web site. Most programs will meet on a Tuesday at 10:30 a.m. (unless otherwise noted).

Newcomers are always welcome!  
Coffee and dessert will be provided.

Contact:  
Carla.Rosenfeld@jccnv.org,  
or 703-537-3060



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**To honor or memorialize someone**, fill out this form and mail it to NVHC, 1441 Wiehle Avenue, Reston, VA 20190. Please make checks payable to NVHC. NVHC has established the following funds, from which you may choose to make a donation. Your gift is greatly appreciated and will be used to enhance the programs of our temple.

Enclosed is my donation in the amount of \$ \_\_\_\_\_

Donor's Name & Address: \_\_\_\_\_

In Honor of: \_\_\_\_\_

In Memory of: \_\_\_\_\_

For a Speedy Recovery to: \_\_\_\_\_

Send acknowledgement to: \_\_\_\_\_

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Ark Fund                    | <input type="checkbox"/> Ellen Reich Early Childhood                 | <input type="checkbox"/> Preschool Fund                                     |
| <input type="checkbox"/> Art Fund                    | <input type="checkbox"/> Teacher Education Fund                      | <input type="checkbox"/> Rabbi's Discretionary Fund                         |
| <input type="checkbox"/> Building Fund               | <input type="checkbox"/> Forest Edge Backpack (Social Action)        | <input type="checkbox"/> Religious School Fund                              |
| <input type="checkbox"/> Building Bridges Fund       | <input type="checkbox"/> Inclusion Fund                              | <input type="checkbox"/> Sam Selden and Donna Dixon Memorial Endowment Fund |
| <input type="checkbox"/> Cantor's Discretionary Fund | <input type="checkbox"/> Library Fund                                | <input type="checkbox"/> for Jewish Youth and Community Development         |
| <input type="checkbox"/> Chevra Kadisha              | <input type="checkbox"/> Louis Gold Children's Music Fund            | <input type="checkbox"/> Seldon and Ruth Kruger Fund for Adult Learning     |
| <input type="checkbox"/> Choir Fund                  | <input type="checkbox"/> Memorial Plaque (minimum donation of \$250) | <input type="checkbox"/> Social Action Fund                                 |
| <input type="checkbox"/> College Outreach Fund       | <input type="checkbox"/> Music Fund                                  | <input type="checkbox"/> Torah Fund   |
| <input type="checkbox"/> Community Fund              | <input type="checkbox"/> NVHC Cares (Caring Committee)               | <input type="checkbox"/> Twenty-First Century Endowment Fund                |
| <input type="checkbox"/> Early Childhood Fund        | <input type="checkbox"/> Oneg Shabbat Fund                           | <input type="checkbox"/> Youth Group Fund                                   |
|  | <input type="checkbox"/> Prayer Book Fund                            | <input type="checkbox"/> Worship Fund                                       |

(Please Provide Name and Date of Death for Memorial Plaque) \_\_\_\_\_

**Donate to NVHC Online: [www.nvhcreston.org](http://www.nvhcreston.org)**

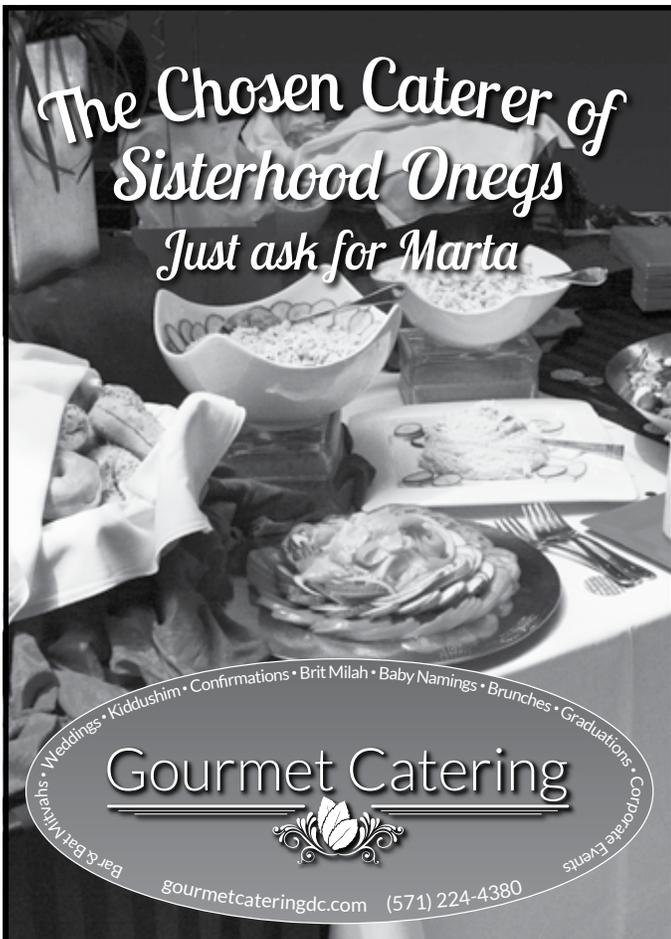


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*mark your calendar for these* **Upcoming Events**

Speaker Series ♦ September 22nd, Paul Rosenzweig, 7:30 p.m. See page 9

Selichot ♦ September 24th, 7:30 p.m. See page 8

NEW! Fall Adult Education Classes ♦ See pages 9 – 13

**NVHC Contact Information**

|                                      |                             |                                       |                          |
|--------------------------------------|-----------------------------|---------------------------------------|--------------------------|
| NVHC Office (secretary answers)      | 703-437-7733                | Director of Congregational Learning   | Jessica Wainer ext. I03  |
| NVHC Office (directly to individual) | 703-471-6046                | rabbiwainer@nvhcreston.org            |                          |
| Preschool                            | 703-435-8829                | Director of Early Childhood Education | Cindi Drake ext. I10     |
| Fax                                  | 703-437-3443                | cindi@nvhcreston.org                  |                          |
| Website                              | www.nvhcreston.org          | Administrative Assistant              | Mozelle Stanton ext. I01 |
|                                      |                             | mozelle@nvhcreston.org                |                          |
| Rabbi                                | Michael G. Holzman ext. I02 | Assistant for Educational Engagement  | Elaine Bowling ext. I04  |
| rabbiholzman@nvhcreston.org          |                             | elaine@nvhcreston.org                 |                          |
| Rabbi Emerita                        | Rosalind Gold               | Bookkeeper                            | Linda Klinker ext. I08   |
| Cantor                               | Susan Caro ext. I06         | linda@nvhcreston.org                  |                          |
| cantorcaro@nvhcreston.org            |                             | Youth Engagement Coordinator          | Adam Zemel ext. I47      |
| Executive Director                   | Sara Moore ext. I05         | adam@nvhcreston.org                   |                          |
| sara@nvhcreston.org                  |                             |                                       |                          |

**DEADLINE FOR THE NOVEMBER/DECEMBER 2016 ISSUE: SATURDAY, OCTOBER 1, 2016**