

NVHC *links*

Issue 5776
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Perspective *By Rabbi Michael G. Holzman*



LEARNING LEADERSHIP

We have been blessed to have the leadership of Moshe Ben-Lev, our Education Director, for the past 16 years. Please join us at Atid Shabbat, on May 6, 2016, where we will honor Moshe as we will also honor our learners, teachers and youth leaders.

Moshe's leadership has developed NVHC's religious school into Kehillat Limmud, our post-b'nai mitzvah program into Tamid, and our midweek Hebrew program into a flexible tutorial model. He introduced our education programs to the concepts of Social Emotional Learning, Design Thinking and youth mentoring. Moshe has been a key part of developing our M'sibot programming, the Shabbatonim for 3rd-6th grade families this year, and our ongoing teen retreats and Shul-Ins. Under his leadership, we introduced cooking, dance, art, and improv as modes for Jewish learning, and our youth programs have thrived.

We are very sad to see Moshe depart, yet we are proud of him for his move to a conservative congregation, B'nai Israel, in Rockville, that's only 20 minutes from his home in Olney. He will continue to grow in his leadership, and we will continue to benefit as he remains a strong leader in the local community of educators. I have so much more to say in gratitude to Moshe, so come on May 6th, to celebrate his service to our community.

(Continued on page 13)

Perspective *By Cantor Susan Caro*

HEALING HEARTS



As a spiritual counselor and hospice chaplain, I have worked for many years in the delicate but often overlooked convergence between the spiritual world and the medical world. I knew a good deal about Jewish values and principles of Bikur Cholim – the mitzvah of visiting the sick.

Or so I thought. Months before moving here to begin my tenure at NVHC, I underwent major surgery on my cervical spine. Completely healed now, and thankfully in great health, that experience gave me a deeper understanding about myself and about the holy and spiritual work of healing. Just how important connections with other people and a sense of feeling 'normal' and a part of the community and world cannot be underestimated.

Bikur Cholim - Visiting the sick – falls in the category of Gemilut Hasadim, "the doing of

(Continued on page 14)

Atid Shabbat, honoring Moshe Ben-Lev and teachers, Sam Selden Award, May 6th, 6:30 p.m. see page 7

Lag B'Omer Outdoor Service at Lake Fairfax Park, May 27th, 6:30 p.m. see page 7

Casino Royale Fundraising Event, June 4th, 6:00 p.m. see insert

Shavuot & Kol Shirah Concert, June 11th see insert



OUR ISRAEL OF LOVE AND RESILIENCE

By David Selden • President, Board of Trustees

The flight from Dulles to Zurich was uneventful, as was our 2-hour layover in what must be the cleanest, quietest airport in world. That was, until the sound of a cluster of Satmar Chasids davening *Shabarit* (שַׁבָּרִית) (chanting morning prayers) arose from the far end of the terminal like a great flock of birds swarming out of a quiet marsh to greet the rising sun. All heads turned to the east to witness the exotic scene and I joined their prayers, using a copy of Torah Talk Shabbat morning meditations as my guide. The pull of Israel was upon our hearts.

Julie and I arrived at Ben Gurion airport mid-afternoon. After clearing customs with the expectant crowd of tourists and returning Israelis, we pulled shekels from a cranky slow-witted ATM, and made our way to the car rental counter located on the third floor. The line was crowded and boisterous with our fellow Chasid travelers who, upon inquiry, I learned were heading by the thousands to Mount Meron in Israel's north, our destination, too. Was this to be our fate on this our latest journey to Israel, to be stuck

behind an 18th century version of Judaism?

Well, the answer came quickly, after Julie took one more look at these black-festooned Jews, she stepped out of line and headed to the quiet counter of a competitor rental car company to make alternative reservations. We were soon orienting our way out of the airport heading east, then north, using a combination of Google, Waze, and a printed road map I had specially ordered for my trusted navigator. We were soon surprised and delighted to find ourselves on a brand new highway, and then dismayed to encounter thousands of Israelis heading home on this Thursday evening in time to settle in for a long Shabbat weekend. As I gazed at this crowded mass, I thought to myself: "What would my Zionist Zaidi say, if he were to find himself stuck in a traffic jam of Jews in the land of Israel?"

He would say it in Yiddish, of course, with tears in his eyes and love in his heart, "*Am Yisrael Chai!*" And so it was for us, too, on this our most wonderful, indeed magical, journey in our Israel of love and resilience. ♦

Kol Shirah to Honor Jerusalem in Song

By Marjina Kaplan

Kol Shirah, NVHC's all-volunteer choir, will celebrate Jerusalem in song as part of the *M'Sibat Shavuot* program June 11th. Under the direction of long-time conductor Carol Fram, singers will perform both new and familiar melodies about Israel's ancient city. This repertoire has been thoughtfully chosen to express NVHC's heartfelt thoughts and prayers about our Jewish homeland through inspirational and multifaceted musical selections set by well-known, contemporary composers. ♦

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L'HITRUOT — SEE YOU!

By Moshe Ben-Lev • Director of Education

In the Talmud it is written,

חכם זה תלמיד המככים את רבותיו

Hakham, zeh talmid hamakkim et rabotav

“A wise person is a disciple who makes his teachers wise.”

I hate long goodbyes. I especially don't do well with people I have built relationships with.

So you can imagine the trouble I'm in as I leave this amazing congregation!

I recall the first time I stepped foot inside NVHC, sixteen years ago. While the building was in need of renovation and update, the members I met for my interview with the search committee were warm, friendly, and passionate about their Judaism and their congregation. NVHC was a special place. I could feel it in my *kisbkes* – my guts. When I began my tenure, the warmth and *mensblikit* I felt helped make NVHC my home.

Working with the REC (Religious Education Committee), teachers, and Rabbi Gold, we quickly began building a new dynamic education program. We had students excited about new approaches to Hebrew learning, and we invigorated a flailing teen program. Every new or updated educational component, big or small, was met with positive and grateful support. The thirst for Jewish knowledge was boundless.

Having left with great regret after four wonderful years, I returned to the same warmth and support that had made my first tenure so amazing. Rabbi Nosanchuk and I

built Tamid, our upper school program, and upon Rabbi Holzman's arrival, we built Kehilat Limmud, a unique response to a challenging change in society and learning. We introduced Social Emotional Learning and redesigned our curriculum and emphasis. From the days when educators simply looked at educating the child, we moved away from frontal classroom instruction to developing a new means of engagement through family activities and multi-generational approaches such as our M'sibat Chaggim programming. This year I instituted a Design Thinking program for our teens, challenging them to redefine their educational and social experiences at NVHC.

Sixteen years is a long time, and I have been blessed to watch toddlers become college graduates and in some cases, return to work in our program! My experiences, opportunities, and growth as a Jewish educator and human being has been defined by my time with you. I have learned how from each of you and your children. I have shared in your lives, in good times and bad. For that I am eternally grateful.

While I return across the bridge and continue my work at B'nai Shalom Congregation in Rockville, I take with me your warmth and belief that I can be a great educator who makes a difference in the lives I have been so very fortunate to have been touched by.

Rather than saying, *Shalom*, I prefer to say, *L'hitruot*, see ya! One never knows when our paths may cross again. ♦

The Confirmation Class of 5776

Invites you to join us for a Confirmation service, as we celebrate the giving of the Torah, and affirm our commitment to the teachings of Torah and our Jewish heritage.

**Paige Adams
Sydney Chiat
Jamie Crotty
Hannah Eggleston**

**Noah Goldstein
Lauryn Golinsky
Lucy Greenman
Samantha Gutcho**

**Benjamin Lacher
Megan O'Connor
Emma Parsons**

**Rebecca Salen
Aaron Schwall**

1 Sivan, 5776

Tuesday, May 17, 2016, at 6:30 p.m.

Northern Virginia Hebrew Congregation, 1441 Wiehle Avenue, Reston, Virginia 20190

The service will be followed by an oneg reception in the NVHC Social Hall.

The Class of 5776 will be making a gift to NVHC in honor of their Confirmation.

If you would like to make a gift of Tzedakah in honor of the occasion, please make a donation to NVHC and include the words "Confirmation Class Gift" in the memo portion of your check.



PURIM IS NOT THE JEWISH HALLOWEEN

By Cindi Drake • Director of Early Childhood Education

Halloween is great. I love Halloween. I look forward to children coming to my door all dressed up and asking for candy. I especially adore the very little ones dressed in bunny or teddy bear costumes. It always brings me back to my own children's excitement about the upcoming "holiday." And if it fell on a Saturday...well, nothing was better than that. But Halloween and Purim could not be more different celebrations.

Halloween celebrates the dead (saints and martyrs) and has its roots in Pagan ritual, which later was Christianized by the early church. Memorializing these souls is an honorable *tradition*. And as a tradition, we can all enjoy the day.

At Purim we celebrate life. We wear costumes commemorating

the characters who thwarted a plot to wipe out all the Jews of Shushan. We act out ridiculous stories (Purim shpiels), we eat, we dance, and we are even encouraged to drink too much! Instead of handing out candy, one of the mitzvot of Purim is to offer baskets of food to friends, family and strangers (*Michloach Manot*). And when we hear the name of that bad guy Hamen, we stamp our feet, and make lots of noise to drown out the sound of his name (which is always the best part for the children!).

So enjoy Halloween. Dress up, hand out candy, bob for apples and have fun. And when Purim rolls around, become Queen Esther, Uncle Mordechai, King Ahashavarus, or even Hamen! Just remember that Purim is *not* the Jewish Halloween! ♦



Rabbi & Preschool



Purim



Rabbi & Cantor



Pre-K



Cantor, Elaine & Rabbi

Todah Rabah

The Preschool Wishes to Thank...

Ben Rodill for a filled Tzedakah can.

Connor Walsh for a filled Tzedakah can.

Sebastian Blanchette for a filled Tzedakah can.

The Hahm Family for donating sand buckets for camp.

Sisterhood's donation to the Preschool, which allowed us to enjoy the KD Puppets.

Hannah Rodill for a filled Tzedakah can.

Emily Nossal for a filled Tzedakah can.

Sy Ratner for a filled Tzedakah can.

Maya and Eli Shy for donating a microscope for classroom use

Thank You!!!

NVHC PRESCHOOL

FULL-DAY PRESCHOOL

7:00 a.m. – 6:00 p.m. MONDAY – FRIDAY

For children 2 ½ years to 5 years

10-Month Program or 12-Month Program
for Full-Day Students

OTHER OPTIONS FOR HALF-DAY STUDENTS

7:00 – 9:00 a.m. (M-F)

8:00 – 9:00 a.m. (M-F)

1:00 – 3:00 p.m. (3 DAYS)

1:00 – 3:00 p.m. (5 DAYS)

1:00 – 6:00 p.m. (3 DAYS)

1:00 – 6:00 p.m. (5 DAYS)

For more information or to sign up, please contact
Cindi Drake, Director of Early Childhood Education at
703-435-8829, or cindi@nvhcreston.org

Tot Shabbat

COME GET THAT
SHABBAT FEELING!

May 7th and June 4th, 9:00 a.m.

Meet us in the multi-purpose room for this lively Shabbat morning service designed just for young children (up to age 5) and their families (including older and younger siblings). Miss Nell (Hirsch), NVHC's children's music specialist, leads the service. We sing, we dance, we pray, and we learn a little Torah with the Rabbi or Cantor.

After our service, Cindi Drake, our Director of Early Childhood Education, engages the children in a fun activity or craft. Our Oneg is a time for all to enjoy each other's company – our old friends and our new ones.

We hope you and your children will be there to share it. ♦



THE PUNIMS ARE HERE!

What's a "punim?" In Yiddish, a face...a particularly *sweet* face!

We'd like to invite all of our punims (ages 0 to 5) to join us on **Sunday, May 15th!**
Led by Michelle Allo, this group of our sweetest faces (along with Mom and/or Dad) will gather together for a little recreation, a light nosh, some music...and a lot of "get-to-know-you" time!

The group will meet in the Youth Lounge (bottom floor of the education wing)
from 9:30 a.m. to 11:00 a.m. on **Sunday: May 15th**

You do not have to be a member of Northern Virginia Hebrew Congregation to attend. Minimum registration is required for the program to be a "go!" So, please register early! Return this form, with payment, to Cindi Drake, Director of Early Childhood Education, NVHC, 1441 Wiehle Avenue, Reston VA 20190.
Questions? Call Cindi at 703-435-8829 or email to cindi@nvhcreston.org.

Child's Name _____

Parent's Name _____

Address _____

Home Phone _____ (Mobile) _____

E-mail _____ Child's Birthdate _____

*Once registered, fees are not refundable or transferable.

Mazel Tov to our B'nai Mitzvah

Elyse Lisker Blazar • May 7th

Elyse's Mitzvah Project is volunteering and contributing to **Lift Me Up! Therapeutic Riding Program**, www.liftmeup.org. ♦



Elyse Blazar



Sofie Strompf

Sofie Strompf • May 7th

Sofie's Mitzvah Projects support causes in her local and global communities. She is collecting in-kind donations for teen patients at **Children's National** in DC, as well as fundraising for refugees through USA for **UNHCR** (United Nations High Commissioner for Refugees). ♦

Leah Brown • May 21st

Leah has always loved reading, and wants to share her joy of reading with kids who are not as fortunate as she is, by collecting books and donating them to **Books for America**. This organization gives these books free of charge to inner-city schools, literacy groups, hospices, battered women's shelters and AIDS clinics. ♦



Leah Brown



Preston Lin

Preston Lin • June 4th

For her B'nai Mitzvah Project, Preston will be raising funds to donate to animal rescue shelters to help provide them more space, medical care, and nutrition so that they can rescue more puppies from the puppy mills. ♦

Louis Ressin • June 4th

Lou's Mitzvah Project is collecting Lego bricks and sets for **Books for America**. He's spent many happy hours designing and assembling sets and wants to pass this love along to other children. Schools, shelters, hospitals, and many other organizations can use your gently-used toys to help teach creative play to their students and participants. Donations will be collected at NVHC on the morning of his Bar Mitzvah, June 4th, 2016. ♦



Louis Ressin



Jessica Lyn Itkin

Jessica Lyn Itkin • June 11th

Jessica's Bat Mitzvah Project is collecting donations for **The House of Ruth** (a transition home for mothers and children fleeing domestic violence). ♦

Brooke A. Van Beuren • June 11th

Brooke's Mitzvah Project will be helping the homeless. ♦



Brooke Van Beuren



Sarina Bell

Sarina Bell • June 25th

Sarina's Mitzvah Project will be preparing care packages for deployed US military personnel. ♦

Alexander Tchiprout • June 25th

For his service project, Alex held a dog toy-making event, in which he and his friends made more than 170 dog toys and treats, which were donated to the **Lucky Dog Animal Rescue**. ♦



Alexander Tchiprout

Upcoming B'nai Mitzvah?

To submit a picture and bio of your child, choose one of the following: email to mozelle@nvhcreston.org or mail to NVHC, 1441 Wiehle Ave., Reston, VA 20190. Questions? Call the temple office at 703-437-7733. Deadline is the first day of the month PRIOR to your child's Bar/Bat Mitzvah date. For example, the deadline for July/August is June 1st.

Torah Talk

Our Shabbat Torah study class will be held on **Saturday, May 14th, 21st, 28th; and June 11th, 18th and 25th** in the sanctuary.

The Torah is a vast collection of stories, commandments, ritual practices, and ethical standards. It is meant to be studied and understood not only to connect us to our ancestors and traditions, but also to guide us toward an ethical and spiritual life. Torah means learning. For many of us, understanding Torah is not easy. We may find the language confusing and the meaning difficult to grasp. Yet when we learn together, we are thrilled by the insights we glean and share. Whether you have studied Torah before or are new to Torah study, you will find wisdom and inspiration each time you study a portion of our sacred literature. ♦

Worship

Atid Shabbat

May 6th - 6:30 p.m.

Members, parents and students gather to honor our Director of Education, Moshe Ben-Lev, for his years of service and leadership at NVHC. Additionally, we honor our wonderful teachers, high school graduates, and present the Sam Selden Youth Award. ♦

No Services at NVHC - Lag B'Omer at Lake Fairfax Park

Mark Your Calendars

Lag B'Omer is a Jewish celebration of learning, community and our history, and the center of this holiday is a bonfire. We will celebrate at a special **Erev Shabbat worship service on May 27th at 6:30 p.m.** at nearby Lake Fairfax Park. Join us for service, stay for dinner and a blazing bonfire. Bring your flashlights. There will be **no services that day at the NVHC building.**

Lake Fairfax Park

1400 Lake Fairfax Drive, Reston, VA 20190

Look for NVHC signs once you arrive in the park. ♦

Sam Selden Youth Award

2016 SAM SELDEN YOUTH AWARD - SYDNEY CHIAT



The Sam Selden Youth Leadership Award is an Annual Award established to honor teens at Northern Virginia Hebrew Congregation who have demonstrated their capabilities as young Jewish leaders, their commitment to building Jewish community, and to the value of *Tikkun Olam* (repairing the world). Each year, recipients are honored, and receive their award for their achievements at our annual *Erev Shabbat Atid Worship* service, receiving a scholarship to support their participation in a leadership-building program in our Jewish community. This award is a project supported by the Sam Selden and Donna Dixon Memorial Fund for Jewish Youth and Community Development.

We are proud to announce that this year's recipient is **Sydney Chiat**. Sydney is a sophomore at Stone Bridge High School in Ashburn, Virginia. She is a very energetic and positive teen who inspires all the people around her with her wit, smile, intelligence and friendliness. Her wonderful attitude, talent for connecting with everyone, and her kindness and caring make her a worthy awardee.

Sydney became an actively-engaged leader at NVHC beginning in her 8th grade year when she attended her first NFTY-MAR event. In her freshman year, she served as NVHC Youth Group Membership Vice President. In 9th grade, she chaired a NFTY-MAR event, and became a madricha working both in the classroom and in our Inclusion program. The summer of 2015, she attended the URJ Kutz camp (a camp aimed at developing Jewish leadership skills) where she majored in Mitzvah Corps. Mitzvah Corps focuses on integrating the campers who have disabilities with the campers who don't. Sydney was also chosen to be the NFTY-MAR Jewish Education Learning and Leadership Opportunities (JELLO) Co-Chair. JELLO is a large regional youth event for 175 teens. This summer, Sydney is returning to URJ Kutz camp, where she will be majoring in the Leadership Academy program. ♦



WHAT DOES SISTERHOOD DO AND WHY SHOULD I JOIN?

By Suzi Stone • Sisterhood President

This is my last article as President of the NVHC Sisterhood. At the end of this May, my year as president will be over, and I have so much to enjoy in review. I am lucky to have had a wonderful board of directors to both support and work with me on so many projects. There have been the Linus Blanket Project, our traditional Chocolate and Champagne party, Isabel's Israeli Summer, The Sisterhood Seder, play with Preschool children at Purim, starting Wednesday afternoon Mah Jongg games, and many volunteer projects. All of which I will remember with a warm smile and sometimes, great laughter.

It truly has been a wonderful year, and I want to thank Sara, Elaine, and all the staff for making it work when I needed them more than when they needed another call from me!!

One of the things that I look back on with pleasure and deep pride is the new team of Sisterhood women who have come together with the women of the ADAMS Center. Ellen Rugel has been my right hand in planning this group that is making it possible for us to start learning about each other — our different foods, our mutual love of family, and our caring about stopping the hate that eats at the fabric of everything we both believe in and love. This is becoming a good and strong group that will expand, and hopefully continue in its mutual education and happy gatherings. I want to give a very special thanks to Rabbi Holzman for his tremendous support.

Finally, I have two important items: **The Rummage Sale** and **Casino Royale**. The **Sisterhood Rummage Sale** is **May 15th**, and this is the biggest of our fundraisers. Through this sale, we obtain funds that help us contribute to so many NVHC projects. It funds our philanthropic endeavors. Now, **Casino Royale** on **June 4th** is NVHC's fantastic fundraiser.

It supports the big ticket items all of us need. Please come out and support us both. With love to Sisterhood,
Suzi Stone ♦

NVHC Sisterhood Rummage Sale



When: Sunday, May 15, 2016

8:00 a.m. - 12:00 p.m.

Where: NVHC Social Hall

Drop-off at the Social Hall Closet any of these days/times:
Monday, May 9th: 8:30 a.m. - 4:00 p.m.; Tuesday, May 10th:
8:30 a.m. - 4:00 p.m.; Thursday, May 12th: 8:30 a.m. - 7:00 p.m.;
Saturday, May 14th: 2:00 p.m. - 3:00 p.m.

NVHC Brotherhood

Brotherhood Family Breakfast



Sunday, May 22nd,
9:30 a.m. – 12:30 p.m.
in the social hall

*Come and enjoy good food and fine friends,
as the NVHC Brotherhood chefs cook up
a delicious breakfast in the kitchen!*

HEBREW FOR ADULTS - SUMMER 2016

At NVHC, we have a robust Hebrew program for Adults featuring a variety of classes to satisfy a wide range of interests and needs. Whether you have no previous exposure to Hebrew, want to feel more comfortable with Hebrew during services, become adept at Biblical translation, or learn to speak conversational Hebrew: We have a class for you!!

Important Information

Our classes are open to anyone interested in learning Hebrew or continuing their Hebrew education: members and non-members, Jews and non-Jews. If you need help selecting the right class, please contact the Lifelong Learning Chair. If you can't find a class that fits your needs, please let us know — we will form new classes if we have a minimum of 5 students.

Beginning Hebrew

Beginning Hebrew. Learn to read Hebrew -- No previous experience required. This class introduces the student to Hebrew letters and vowels, and broadens the student's understanding of the use of Hebrew in Jewish life, ritual, study, and tradition. The student will learn to read Hebrew phonetically, to recognize common Hebrew roots used in prayer, and to write block letters. This course provides a foundation for the rest of our Hebrew classes.

Prerequisites: None.

Fee: \$100 Members \$135 Non-Members

Text: *Aleph Isn't Tough: An Introduction to Hebrew for Adults*, \$18.95

When: Tuesdays, 6:00-7:15 p.m., 10 weeks, (6/7-8/16, no class 7/5)

Instructor: Yehudit Shem-Tov

Classical Hebrew

Prayer Hebrew I. The emphasis of Prayer Hebrew I is on improving prayer fluency, the acquisition of basic prayer vocabulary, and understanding the structure of the prayer service. The course will begin with a review of basic reading rules and include a mix of "simple" and more complex prayers. Each class will focus on one section of the prayer service and may also include additional prayers as desired by the students. Students may repeat as often as needed to gain confidence in the prayers.

Prerequisite: Ability to read Hebrew phonetically (Beginning Hebrew or equivalent)

Fee: \$100 Members \$135 Non-Members

Text: *Hineni: Prayerbook Hebrew for Adults*, \$22.50

Optional Text: *Mishkan Tefilah: Shabbat* (no-transliteration) \$34.00

When: Mondays, 6:00-7:15 p.m., 10 weeks, 6:00-7:15 pm, 10 weeks, (6/6-8/15, no class 7/4)

Amidah: *Avot v'imahot, Gevurot, Kedusba, Kedusbat HaYom,*

Avodah, Hoda'ah, Birkhat Shalom. We will study the Amidah for both Friday evening and Saturday morning.

Instructor: Yehudit Shem-Tov

Modern Hebrew

Modern Hebrew 2. Improve conversational Hebrew skills, knowledge of Hebrew grammar, and ability to read and write Modern Hebrew. Students will practice conversational skills, translate texts from a range of Hebrew literature, and compose short paragraphs.

Prerequisite: Modern Hebrew I or equivalent. At least 1 year previous instruction with conversational Hebrew; ability to write in script, familiarity with participle form.

Fee: \$100 Members \$135 Non-Members

Text: *Brandeis Modern Hebrew*, \$72.00

When: Mondays, 7:30-8:45 p.m., 10 weeks, (6/6-8/15, no class 7/4)

Instructor: Yehudit Shem-Tov

Advanced Modern Hebrew. Expand the student's ability to read, write, speak, and comprehend Modern Hebrew. This course will introduce students to the future tense. Students will practice conversational skills, translate texts from a range of Hebrew literature, and compose short paragraphs. Exercises will focus on conversational skills, and will reinforce vocabulary and use of proper Hebrew grammar.

Prerequisites: At least 3 years previous instruction with conversational Hebrew. Familiarity with conversational Hebrew, grammar, and conjugation of present, past, and future tenses.

Fee: \$100 Members \$135 Non-Members

Text: *Hebrew from Scratch: Part 2*, \$40.00

When: Tuesdays, 7:30-8:45 p.m., 10 weeks, (6/7-8/16, no class 7/5)

Instructor: Yehudit Shem-Tov

HEBREW FOR ADULTS - SUMMER 2016 (CONTINUED)

Name: _____ Member: _____ Non-Member: _____

Phone: _____ Email: _____

Check <input type="checkbox"/> to enroll	Course Title	Start date	Session Day/Time	Enter Course Fee	Enter Text Fee (if applicable)
	Beginning Hebrew	6/7	Tue 6:00 p.m.		
	Prayer Hebrew I: Amidah	6/6	Mon 6:00 p.m.		
	Modern Hebrew 2	6/6	Mon 7:30 p.m.		
	Adv Modern Hebrew	6/7	Tue 7:30 p.m.		

TOTAL ENCLOSED \$ _____

Send registration form and check payable to NVHC to:
Northern Virginia Hebrew Congregation, 1441 Wiehle Avenue, Reston, VA 20190



THE DISTINGUISHED SPEAKER SERIES

MAY 18, 2016, 8:00 P.M.

The Supreme Court After Justice Scalia

David Cole teaches constitutional law at Georgetown University Law Center. The legal affairs correspondent for *The Nation*, and a regular contributor to law journals, the *New York Times*, *Washington Post*, and *Wall Street Journal*. He has written about constitutional freedoms in the War on Terrorism.

The NVHC Speaker Series is free and open to the public. 1441 Wiehle Ave., Reston, VA 20190

Book Club Selections

We meet on the first Saturday of each month, except where noted, 9:00 a.m. – 10:15 a.m.

For more information, contact Marjina Kaplan at: marjina2@yahoo.com

May 7th. *The Nazis Next Door: How America Became a Safe Haven for Hitler's Men*, by Eric Lichtblau. Illustrated History. 266 pp. In the wake of World War II, America recruited a few leading German scientists in order to advance our space and military programs and to keep these valuable assets from falling into Soviet hands. While Jews languished in the camps after Germany's defeat, the United States gathered up Nazi scientists. The C.I.A. and F.B.I. sought out spies and informants who had participated in genocide. These intelligence agencies remained their greatest protectors. In the 1980s, when the Justice Department began to hunt war criminals who had lied in order to enter this country, both agencies actively obstructed the investigations. They were also protected by White House officials such as Pat Buchanan, then a top aide to Ronald Reagan, who denounced the Justice Department's "revenge-obsessed" and "hairy-chested Nazi hunters" as dupes of the Soviets.

June 4th. *Genesis: Truman, American Jews, and the Origins of the Arab/Israeli Conflict*, by John B. Judis. 432 pp. History. Judis recounts Truman's predicament, trapped between his desire to find a fair and equitable outcome for Arabs and Jews in Palestine and the seeming impossibility of doing so. But the author is interested in telling a larger story, one that lays a good deal of responsibility on the American Zionist lobby for Truman's – and America's – failure to construct a just and peaceful solution. ♦

PLACE YOUR BETS ON NVHC!



Casino



Royale

NVHC'S SPRING
FUNDRAISING EVENT

RESERVE NOW

JUNE 4 6:00PM

**YOUR RESERVATION
INCLUDES**

\$25,000 gaming chips

Open bar and Casino
Royale Cocktail

Dining by Putting
on the Ritz

Professional Dealers
for Black Jack, Craps,
and Roulette tables



**Our Spiritual Home
where we Connect
through Community to
Judaism that Matters**



Be a Sponsor!

www.nvhcreston.org/casinoroyale

Prizes, Raffles and Grand Prize Winner!

For more information about the event contact

CASINO@NVHCRESTON.ORG



M'SIBAT SHAVUOT

SATURDAY, JUNE 11, 2016



7:00 PM

Kol Shirah Concert

Havdalah

Honoring Adult Learners

Cheesecake!

Tikun Leil Shavuot
(Sessions Of Learning)

Yizkor (8:30 pm)

JEWISH COOKING MADE EASY: FAVORITES FROM AROUND THE WORLD

Our popular Jewish Cooking series is back! Our cooking classes are led by NVHC's top chefs who will introduce you to new recipes and old favorites with a modern twist! Come prepared to get messy, enjoy fine food, meet new friends, learn something new, and just have fun.

You may register for the individual session. **Limited space is available, please register early!**

FEE PER CLASS: \$35 MEMBERS, \$48 NON-MEMBERS, free for TAMID students

When: Thursday, June 16th, 7:00 – 9:00 p.m.

Date	Featured Foods	Lead Cook	Enter Fee
June 16th	Shavuot Dinner: A Jewish-Italian Dairy Meal	Madeleine Abel	

TOTAL \$ _____

JEWISH COOKING MADE EASY

Name: _____ Member: _____ Non-member: _____

Phone: _____ Email: _____

COURSE FEE: \$35 MEMBERS, \$48 NON-MEMBERS (PER CLASS)

Send registration form and check payable to NVHC to:

Northern Virginia Hebrew Congregation, 1441 Wiehle Avenue, Reston, VA 20190

Inclusion Initiative

By Andrea Vavonese

Vision: Our Inclusion Initiative strives to ensure that all members of the NVHC Congregation are able to participate meaningfully in all spiritual, educational, celebratory and life event activities at the synagogue.

Spring Speaker – Living as an Adult with Asperger's Syndrome - May 3 at 6:30 pm: Nathan Weissler, a remarkable young Jewish adult on the Autism Spectrum, will come to talk about his journey this spring. For more information, see http://www.nvhcreston.org/aiIec_event/living-as-an-adult-with-asperger-syndrome-by-nathan-weissler/?instance_id=I351771.

Special Needs Resources: Did you know the JCC and the Jewish Federation of Greater Washington offers resources for the special needs community? See <http://www.jccnv.org/specialneeds/special-needs/>, AND <http://www.shalomdc.org/disabilitiesandinclusion/> to learn more.

Looking for a Mitzvah Project? If you have an upcoming Bar or Bat Mitzvah and are looking for a mitzvah project, consider getting involved with the NVHC Inclusion Initiative. There are many ways to become involved. Contact NVHCInclusion@gmail.com for more information.

Get involved: Our next Meeting will be held later this summer, date and time TBD. We welcome all who want to be involved in this important initiative. If you have experience as a person with special needs, a parent or grandparent of a person with special needs or as a professional in special or general education or counseling, you will provide great value to this initiative, and we encourage you to become involved. If you want to learn more about this initiative, please contact Andrea Vavonese at NVHCInclusion@gmail.com or visit our webpage at <http://www.nvhcreston.org/live/inclusion/>.

Donate: Your donation supports our ongoing programming and training and will allow us to further the inclusion of individuals with differing abilities in our synagogue. **Please make checks payable to: NVHC Inclusion Initiative.**

Inclusive Education: Want to send your child to religious school but not sure if NVHC can meet his or her special needs? Please contact Moshe Ben-Lev at moshe@nvhcreston.org. We want to work with you and your children and will do all we can to be flexible and provide support to meet each individual's needs.

Let us know: We want to hear from you. What more can we do to ensure everyone can bring their whole authentic selves to our community? Please contact NVHCInclusion@gmail.com. ♦

Exploring Jewish Texts

TALMUD STUDY GROUP WITH RABBI HOLZMAN

The Talmud is the cornerstone of Judaism as we know it, theologically, ritually, legally and culturally. It is one of the greatest intellectual works in human history of any religion or philosophy. Yet it remains a mystery to most Jews, for good reason. It's hard, complicated, convoluted and at times esoteric. Learn how to navigate the oceans of Talmudic thought with these meetings once a month. Topics will vary widely, but will likely include discussions of Jewish ritual, family relations, and understandings of nature, community authority, and history.

We begin and end promptly Friday mornings, 8:00-9:00 a.m., examining key sections of Talmud. It's a great way to prepare for *Shabbes*. All classes are stand-alone, and will not require prior attendance. To register, email Lifeflearn@nvhcreston.org, or call the Temple Office at (703) 437-7733.

May 20th

Enclosed is my donation to the **Seldon and Ruth Kruger Fund for Adult Learning** in the amount of \$ _____

In Honor of: _____ In Memory of: _____

For a Speedy Recovery to: _____ Send acknowledgement to: _____

Northern Virginia Hebrew Congregation
144I Wiehle Avenue, Reston, VA 20190

REEL THEOLOGY

WITH RABBINIC INTERN RACHEL SCHMELKIN

A series of in-depth discussions about popular movies and what they can teach us about ourselves, life and living. We will watch excerpts from the movie and reference Jewish texts related to the themes of the movie. Participants are strongly encouraged to watch the complete movie prior to the discussion.

FEE FOR THE SERIES: \$18 MEMBERS, \$25 NON-MEMBERS Tamid Students: Free

Tuesday, May 10th. 7:00-8:30 p.m. *The King's Speech*.

The story of King George VI of the United Kingdom of Great Britain and Northern Ireland, his impromptu ascension to the throne, and the speech therapist who helped the unsure monarch become worthy of it.

REEL THEOLOGY

Name: _____ Member: _____ Non-Member: _____

Phone: _____ Email: _____

COURSE FEE: \$18 MEMBERS, \$25 NON-MEMBERS

Send registration form to temple office:
Northern Virginia Hebrew Congregation, 144I Wiehle Avenue, Reston, VA 20190

When Moshe announced his departure in the fall, our synagogue leadership began a conversation about not only what kind of successor we sought, but also what kind of program we envisioned. We quickly realized two things: This was going to be a long conversation that needed to involve the entire community, and we needed a clergy leader who could also be our Director of Congregational Learning. While we are blessed by a strong educational program right now, the Jewish need for learning is evolving, and thus the way we program learning needs to evolve.

The Talmud (Ketubot 103b) provides the following story as a metaphor:

When Rabbi Chanina and Rabbi Chiya were engaged in a dispute, Rabbi Chanina said to Rabbi Chiya, “You are arguing with me? Were the Torah, God forbid, to be forgotten in Israel, I would restore it with my dialectical arguments.”

Rabbi Chiya said to Rabbi Chanina, “You are arguing with me? I am working so that Torah is not forgotten in Israel. I plant flax, then weave the flax into snares and trap deer. I feed the flesh [of the deer] to orphans and turn the skins into parchment. Then I go to a town where there are no teachers of Torah and I teach five children the five books of the Torah and I teach six children the six orders of the Mishna, and I tell them to teach each other.”

While we are not certain which way we will go, and we know that nothing will change immediately—until we have had a chance to share and learn with our new partner—we know that the methods of Rabbi Chanina will not be enough. He seeks only to impart information through his “dialectical arguments.”

But Rabbi Chiya sees that learning is a process, and it must be integrated into everything we do as Jews. Every step of the way is a lesson, a moral, and an opportunity. His way of teaching engages all the intelligences of the students, inspires them to become teachers themselves, and facilitates their relationship building at the same time. This is what we need.

Once upon a time, Jews grew up in relatively insular, homogeneous and traditional communities. A child, or adult, could expect to be surrounded by Jewish culture, practices, language and schedules that reinforced learning. Why did we need to teach a little girl about Abraham and Sarah? Because that child was very likely to hear an older sister one day talking to an aunt or a cousin about the desire for a pregnancy, and about Sarah’s struggles with fertility. Why teach the Kiddush? Because that boy would be invited to say Kiddush the very first time he was welcomed into his future in-laws’ home for Shabbes. Life

reinforced the learning.

But that is no longer the case. We live secular, integrated lives. Most of us have little reinforcement for Jewish knowledge once we leave the property. If children observe in their homes, we might have only one parent participating (and often it is the non-Jewish parent, or the Jew-by-choice learning for the first time as well), with limited knowledge, and few Jewish friends and neighbors. We aren’t in Kansas (or the Bronx) anymore!

If we will retain and grow our Judaism, then we need to create an environment at NVHC that inspires curiosity, forges strong social connections, and empowers creativity. This is a different kind of learning. In this type of place, we do not just teach about Sukkot, but we give the learners enough information and materials to create their own version of Sukkot and the people to celebrate it together. We do not just help students memorize the prayers in preparation for their B’nai Mitzvah; we create a range of tools and concepts for families to pack along as they climb the mountain of adolescence with their child.

This kind of learning happens only partly in traditional educational settings. Schools and classrooms are useful for some things, and we need to preserve the best of what we have in our classrooms. But this kind of learning also needs to happen in the sanctuary, at shiva minyanim, during social action events, on the holidays, over Shabbat dinner and everywhere else we experience Judaism. Those experiences can be led by a talented Educator, but more often, they are led by rabbis and cantors. That is why we included clergy in our search process.

In our new Director of Congregational Learning, we need a partner who will help us discover and embrace learning in all aspects of our experience at NVHC. Moshe Ben-Lev has helped us build the program we have, and we are so grateful. Our goal is that the new clergy educator will pick up the torch and lead us to new forms and experiences of Jewish learning.

As Jews we have a story to tell. It is the oldest and most powerful story in Western Civilization. The synagogue has been the incubator, preserver, and creator of that story for over two millennia.

We hope to encounter in our new Director of Congregational Learning a teacher, a pastor, a learner, a partner, a leader and perhaps, above all, a storyteller.

Let us celebrate on May 6th, how Moshe Ben-Lev has brought NVHC to this point of strength, and then, let us write our story together, and go from strength to strength. ♦

good deeds,” and is singled out by our tradition, one of the mitzvot whose fruits transcend this world, bringing eternal benefit and blessing in the World to Come. Our tradition teaches that a person who visits someone who is ailing in body or spirit removes one-sixtieth of that person’s pain and illness.

The Babylonian Talmud *Brakbot* 5b tells a story:

Rabbi Yochanan once fell ill and Rabbi Hanina went in to visit him. He (Hanina) said to him: “Are your sufferings welcome to you?” Rabbi Yochanan replied: “Neither they nor their reward.” He (Hanina) said to him: “Give me your hand.” He (Yochanan) gave him his hand and he raised him. Why could not R. Yochanan raise himself? They replied: “The prisoner cannot free himself from jail.”

The story affirms the importance of reaching out and helping someone as they suffer or are isolated. No matter how powerful or learned they may be, people need help as they deal with their own suffering. I know that while I was blessed with terrific medical care and a loving and supportive family, the fullness of healing of spirit came from all the people who surrounded me, who reached out to me and my family - for they needed support, too, as they helped me – to diminish my sense of isolation and apprehension.

One of the important values here at NVHC is our communal concern and action to sustain people with chronic health problems and isolated living situations. This becomes even more important as our population ages, as hospital visits are shortened, and as geographic distance between family members increases. Sometimes spiritual and communal support is needed for the person who is suffering loss or illness; sometimes it may be for their family members or caregivers who have nowhere else to turn. In 2013, Susan Silk and Barry Goldman wrote in the *Los Angeles Times* about their Ring Theory, which can be summarized as ‘Comfort In, Dump Out.’ Here is basically how it works:

1. Draw a circle. This is the center ring. In it, put the name of the person at the center of the current trauma.

2. Now draw a larger circle around the first one. In that ring put the name of the person next closest to the trauma.
3. In each larger ring put the next closest people, keeping in mind that parents and children go before more distant relatives. Intimate friends in smaller rings, less intimate friends in larger ones.
4. You can draw as many rings as you would like.

These rings can help us understand our place as a community – to be those outer rings to members, so that they have outlets and support as they are in the inner rings themselves. At some time in our lives, we are each in those inner rings. Through our NVHC Cares efforts, NVHC is forming a *Chaverim* network - a volunteer corps of NVHC members who will be available to make ‘friendly visits’ to other NVHC members in need of companionship and friendship - perhaps following loss, during illness or in other difficult moments of life.

Doing *Bikur Cholim* is an important part of our Jewish identity, even as I know it can feel a bit scary or overwhelming to consider. With a trained network of our own, we can provide the tremendous spiritual gift of healing and community to our members and their families. We are asking for those of you who have the time or ability to volunteer to be this supportive presence to come to one of our training workshops:

**Thursday, May 12th, 6:30 p.m. - 8:00 p.m. or
Sunday, June 5th, 12:30 p.m. - 2:00 p.m.**

I encourage you not to let your own discomfort keep you away. I will provide background, coaching and support, so that as a community we can comfortably step up to support one another in this way. If you cannot make either of these sessions but are interested in taking on this amazing volunteer opportunity, please don’t hesitate to be in touch with me directly, and we will find time to work together. Let us work together to lift the spirits of those who are ill, suffering or lonely, and let them know that they are not alone. ♦

Make a Joyful Noise! (from Psalm 100) - Calling NVHC instrumentalists!

Our tradition teaches that we praise God and give thanks in many ways, with many modalities – with our voices in song, with our very breath, and with instruments!

If you play an instrument, and are interested in participating in the creation of an instrumental ensemble to participate in NVHC worship and programming, please contact Cantor Caro at cantorcaro@nvhcreston.org. ♦

SOCIAL JUSTICE THROUGH SOCIAL ACTION

By Hana Newcomb

We usually start with bagels and coffee on Sunday morning, but that's not why we get together every month. Thanks to the consistent effort of our dedicated unofficial leader, Julie Wallick, the NVHC Social Action Committee has met every month since last summer to identify the ways that we can help to effect change in our community. We welcome all who are interested in pursuing social justice through action. Please join us with your energy, ideas and talents. Please contact Julie at jwallick@wallick.com and find out where to join us for bagels and coffee and learn what is in the works.

- NVHC continues to provide weekend food to the backpack program at Forest Edge Elementary, thanks to Alison Behar and Nicole Holzman and so many members of our congregation.
- We are working toward creating a tutoring/mentoring corps for local students, with hopes of having a program ready to start in September.
- We continue to participate in Virginians Organized for Interfaith Community Engagement (VOICE), combining our efforts with other local faith communities.
- We are working with an ad hoc interfaith group on justice issues around incarceration and policing, and several of us recently helped to plan and produce two public panel discussions to educate and motivate people to take action.
- Within our congregation, there are ongoing social action projects that we take no credit for, but we offer our support and encouragement (Sisterhood Rummage Sale, Hypothermia meals, etc.)
- We are starting to plan our part of the Jubilee Year celebration – Shabbat dinners, at congregants' homes, that will include conversations about social action. Stay tuned! ♦

Social Action

FOREST EDGE PROGRAM: TZEDAKAH FOR THE SOUL

By Emerald F. Diaz

The Forest Edge program gives food to families at the school who don't have enough money to buy all their food needs. The NVHC community donates all types of food items that won't spoil. Once it's all collected, we come together to pack it all up into bins, then the bins are put into a car, and the food is delivered to Forest Edge Elementary School.

We need this type of program because it's important to help the children stay healthy and get enough to eat. Without the right amount of food, they may not be able to participate in school and activities like sports and PE.

I participate in this program because I know that when I've forgotten to eat breakfast before school, my stomach grumbles, and it's harder to stay focused in class. This can make me feel frustrated because it makes it hard to get good grades so I can get into a good college. I don't want other kids to feel this way.

The students at Forest Edge are our neighbors and friends, and we need to take care of them if we can. Our Jewish faith teaches us that *tzedakah* (giving aid, assistance, and money to the poor and needy) is an obligation we all should do, and is just one way to help people in need.

Doing this makes my soul feel good and less worried that they won't go hungry because my friends and I helped them. ♦

CHAVERIM

*A new network of NVHC
Visiting Volunteers - Join us!*

Our community is getting ready to form a *Chaverim* network—a volunteer corps of NVHC members who will be available to make 'friendly visits' to other NVHC members in need of companionship and friendship.

We are asking for those of you who have the time and ability to volunteer to be this supportive presence to come to one of our training workshops:

**Thursday, May 12th
(new date),
6:30 p.m. - 8:00 p.m. or**

**Sunday, June 5th,
12:30 p.m. - 2:00 p.m.**

Please contact Cantor Caro at cantorcaro@nvhcreston.org or (703) 437-7733. ♦

CHALLAH PROGRAM NEEDS YOU

By Robbie Kaplan

One of the many ways NVHC Cares reaches out to our members is through our challah program. We offer support and solace following a death and participate in joyful beginnings to celebrate a birth or adoption. But we need more volunteers for our program. Even if you purchase and deliver one challah a year, you will make a difference. Here's what our volunteers and recipients have to say:

"The challah program is such a thoughtful gesture. It's much more personal and meaningful than a card, and the Jewish connection is so important. An easy and appreciated mitzvah!" – Gail DeZube

"Receiving a challah was a lovely and surprising gesture which was much appreciated by both my husband and myself. Thanks again." – Sandee Byrne

"I've had the privilege of preparing meals and also of delivering challahs to members of our NVHC community. It's a way to show support for congregants in times of illness or mourning, as well as to celebrate mitzvahs such as the birth of a child. Participating in the program is certainly a fulfilling way to show that "NVHC Cares."" – Ellen Rugel

"As coordinator of the challah program, it is heartwarming to help facilitate these connections among congregants. Challah receivers are often surprised and always appreciative of this caring gesture." – Mary Ann Ressin

Learn more by contacting NVHC Cares at nvhccares@nvhcreston.org ♦

Donate to NVHC Online

Itching to donate to one of NVHC's many funds, or to remember or thank someone? Now it's easier. The NVHC website has been enabled to accept donations. Donations are processed through PayPal, using your own credit card or by establishing a PayPal account, at no cost to the donor, and are encrypted for security.

Go to www.nvhcreston.org and click on the Donations link listed on the left-hand column of the home page.

Membership Directory Corrections

The following members have a change of address, phone, or email:

Sebastian & Kristina Hoeges

702 Tamarack Way,
Apt. 3C
Herndon, VA 20170-4448

Stu & Beverly Patz

11500 Fairway Drive,
Apt. 505
Reston, VA 20190
571-375-2195

A Warm Welcome to New Members

We extend a warm welcome to these NVHC newcomers who have recently become part of our family. Please add their information to your membership directory, and be sure to make them feel at home when you meet them.

Nicholas Delpopolo & Laura Blue

1052 N. Randolph Street
Arlington, VA 22201
571-215-2064
VTLBLUE@gmail.com

Adam & Susan Goldsmith

46642 Oakhurst Court
Sterling, VA 20165
703-421-9558
susan@kplace.net

Life-Cycle Events in the NVHC Family

MAZEL TOV

To Sam Leven & Jennifer Clifton, and big brother Noah, on the birth of Isabelle Ida, March 8, 2016

R'FU-AH SH'LEI-MA

Jonathan Becker	Clarice Karnette	Barry Rudolph
Gloria Bloom	Nisa Katz	Howard Selden
Judy Brown	Larry Klinger	Tamara Selden
Bruce Evry	Donald Lockshin	Richard Shlakman
Rochelle Fisher	Alan McGibbon	Robert Stein
Ken Forman	Irene Menchel	Scott Sunshine
David Fram	Irwin Menchel	Lester Sussman
Eleanor Glickman	Irene Miller	Felice Wiener
Andrew Goldberg	Nigel Preece	Beth Wood

CONDOLENCES

To Carol Fram, on the death of her aunt, Jeannette Schneiweiss

To Lisa Wolman, on the death of her grandfather, Herman Horowitz

To Laura Zelman, on the death of her brother-in-law, Dimitri Nikolov

To Ina Klinger, on the death of her sister, Joan Fierer

To the Bruce, Laurie, Jeremy & Sari Levine Family, on the death of their son/brother, Adam Levine

To Alice Nerenstone, on the death of her husband, Marc Nerenstone

To Melissa Fishman, on the death of her mother, Elaine Hammond

To Stephen Siciliano, on the death of his mother, Mary Siciliano

To Larry Ness, on the death of his mother, Frances Ness

To Susan Salen, on the death of her mother, Edith Richards

To Karen Altshuler, on the death of her grandmother, Henrietta Merel

**Submit your life-cycle events by phone to:
703-437-7733, or Email to: mozelle@nvhcreston.org.**

UPCOMING PROGRAMS

By Carla Rosenfeld • JCCNV Adult Group Coordinator

Caring for Caregivers: Jewishly

Tuesday, May 24, 10:30 a.m. - noon

Presented by Rabbi Steven M. Glazer, Glazer Consulting;

Rabbi Emeritus of Congregation Beth Emeth

Caring for a loved one suffering from dementia or other prolonged illness can be physically and emotionally exhausting. Many questions and stresses arise for which one is simply unprepared. As a congregational rabbi for over forty years (eighteen of them as the spiritual leader of Congregation Beth Emeth in Herndon), Rabbi Glazer has extensive experience counseling individuals caring for aging family members and those with dementia or Alzheimer's. He has co-edited a book entitled *Seasons of Caring: Meditations for Alzheimer's and Dementia Caregivers*, and has established his own counseling practice to assist families facing these challenges. Rabbi Glazer will speak to us about the spiritual, ethical and practical dimension of supporting caregivers, providing them with comfort and encouragement, helping them to make critical decisions compassionately, and guiding them with the tools and resources they need to help them cope. Please join us for this very important discussion.

RSVP: Carla Rosenfeld, Carla.Rosenfeld@jccnv.org, 703-537-3060

A Light Unto the Nations: Israel's Hi-Tech and Scientific Innovations

Tuesday, June 14, 10:30 a.m. - noon

(note this is the second Tuesday of the month)

Presenter: Na'ama Gold, JCCNV-JAFI Shlichah (Emissary) from Israel

What do USB flash drives, the Waze global positioning system (GPS), Instant Messaging, the Pillcam endoscopy (tiny camera in a pill), and reverse osmosis desalination (to make ocean water drinkable) all have in common? They are all amazing Israeli innovations which have revolutionized their fields and changed our everyday lives forever. Notwithstanding Israel's small size, limited natural resources, and the fact that it is surrounded by hostile neighbors, its impact in agriculture, science, medicine, and space exploration has been enormous. Israel's extraordinary creativity and know-how has resulted in countless inventions, discoveries, and advancements to help make people's lives better and safer all over the world.

Come meet Na'ama Gold, the J's new shlichah, and find out more about why Israel is known as the "start-up nation."

RSVP: Carla.Rosenfeld@jccnv.org, 703-537-3060 ♦

To honor or memorialize someone, fill out this form and mail it to NVHC, 1441 Wiehle Avenue, Reston, VA 20190. Please make checks payable to NVHC. NVHC has established the following funds, from which you may choose to make a donation.

Your gift is greatly appreciated and will be used to enhance the programs of our temple.

Enclosed is my donation in the amount of \$ _____

Donor's Name & Address: _____

In Honor of: _____

In Memory of: _____

For a Speedy Recovery to: _____

Send acknowledgement to: _____

- | | | |
|--|---|--|
| <input type="checkbox"/> Ark Fund | <input type="checkbox"/> Ellen Reich Early Childhood Teacher Education Fund | <input type="checkbox"/> Preschool Fund |
| <input type="checkbox"/> Art Fund | <input type="checkbox"/> Forest Edge Backpack (Social Action) | <input type="checkbox"/> Rabbi's Discretionary Fund |
| <input type="checkbox"/> Building Fund | <input type="checkbox"/> Inclusion Fund | <input type="checkbox"/> Religious School Fund |
| <input type="checkbox"/> Building Bridges Fund | <input type="checkbox"/> Library Fund | <input type="checkbox"/> Sam Selden and Donna Dixon Memorial Endowment Fund for Jewish Youth and Community Development |
| <input type="checkbox"/> Cantor's Discretionary Fund | <input type="checkbox"/> Louis Gold Children's Music Fund | <input type="checkbox"/> Seldon and Ruth Kruger Fund for Adult Learning |
| <input type="checkbox"/> Chevra Kadisha | <input type="checkbox"/> Memorial Plaque (minimum donation of \$250) | <input type="checkbox"/> Social Action Fund |
| <input type="checkbox"/> Choir Fund | <input type="checkbox"/> Music Fund | <input type="checkbox"/> Torah Fund |
| <input type="checkbox"/> College Outreach Fund | <input type="checkbox"/> NVHC Cares (Caring Committee) | <input type="checkbox"/> Twenty-First Century Endowment Fund |
| <input type="checkbox"/> Community Fund | <input type="checkbox"/> Oneg Shabbat Fund | <input type="checkbox"/> Youth Group Fund |
| <input type="checkbox"/> Early Childhood Fund | <input type="checkbox"/> Prayer Book Fund | <input type="checkbox"/> Worship Fund |

(Please Provide Name and Date of Death for Memorial Plaque) _____

Donate to NVHC Online: www.nvhcreston.org

Tzedakah: We Thank Our Generous Contributors

Cantor's Discretionary Fund

Jonathan and Sharon Chiat...in honor of Carly's Bat Mitzvah
David McCue and Lori Lefcourt...in honor of Sarah's Bat Mitzvah
Stuart Williger...in memory of Sheldon Williger

Choir Fund

David and Ellen Brewer...in memory of Paul B. Weil
Robert and Shirley Finkelstein...in memory of Paul B. Weil, Mildred Silbovitz
Eric and Karen Forman...in memory of Paul B. Weil
David and Carol Fram...in memory of Sidney Weissenberg
Donna Grossman...in memory of Benson Wolman, Sarah Freedman, Marion Schamest
Roy and Jean Horowitz...in memory of Diana Horowitz
Carol Isaacs...in memory of Paul B. Weil and Jeanette Schneiweiss
Steve and Ruth Lipson...in memory of Paul B. Weil
Howard and Linda Perlstein...in memory of Joan Fierer
Sy and Roberta Sherman...in memory of Marion Schamest and Paul B. Weil
Mozelle Karnette Stanton...in memory of Paul B. Weil and Jeanette Schneiweiss
Kari Uman

College Outreach Fund

Steve and Linda Gordon...in memory of Margot Lieberman and Rose Goldner
Maxine Hull...in memory of Adam Levine

General Fund

Jennifer Fabius...in memory of Marsha Fabius-Lozano

Library Fund

Leslie and Marcia Platt...in memory of Harold Platt

Louis Gold Children's Music Fund

Roy and Jean Horowitz...in memory of Nathan Newman

NVHC Cares

Robert and Gail Dezube...in honor of Cantor Caro
Jon and Nicki Halterman-Mitchell...in memory of Joel Micah Halterman-Mitchell
Alice Nerenstone...in memory of Marc Nerenstone

Prayer Book Fund

Marsha Sheinman...in memory of Ira Brown and Sondra Brown Blake

Andrew and Ellice Stern...in memory of David Gluck

Preschool Fund

Jon and Nicki Halterman-Mitchell...in memory of Joel Micah Halterman-Mitchell
Dara Keil
Lorri Kovach...in memory of Adam Levine
Ivette Retrey-Golinsky...in memory of Adam Levine
Jeff and Francine Rossen...in memory of Adam Levine, and the 3 Rossen children, whose lives he touched
John and Anne Marie Walsh

Rabbi's Discretionary Fund

Jonathan and Sharon Chiat...in honor of Carly's Bat Mitzvah
Alan Dappen and Sara Scherr...in memory of Olga Scherr
Dave and Melissa Fishman...in memory of Elaine Hammond
Robert and Nina Kwartin...in memory of Saul Kwartin
Robin Miller...in memory of Roy I. Joffe
Alexander and Margaret Levis...in memory of Jeannette Levis
David McCue and Lori Lefcourt...in honor of Sarah's Bat Mitzvah
Marc and Alice Nerenstone...in memory of Josephine Knoedler and Louis P. Knoedler
Inna Popova...in memory of Vladimir Popov
Paul and Fredda Pribish...in memory of Sally Sussman
Oliver and Joyce Schueftan...in memory of Henry Schueftan
Stuart Williger...in memory of Herman Williger

Seldon and Ruth Kruger Fund for Adult Learning

Brotherhood...in honor of Eric Forman, winner of the 2015 March Bachman Award
Andy and Elizabeth Lacher...in honor of the birth of Isabelle Ida, and the whole Leven family
Leslie and Marcia Platt...in memory of Ann Platt

Sisterhood

David McCue and Lori Lefcourt...in honor of Sarah's Bat Mitzvah

Social Action Fund – Forest Edge Backpack Donation

Stu Dornfeld & Emily Booth-Dornfeld...in honor of Doris Dornfeld's birthday
Helen Feinbloom...in honor of Zach Lederer's Bar Mitzvah

Andy and Elizabeth Lacher...in honor of Alison Behar
David McCue and Lori Lefcourt...in honor of Sarah's Bat Mitzvah
Marsha Sheinman...in memory of Herbert Sheinman and Jerry Pollock

Torah Fund

Howard and Linda Perlstein...in memory of Adam Levine

Adam Levine Camp Scholarship Fund - URJ – Camp Harlam Fund – In Memory of Adam Levine

Anonymous
David and Laurie Albert
Steven Alter
Barbara Azzinaro
Ronni Batt
Nicholas Bauer and Elizabeth Vandenburg
Sarah Bourque
Eric Brody
Philip Cardinale
Andy and Susan Cohen
Karyn Cohen
Robin Cohen, Rona, Steve and Beth, Suite 425A
Ruth Cohen
Adam Cohn and Laura Beth Johansen-Cohn
Kathleen Colburn
Harvey and Cynthia Creem
Ann DeMerlis
Amy DeRogatis
Jeff and Tracy Dlott
Stu Dornfeld and Emily Booth-Dornfeld
Tom and Cindi Drake
Carolyn Drucker
Nina Eidelberg
Sandra Eiduson
Eric Emanuel
Stacy Emanuel
Craig and Nina Falci
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(Continued on page 19)

Tzedakah: We Thank Our Generous Contributors *(continued from page 18)*

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mark your calendar for these **Upcoming Events**

Sisterhood Rummage Sale ♦ May 15th, see page 8

CHAVERIM: A new network of NVHC Visiting Volunteers ♦
May 12th, 6:30 p.m. & June 5th, 12:30 p.m., see page I4 & I5

Confirmation ♦ May 17th, 6:30 p.m., see page 3

Speaker Series, David Cole ♦ May 18th, 8:00 p.m., see page I0

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DEADLINE FOR THE JULY/AUGUST 2016 ISSUE: WEDNESDAY, JUNE 1, 2016

Preschool Full-Day Information! See page 5