

The Glance

NVHC's Quarterly Magazine



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JUNE-JULY 2019 | SIVAN-TAMUZ 5779

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About our cover photo:

On March 19, 2019 we announced that NVHC was the recipient of the Lippman Kanfer Prize for Applied Jewish Wisdom. We are extremely proud and honored to have been chosen for this award for our work on the Rebuilding Democracy Project. In our cover photo, Rabbi Holzman receives the trophy from NAME. The two photos above are a top-down and profile view of the beautiful trophy designed by Israeli artist Yair Kira.

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Summertime, and the living is easy...

It's almost summer; we can't believe how quickly this year has gone by. It feels like just yesterday we were welcoming everyone to High Holy Day services and preparing for a new school year, and suddenly that school year is over and we're preparing for the next High Holy Days!

With the end of the school year comes one of the highlights of our liturgical year: Confirmation. Read more about this amazing service that our 10th graders have put together on page 2. Following Confirmation, that same day (June 8) we also observe Shavuot, a holiday celebrating the summer harvest and the gift of the Torah at Mt. Sinai. Check out the inside back cover of this magazine for all the details on *Yizkor*, Shavuot, and our Omer journey this year. This issue also features a ton of awesome ways to weave Judaism into your summer: hear from our students going to camp, attend Cantor Caro's August *Mussar* class, help fight child hunger in Fairfax County, and so much more.

To all of our upcoming high school and college graduates, we wish you a hearty *mazel tov!* May you find excitement, joy, and peace on the journey ahead of you. Remember that NVHC is always here for you; we are your community and your spiritual home. We hope you keep in touch with us and your Judaism in the years to come, and seek out new ways to learn about and experience your Judaism as you journey through life.

Even though things tend to slow down a little around here during the summer, remember that NVHC is here for all of you! We will still have Shabbat services every Friday and Saturday, and there are a smattering of events throughout the summer. Check the NVHC Calendar (www.nvhcreston.org/calendar) frequently to see what's happening.

See you soon,

Emily Hummel
Communications Coordinator

David Markovich
Temple Administrator

The NVHC Editorial Team
Ana Leirner | Peggy Nelson | Deede Snowwhite



Teen Integrity vs. American Idols

Rabbi Michael G. Holzman

In ancient Israel, the holiday of Shavuot celebrated the summer harvest, a time of bounty and blessing. It became associated with eating dairy foods because of the fatness of the season and the plenty of the fertile herd. Perhaps more than any other day on the calendar, Shavuot uplifted agricultural success, or in a different word, wealth. For centuries, this was the message of the season.

Hundreds of years passed until the Roman exile orphaned Shavuot, by separating the holiday from its agricultural roots. In response, the Rabbis grafted a new message onto the day. While the Torah clearly articulates historical reasons for the other two festival holidays—Pesach marks the exile from Egypt and Sukkot recreates the wandering in the wilderness—Shavuot had no connection to the narrative of the Israelite journey. Consequently, the Rabbis attached it to the event between leaving Egypt and wandering in the desert, the revelation at Mt. Sinai.

In this act of rabbinic creativity, we find a central theme of Judaism: innovation for the sake of deeper values. This type of innovation has been the bedrock of our faith; even *parashat Vayera* teaches that God rejected the familiar ritual of child sacrifice (Genesis 22). Jews have been inventing new ways to speak to ancient and eternal

values ever since. That is what we do.

The paradox is that while we innovate, we preserve what is timeless. We uphold tradition while we embrace change. No ritual symbolizes this more in our day than the celebration of Confirmation.

Over 200 years ago, German reformers realized that Shavuot had again lost its meaning. Therefore, they turned away from the legal obligation symbolized by Sinai and instead sought a ritual that signified the choice to practice Judaism. Taking a page from Lutheran neighbors, they adopted Confirmation as a way to demonstrate this choice for both young men and women.

For many years, Confirmation was associated with a formal class, punctuated by a rigid and classical worship service. Between 1950 and 1980, Confirmation classes proliferated and then shrank, as at first the Baby Boomers swelled the ranks of young Jews, and then the same Boomers turned away from the class-wide Confirmation, in favor of more individually oriented *b'nai mitzvah*. In the last three decades, 10th grade Confirmation has been important, but secondary to the enormous popularity of the coming of age at age 13.

Shavuot has once again been orphaned, offering the freedom to innovate. So we challenged our recent Confirmation classes not only to affirm Judaism, but also to create Judaism. That is why, on June 8th at 4 pm, our Confirmation “service” will be a wholly original statement of Jewish meaning. The 2019

class has worked to combine both traditional and contemporary elements to describe how they understand Judaism to be in their lives.

Creating Judaism is perhaps the most radical statement of Shavuot. Like Abraham, who turned away from the popular idolatry of his day, and like the Israelites at Sinai, who found Torah in place of Egyptian idolatry, our teens, by creating a Confirmation service, are turning away from the idolatries of their lives. This is an opportunity for them to relate to values and texts that surpass the momentary distractions that bombard them. Living in a world of perpetual digital interruption, Confirmation is a chance for our teens to think deeply about what how our people's traditions can provide lasting purpose.

So join us for Confirmation on June 8th. Celebrate our teens. Stay for the *oneg*, followed by any or all of our congregational celebration of Shavuot that will last until midnight that night (see the ad on the inside back cover). By participating with us in celebrating this ancient holiday, we are reminded, like the ancient Israelites, that true wealth and blessing, comes in the form of community, sacred obligations, and the traditions that give our lives meaning.

Hazy Crazy Summer

Cantor Susan Caro

Nat King Cole crooned about the "lazy, hazy, crazy days of summer." I'm not sure about the lazy part; too often I feel like we are all moving at high speeds even in the summer, just perhaps with different scenery. So, in the summer heat, as we watch the cyclical growth and ripening of the world around us, I find a lesson for personal ripening and growth.

Judaism has an awesome framework that exists to guide us in considering and working on our thoughts

and behaviors – ways to become more self-aware and awake in the world, using that clearer capacity to bring greater justice and peace and wholeness to the world around us. This framework is called *Mussar*, think: "the science of the inner life." It is not like other sciences I know; even the word sounds odd. But don't let that scare you off! While the ideas and practice of *Mussar* are ancient, they are definitely not something I grew up with, or even learned about years ago in Cantorial School. I have come to this practice through my own spiritual and personal exploration, finding amazing insights and ways of thinking that continue to influence my own personal and professional interactions.

In his 2015 book, *The Road to Character*, NY Times writer David Brooks suggests that we live our lives by two different sets of virtues: what he calls "resume virtues" and "eulogy virtues." He writes, "Resume virtues are the ones you list on your resume, the skills that you bring to the job market, and that contribute to [your] external success. The eulogy virtues are deeper. They're the virtues that get talked about at your funeral, the ones that exist at the core of your being – whether you are kind, brave, honest, or faithful; and what kind of relationships you formed. We all know that the eulogy virtues are more important than the resume ones." Brooks contends that we live in a world that focuses too much on the resume values and that even demands that we augment those values. In the challenging times in which we find ourselves today, the synagogue and Jewish community provide many avenues to connect to our "eulogy" virtues. *Mussar* practice is a tremendous way to access those deeper character traits that are the essence of our humanity; it is the inner work of polishing and shining our character/soul to become the best version of ourselves.

The ideas and practice of *Mussar* are designed to help us embrace the growth in ourselves bit by bit. I like to think of it in the way I helped John clear and

build the paths in our garden. First, we cleared the boulders; then the big stones, then the small stones, then we moved the sand or dirt; and we give ongoing attention and maintenance to the paths so that the weeds don't overtake them.

A number of members of our community have joined me in finding *Mussar* to be a profoundly meaningful and nourishing spiritual practice for our Jewish souls, hearts, and minds. Below, you will find some of their words, their inspirations, and their learning from this practice.

If reading these experiences intrigues or inspires you, I encourage you to consider setting some of your 'lazy, hazy, crazy' summertime to come to a 3-session exploration of *Mussar*: Thursday evenings 8/8, 8/15, and 8/22 at 7 pm. (even if you can only come to one of the sessions!) Or, come on any Wednesday morning, at 8:45 am for a bit of practice, conversation, and learning about a particular trait (*middah*). There will be other learning and experiential opportunities in the coming year; please watch for them or be in touch with me or other NVHC members who are engaged in this practice to talk about how inspiring, meaningful, and fulfilling *Mussar* might be for you.



Mussar has given me a different path into Judaism. For example, studying honor has increased my awareness of how I treat other people, not only family members, but also people in stores, who are on their feet all day. Acknowledging them sometimes brings a surprised smile. "Oh, someone recognized that I exist." A small thing, but meaningful. You suddenly become awake to things that have been there all along.

Bob Rugel

When I tell my friends that Wednesday morning *Mussar* class is a highlight of my week, they frequently ask me to explain what *Mussar* is. *Mussar* is an examination of character traits. For me, thinking of my experience as a class or an examination doesn't capture what *Mussar* has meant to me. Borrowing from the title of a book on the subject, *Mussar* study has given me a way to focus on "Everyday Holiness." Yes, *Mussar* is an examination of character traits (like humility, gratitude, order, generosity, responsibility), but this study is imbued with deep spirituality that has enriched my life beyond words. I view *Mussar* as life-long work. Among what I hold onto from week to week are ways to seek balance in the choices I make, and ways to see goodness in others, even when that may present a real challenge. *Mussar* "class" offers quiet time to look inward, opportunities to share experiences with each other, and a chance to learn from our inspiring *Mussar* teacher, Cantor Caro. Homework, namely self-improvement, is self-correcting and the rewards exceed most classes I have ever attended.

Karen Singer

Mussar Practice: a quiet time in the middle of the week, a time for breathing and reflecting on the traits that influence our character and relations with others. Compassion, humility, patience, generosity-what does each of these traits mean? How do we practice it? How much is too much or too little? What is the right balance? On a continuum from patience to anger, for example, when is the right time for each? And when it's time for patience, what can I do to control my impatience? I'm grateful for the time to think about these traits, learn from others, and perhaps discover small steps toward improvement.

Bess Eisenstadt

10 Ways to "Do Jewish" This Summer

Rabbi Jessica Wainer

It is hard to believe that another school year has come and gone, and summer is just around the corner! Recently, someone asked me, "What can I do over the summer to continue 'doing Jewish'?" Since then, I have been thinking about what it means to "do Jewish" and how we can illuminate the ways our members are already doing this in their homes. "Doing Jewish" looks different for every person – for some, it means attending Shabbat services; for others, it means volunteering; and for others, it means attending a Jewish summer camp. In an effort to think about how we all can continue to "do Jewish" this summer, here is a list of 10 things that we all can try!

- 1 Welcome in Shabbat.** If you're in town, we would love to have you join us for our Friday night and/or Saturday morning worship experiences. If you're traveling, find a local synagogue or create your own travel Shabbat ritual.
- 2 Learn how to cook a new Jewish or Israeli food.** There are so many wonderful new cookbooks – from *The 100 Most Jewish Foods* to *The Gefilte Manifesto* and from *Zahav: A World of Israeli Cooking* to *Aromas of Aleppo: The Legendary Cuisine of Syrian Jews*, there are so many wonderful and new recipes to try this summer!
- 3 Listen to Jewish podcasts.** We live in an age of podcasts, so why not add some Jewish podcasts to your queue? Here are a few suggestions: Israel Story (think Israeli This American Life); Unorthodox, featuring one Jew and one non-Jew each week talking about Jewish topics; and The Kibitz, a journalist and a comedian exploring Jewish ideas and culture.
- 4 Find a family summer *tikkun olam* project.** As a family, pick a theme that is meaningful to you and find ways to act on it throughout the summer. For

example: if your theme is the environment, talk about stewardship, clean up a beach or park, make a family commitment to consuming less, and/or plant a family garden.

- 5 Seek out Jewish sites on your vacation.** In almost every town and every country, there are Jewish sites, from ancient synagogues to modern stores. While you are on vacation this summer, add a specifically Jewish site to your itinerary.
- 6 Host a Jewish movie night.** Movie nights make wonderful summer activities, especially when it gets too hot to be outside! Why not make it a Jewish movie night with movies like *History of the World: Part I*, *Fiddler on the Roof*, and *An American Tail: Fievel Goes West*.
- 7 Create a Jewish playlist.** PJ Library and other organizations have already created their own playlists. Using this as a starting point, find your favorite Jewish songs on Spotify or any other music provider and create a Jewish playlist for when you are in the car, cooking, or just looking for a fun tune!
- 8 Go camping.** Camping, perhaps surprisingly, is an inherently Jewish act. By experiencing the world around us and sharing in the gratitude for all of God's creations, we are embracing Judaism in its earliest form.
- 9 Go and vote on June 11.** The *Mishnah* teaches us that "we do not need to finish the work, but neither are we free to desist from it" (*Avot* 2:16). By voting, we are continuing our ongoing participation in democracy.
- 10 Find the *Shehecheyanu* moments.** We often get into a rut and forget to give thanks for those wonderful things that are happening in our lives. Decide on an interval, perhaps weekly, and if nothing new has happened that week, find something new to do and celebrate it. Maybe it's a new flavor of ice cream or trying to kayak for the first time, but be sure to celebrate it all!

This summer, many of our students are attending Jewish overnight camps! We reached out and asked them to tell us what their favorite part of camp is and what they're most excited about learning or doing this summer. We can't wait to hear about the awesome adventures they have!



Maya Booth, 6 Points Creative Arts Academy

CAA is the greatest sleepaway camp ever! You can make lots of new friends like I did, and now I have a really nice friend. There are amazing counselors; they can also comfort you when you're upset. Jo Ellen is an amazing director; she is nice. If you like to do art projects, sing, dance, paint, cook, and write, then come to CAA. Also, the food is amazing. CAA is awesome, and I can't wait to go back because I get to see my friends and my counselors!

Carly Chiat, 6 Points Sports Academy

I am most excited about seeing all of my friends again and playing my favorite sport while being surrounded by Jewish athletes. The first year I went to camp, I met new friends in the first two minutes I was there. I talk to my camp friends every day and stay connected to them when I'm not at camp.



Austin Lobel, Kutz Camp

As I return to the life of camp this summer, I am most excited to learn leadership skills and improve my songleading ability. Because this is my first year at Kutz and also my last, I want to learn how to lead services better, be a better musician, and gain leadership skills. These are important skills that I hope to bring back to NVHC by possibly songleading during services, teaching music in the Hebrew school, helping to improve services, and lastly encouraging other kids to go to Jewish summer camps or join NFTY.

Felicia Katzman, Camp Harlam

In my first year at Camp Harlam, I am most excited about bringing my own guitar so I can learn to play and can play at Shabbat and learn all of the Jewish songs! I'm also excited for campfires and s'mores!



Leo Robins, Camp Harlam

As I return to camp this summer, I am most looking forward to seeing old friends and making new friends. I am excited about the activities and hope to do videography again. I'm very excited to return to camp because this year I am attending the full session. I also love Shabbat dinner and look forward to sharing Shabbat with my friends. I hope to share my experiences with the rest of NHVC. These are the reasons I love camp!

Jackson Smouha, Camp Harlam

This is going to be my third year at camp Harlam, and I'll be in the Sharon unit. The things that I'm looking forward to most at camp this summer are the food, playing GaGa, and seeing my friends. At camp, they serve a variety of foods, from perogies to chips and salsa. But all the food has one thing in common: it is so tasty! Also, after lunch and dinner, the camp dining room offers dessert! GaGa, which in English means "touch-touch," is a sport from Israel and some of the boys, including me, are very competitive. It is a very fun game, anyone can play, and I've gotten quite good. I have many, many friends at camp Harlam, who are all in different units and are different ages, but they are all friends (and GaGa competitors) to me! Having been to camp, I have found learning the prayers much easier in Sunday School because we already said them at camp. Can't wait to return to camp!

Amanda Watanabe, Camp Harlam

In my first year at Camp Harlam, I am looking forward to making new friends and trying new experiences. I was just at Camp Harlam for new camper orientation and got a taste of what fun my summer will be. I can't wait to try the adventure course and sleep in a cabin (hopefully, I will get a top bunk!) Overall, the thing I'm most excited about, is that once I go to camp Harlam I know I will have people to always come back to and enjoy the amazing bonds we build. I hope other people feel the same way about camp!

A Message from Barr Weiss-Simon, our Youth Engagement Coordinator

This is a bittersweet moment, coming to the end of my year here at NVHC. This was a year of incredible growth, both personally and professionally. I thank you for letting me in to this amazing community and for helping me find a home here. I thank you for experiences I couldn't have had anywhere else and for people I could only meet here.

I have been blessed to be surrounded by such passionate colleagues who truly love what they do. I have learned so much by working in collaboration with each of them. I will fondly remember my time on the team here.



And last, but most certainly not least, to the amazing teens of NVHC. I hope you learned from me as much as I've learned from you. I am so grateful for everything you are to me.

This community and the Jewish people should be so lucky to call you a part of us. Thank you for making this an amazing year. You will forever hold a place in my heart, and you will forever have a friend in Israel. Keep in touch.

- Barr



NVHC Change, the Social Action Committee Standing with Our Friends from ADAMS Gail Dezube

NVHC has been hosting the ADAMS Center since 2008 for its weekly *Jum'ah* prayer. While Muslims are called to pray five times daily, on Fridays after noontime, a special prayer service is held. The *Jum'ah* prayer is one that must be recited in congregation, not unlike our *minyán*. At our NVHC site alone, ADAMS hosts hundreds of worshippers each Friday.



Beginning in February of 2017 after the Executive Order that banned travel from many predominantly Muslim countries, NVHC Change (our Social Action Committee) asked congregants to be “greeters” for the *jum'ah* prayers. The purpose of this was obvious – to offer welcome and support. I decided to be one of those greeters, and have done so since, usually once a month.

The worshippers’ faces are familiar to me now, and I know some by name. I say “Welcome” or “As-Salaam-Alaikum” and I get responses – sometimes in Arabic, sometimes in Hebrew (*shalom aleichem*), some handshakes, some hand-on-heart gestures (a sign of respect), and some hugs.

I was there in 2017 after the brutal murder of ADAMS’ member Nabra Hassanen, a Reston teenager. I was there in 2018 after an ADAMS’ congregant killed herself and her two children. I was there after the destruction at mosques around the world.

And they have been here with us. On a Friday in February 2017, after a Jewish cemetery in Philadelphia had been vandalized, one of my (now) ADAMS acquaintances, Reza, handed me a check. He said, “You will know how to get it to the right people to help begin the repairs.” The hugs and condolences that I received after the tragedy in Pittsburgh at the Tree of Life synagogue were also overwhelming.

As the sign outside our building states, “Hate Has No Home Here.” We partner with ADAMS for learning opportunities and other events to bring about understanding and peace. NVHC Change is just one venue to help with a small part of that process.

Sign up to be a greeter on a Friday afternoon using the link the the congregational Weekly Email.





Your VOICE In Fairfax County

As this issue of The Glance goes to press, NVHC will have sent a large group to the local VOICE Action hosting all of the candidates for Chairman of the Fairfax County Board of Supervisors and some other candidates for local offices. The Action, which took place at Bethlehem Baptist Church on May 19, projects VOICE's issue agenda as identified through conversations within and among its member congregations.

These issues include support for student mental health and safety in our schools, continued recognition and respect for religious diversity in our neighborhoods, financial investments to ensure affordable housing options in our area, and equity actions to support immigrants and others as they interact with local law enforcement.

Thank you for sharing your experiences, needs, and hopes for our community! Our shared power makes democracy an effective tool for meeting human needs. The many listening sessions members attended and relational meetings we conducted throughout this year not only deepened our covenant with one another, but helped us clarify the message VOICE conveyed on our behalf to our delegates in Richmond last January and in our local community.

What we learn when we engage together builds our trust, our confidence, our impact, and our quality of life, not only for us but also for everyone around us. We are all strangers until we dare to reach out and make the community and covenant that becomes a united "us."

As you go to the polls for the primary election on Tuesday, June 11, remember that the candidates you've chosen as most responsive to your

priorities are better informed and more accountable because of our VOICE.

For details about the VOICE agenda for Northern Virginia, please contact the VOICE Team voiceteam@nvhcreston.org, Deb Smith-Cohen at debscinva@gmail.com, Stuart Williger at heystu.com, or Bess Eisenstadt at bess.eisenstadt@gmail.com.



VOICE Teens are Permanently Agitated

Sarah Paskow

When someone feels so angry or upset about something that it compels them to take action, we members of VOICE call that feeling "agitated." Lately, with so many horrible things going on in the world, I feel like I am permanently agitated. I am especially distressed about the rise in suicide rates and attempted suicides among teens nationally. Here, in Fairfax County, we continually hear from teens about increased levels of anxiety and depression.

I am only 16 years old, and yet I feel that I care about this issue as much as most adults. When teens and children try to speak up about the issues we care about, we are often told that we are too young to understand or to have an opinion, but we do understand. We understand that our peers are experiencing anxiety, depression, and other mental

health issues at an alarming rate and that there are not enough resources available in the schools and in the county to address the growing need.

Dr. Seuss said, “Unless someone like you cares a whole awful lot, nothing is going to get better. It’s not.” I refuse to believe that it is too late to solve the problems of the world, but I also know that it’s not enough to just care, we also have to take action.



NVHC, as a member of VOICE, has created a team of diverse teens from around Fairfax County who are working to create change in how mental health is taught in schools. We are conducting listening sessions with our peers, holding relational meetings with mental health professionals, and asking for commitments from local politicians to lead with us, not for us, on this and other issues that are important to teens.

NVHC Teens: We want to know what issues make you feel permanently agitated. You can get in touch with us at youthvoiceiaf@gmail.com or follow us on Instagram @voiceiaf.teens.

Summer Food Resources for Children

Nina Falci

Have you ever wondered where children who receive free- or reduced-cost meals at school secure food during the summer? Thankfully, there are two local programs listed below that provide similar services. Although you may have donated food and/or money to the NVHC Weekend Snack Bag Program* during the school year, we ask you to continue your generosity and support these students between June and August. Please donate to, or volunteer at, one of the initiatives listed below, because as it states on the Fairfax County Summer Meals for Kids Program website, “hunger does not take a summer vacation.”

- Fairfax County Summer Meals for Kids Program**
- Loudoun County Summer Food Service Program**

Year Round Local Food Pantries

- Cornerstones Food Pantry
- LINK
- Loudoun Hunger Relief
- Dulles South Food Pantry

*Each month during the school year, the NVHC Weekend Snack Bag program provides food to over 400 students at Forest Edge (Reston), and Clearview (Herndon) Elementary Schools. The snack bags contain non-perishable foods such as boxed milk, tuna, mac and cheese, apple sauce, trail mix, granola bars, and oatmeal that ensure these students have nutritious food to eat during school year weekends. Please direct questions about the NVHC Weekend Snack Bag program to Alison Behar (alison.behar@gmail.com).

**The dates, locations, and times for the 2019 summer programs were announced at the end of the school year.

Dueling Pianos Show a Huge Success

Fay Gubin

Sisterhood sponsored a Dueling Pianos show at NVHC for the whole congregation on Saturday evening, April 27. It was a smashing success! The demographic of those in attendance was a mix of preschool moms through retirees with a total of 135 people. The pianists, Jeff and Landon from Cutting Edge Dueling Pianos, played for three hours straight with no intermission. They were lively, entertaining, and playful with the audience.

I have heard from lots of people who were there that it was so much fun. So many people gave glowing verbal accolades. Here are a few emails I've received:

“Everyone had a great time, singing and laughing and carrying on – it was a HUGE celebration of community bonding! We had a blast!!!” Susan and Andy Cohen

“My throat was so sore from ALL THE SINGING! Wonderful to see everyone laughing and having so much fun!!!YAY to Sisterhood for sponsoring.”
Mary Ann Ressin

“.....The room looked great, the turn-out was fantastic...”
Judy Naiman

“Just wanted to thank ... all of Sisterhood for a classy, fun-filled evening of merriment, food and song.”
Steffanie Bergman and Ron Goodes

“I am sorry I couldn't make it, but I am hearing from so many people that the Dueling Pianos was a spectacular hit!” Suzi Stone

”

The 50/50 Raffle netted \$700, half went to the winner and half went to the NVHC Music Fund. However,

Laurie Albert, the winner of the raffle, donated her share of \$350 back so all \$700 went to the Music Fund. Thank you, Laurie!

I would be remiss if I did not thank the dozens of generous folks that helped make this event such a success.

Thank you to our generous underwriters: Harvey and Janice Berger, Ken and Fay Gubin, Sam and Lisa Schwall, and the NVHC Music Fund.

Thank you to those who made additional donations: Sandra Blumberg, Isabel Einzig, Esther Friedman, Bobbi Ragon, and Ralph and Miriam Wolman.

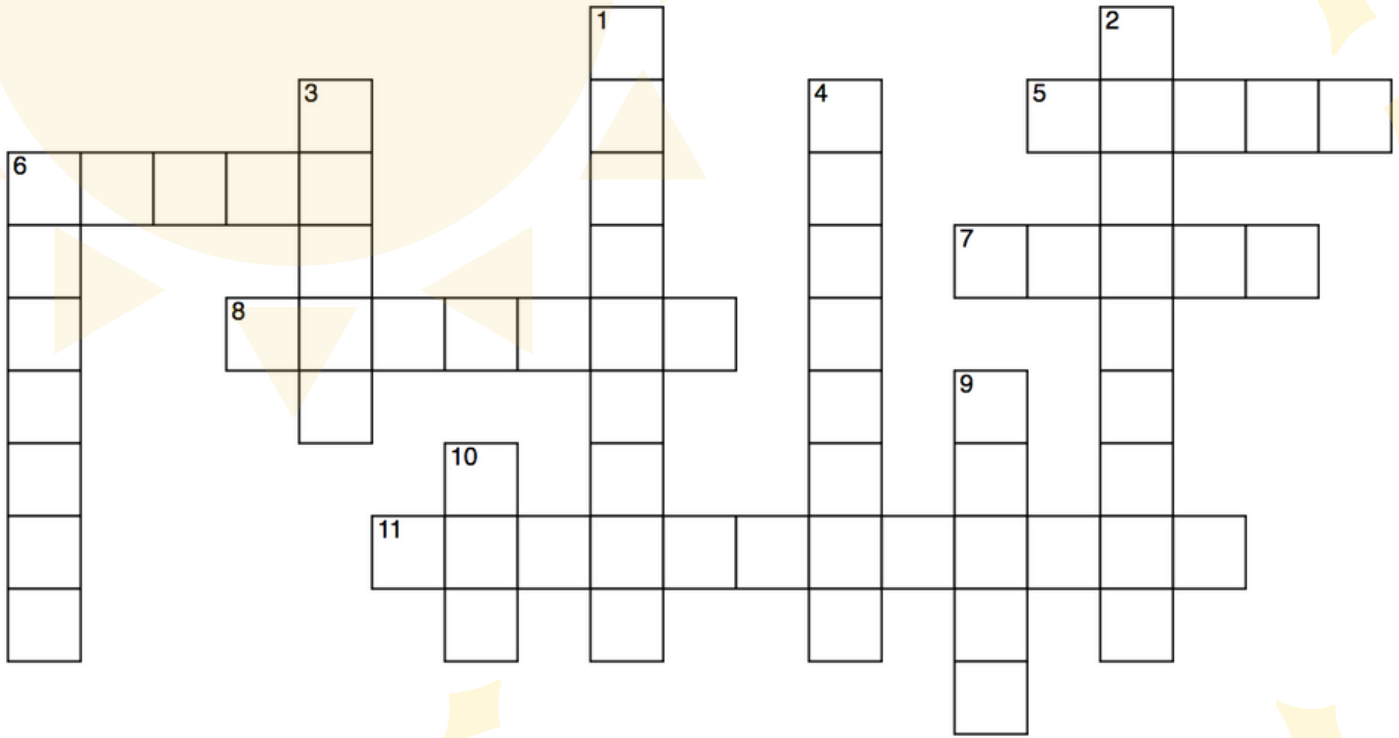
Thank you to the NVHC staff: David Markovich, Emily Hummel, Mozelle Stanton, and Anibal Blanco for their help in providing promotional materials, as well as administrative and custodial support.

Thank you to our Sisterhood members for providing the incredible dessert table; to our cheerful volunteer bartenders; to all the folks who stepped in to help set up and clean up; and to The Wine Cabinet in North Point Village for providing the wine at their cost to us.

Lastly, but certainly not least, I'd like to give my deep gratitude to the Dueling Pianos Committee – Janice Berger, Sandra Blumberg, Rachel Coelho, Andrea Gavurin, and Marsha Sheinman - for sharing their wisdom, time, and energy in putting this event together.

As you can see, it took a village! *Todah rabah.*
Fay Gubin
Dueling Pianos Committee Chair and Sisterhood President

Summertime



Across

- 5. Man who received the 10 Commandments
- 6. Mountain where the 10 Commandments were received
- 7. Torah portion with the 10 Commandments (Hebrew)
- 8. Agricultural basis for Shavuot
- 11. Book read on Tisha B'Av

Down

- 1. Barr's hometown
- 2. Number of days of the Omer
- 3. Famous beach town in the south of Israel
- 4. Name of NVHC's summer camp
- 6. Feast of Weeks
- 9. Customary food eaten on Shavuot
- 10. First name of our new Youth Engagement Coordinator

Tzedakah: We thank our generous contributors

Adam Levine Camp Scholarship Fund

Laura Goodman and Kami Richter...in memory of Adam Levine
NVHC Preschool PTO...in honor of Heather Glick, Jenn
Johnson, Melissa Landers, Sara Ottenberg, Olga Prytkov

Ark Fund

Ted Smith... in memory of Betty Kaufman

Cantor's Discretionary Fund

Kruger Family...in memory of Sara Kruger and Irving Kruger
NVHC Sisterhood...in honor of Cantor Caro for her Seder
Leadership
Robert and Shirley Finkelstein...in memory of Rebecca
Silbovitz
Nathan Rosen...in memory of Howard Rosen

Choir & Music Fund

Steven and Florrie Cohen...in memory of Hannah Meyer
Robert and Shirley Finkelstein...in memory of Mildred Silbovitz
Roy and Jean Horowitz...in memory of Diana Horowitz,
Herman Horowitz
George and Marjina Kaplan...in memory of John Matejczyk,
Sarah Feldman
Rick and Barbara Schatz...in memory of Harry Steinberger,
Annette Steinberger
Arnie and Natalie Small...in memory of Elaine Mand
Cathy Alifrangis...in memory of Betty Ann Rubin
Henry Chadwick...in memory of Betty Ann Rubin
Rob and Nora Gutcho...in memory of Betty Ann Rubin
Jim and Michelle Kranzberg...in memory of Betty Ann Rubin
Andy and Elizabeth Lacher...in memory of Betty Ann Rubin
Mariette Newcomb...in memory of Hana Hiu
Barry Pilson...in memory of Betty Ann Rubin
Norman Reich...in memory of Betty Ann Rubin
Ruth Ruttenberg...in memory of Betty Ann Rubin
Arnie and Natalie Small...in memory of Betty Ann Rubin
Ted Smith and Rosalind Gold...in memory of Betty Ann Rubin
Elise Stein...in memory of Betty Ann Rubin
The Turk Family...in memory of Dr. Richard Goldberg
David Selden and Julie Wallick...in memory of Betty Ann Rubin
Linda Singer...in memory of Betty Ann Rubin
Howard and Carolyn Wesoky...in memory of Betty Ann Rubin

College Outreach Fund

Don Copley...in memory of Earl Copley
Stu Dornfeld and Emily Booth Dornfeld...in honor of Sophie's
internship at Hadassah Hospital

College Outreach Fund cont'd

Howard and Carolyn Wesoky...in memory of Edith
Schwartz Scheibel, Stephen Unger, Morris Wesoky

Ellen Reich Early Childhood Teacher Education Fund

Steven and Florrie Cohen...in memory of Hannah Meyer
Michael and Candy Kleinrock...in honor of the birth of
their granddaughter Abigail Galit

Louis Gold Children's Music Fund

Steven and Florrie Cohen...in memory of Hannah Meyer
Justin and Andrea Hayes...in memory of Ken Hayes,
Annette Steinberger
Michael and Candy Kleinrock...in honor of the birth of
their granddaughter Abigail Galit

Memorial Plaque

Jon Groisser and Hana Newcomb...in memory of Lilah
Horn Groisser

NVHC Fund

Larry and Liz Katzman

NVHC Cares (Caring Committee)

Sheila Bialek...in memory of Rose Brier
Don and Nell Hirsch...in memory of Shirley Hirsch
Sharon Rosendhal...in memory of Robert Katzman
Marsha Sheinman...in memory of Herbert Sheinman

Preschool Fund

Steven and Ronnie Bidder
Byoung and Sook Lee
Bronia Lewin
Terry Mahn
Carl and Sherrie Polsky
Miles Rapoport
Jay and Trudi Weinberg

Rabbi's Discretionary Fund – Rabbi Gold

Kruger Family...in memory of Elisabeth Silvera and
Salomon Silvera
Andrew and Ellice Stern...in memory of David Gluck

Rabbi's Discretionary Fund – Rabbi Holzman

Alan Dappen and Sara Scherr...in memory of Lois Scherr
Kruger Family...in memory of Seldon Kruger and Lillian
Solondz
Rivoltina Popova...in memory of Vladimir Popov

Rabbi's Discretionary Fund – Rabbi Holzman cont'd

Paul Pribish and Fredda Weinberg Pribish...in memory of Sally Sussman
 Sharon Rosendhal...in memory of Sarah Katzman
 Marsha Sheinman...in memory of Joseph Sheinman
 Rivoltina Popova...in memory of Rachel Kristal
 Nathan Rosen...in memory of Ida Lissauer

Rabbi's Discretionary Fund – Rabbi Wainer

Suzi Stone...in memory of Edward Doehrman, Betty Castle

Religious School Fund

Justin and Andrea Hayes...in memory of Harry Steinberger
 Elise de Clerck...in memory of Sylvia Weiss

Seldon and Ruth Kruger Fund for Adult Learning

Andy Susan Cohen...in memory of Ruth Kruger
 Al and Lynne Groff...in memory of Howard Mitnick, Sr.
 Ken and Fay Gubin... in memory of Ruth Kruger
 Kruger Family...in memory of Melvin Jacobs
 Ruth Ruttenberg...in memory of Charles Herbie Wechsler, Bessie Spitz
 Ted Smith and Rosalind Gold...in memory of Lillian Solondz
 Stu Williger...in memory of Ruth Kruger
 Sam and Evelyn Wilson...in memory of Milly Boehm
 David and Ellen Brewer...in memory of Ruth Kruger
 Andy and Susan Cohen...in memory of Ruth Kruger
 Tom and Cindi Drake...in memory of Ruth Kruger
 Robert and Shirley Finkelstein...in memory of Ruth Kruger
 Adam, Dana, Nathan, Juliet and Emma Goldstein...in memory of Ruth Kruger
 John Grausz...in memory of Ruth Kruger
 Jon Groisser and Hana Newcomb...in memory of Ruth Kruger
 Ken and Fay Gubin...in memory of Ruth Kruger
 Eric, Amy, Dylan, Kiera, Taryn and Cade Jacobs...in memory of Ruth Kruger
 Bruce Johnson and Janis Linkov-Johnson...in memory of Ruth Kruger
 Andy & Elizabeth Lacher...in memory of Ruth Kruger
 Alan Miller and Carol Molesky...in memory of Ruth Kruger
 Howard and Heidi Mitnick...in memory of Ruth Kruger
 Mark and Judi Ornoff...in memory of Ruth Kruger
 Barry Pilson...in memory of Ruth Kruger
 Beverly Robbins...in memory of Beverly Robbins
 Mitch Robinson and Ellen Goldman...in memory of Ruth Kruger

Barry and Carol Saltzman...in memory of our friend Ruth Kruger
 Rick and Barbara Schatz...in memory of Ruth Kruger
 David Selden and Julie Wallick...in memory of Ruth Kruger
 David and Kay Slater...in memory of Ruth Kruger
 Arnie and Natalie Small...in memory of Ruth Kruger
 Ted Smith and Rosalind Gold...in memory of Ruth Kruger
 Larry and Deede Snowwhite...in memory of Ruth Kruger, Ann Zeitz
 David Sorgen...in memory of Ruth Kruger
 Elise Stein...in memory of Seldon Kruger and Ruth Kruger
 Bob Wein...in memory of Ruth Kruger
 Howard and Carolyn Wesoky...in memory of Ruth Kruger
 Stu Williger...in memory of Ruth Kruger
 Ralph and Miriam Wolman...in memory of Ruth Kruger

Tikkun Olam (Social Action)

350 Fairfax
 Anonymous
 Harvey and Janice Berger
 Sheila Bialek
 Robert and Sally Brodsky
 Ed and Sandy Byrne
 The NVHC Clergy Team
 Andy and Susan Cohen
 Brian Cohen and Deb Smith-Cohen
 Steven and Florrie Cohen
 Stephen and Sharron Cristofar
 Adele Denny and Kiah Warden...in memory of Helen Schwartz
 Robert and Gail Dezube
 Isabel Einzig
 Craig and Nina Falci
 Eric Eldridge and Lisa Folb
 Jerry and Ellen Ezrol
 Bob Fenster and Alison Behar
 Robert and Shirley Finkelstein
 Eric and Karen Forman
 Jon Groisser and Hana Newcomb
 Ken and Fay Gubin
 Don and Nell Hirsch
 Bill Holtzman and Juliet Goozh
 Emily Hummel
 Al and Lynne Groff
 Roy and Jean Horowitz...in memory of Nathan Newman
 Ken Kaplan and Jean Gold
 Michael and Candy Kleinrock
 Dan and Laurie Kobick
 James and Michelle Kranzberg
 Andy and Elizabeth Lacher
 Ken and Kathryn Laskey
 Charles and Barbara Leven

Bruce and Laurie Levine
Steve and Ruth Lipson
Brad and Risa May
David McCue and Lori Lefcourt
Marc and Jennifer Lieberman
Michael Lipsky and Mariette Newcomb...Mazon,
Cornerstones
Philip and Leslie McNeill
Neil and Deb Meland
Rich and Cindy Michelson
Charles and Sandy Mitchell
Judy Naiman
Peggy Nelson
Karen Noel
Connie Nystrom...in memory of Audrey Dianne Schmidley
Jim Olkin
Mark and Judi Ornoff
Mitch and Abbe Pascal...in memory of Sharon Schwartz,
Goldie Stearman
Robert and Meryl Paskow
Howard and Linda Perlstein
Stephen and Pamela Pick
Leslie and Marcia Platt
Michelle Probst
Richard and Ellen Ranard
Allan and Barbara Ratner
Jeff and Mary Ann Ressin
Robert Reznikoff
Peter and Libby Robbins
Marc Rosenberg and Ruth Imershein
Ron and Rhonda Rubin
Barry and Cora Rudolph
Robert and Ellen Rugel
Ruth Ruttenberg
Marco Sainati and Ronni Levine
Seymour and Linda Samuels
Rick and Barbara Schatz
Sam and Lisa Schwall
David Selden and Julie Wallick
Marsha Sheinman...in memory of Ruth Sheinman
Gary and Jenny Sherwood
Nathan and Alexandra Sleeper
Ted Smith and Rosalind Gold...in honor of the birth of
Abigail Kleinrock, daughter of
Sam and Valerie Kleinrock, granddaughter of Michael
and Candy Kleinrock
Larry and Deede Snowwhite
Bob and Phyllis Stein
Ted and Pat Tinkelman...in memory of Seymour
Tinkelman
James and Barbara Tombros
Susan Trivers

Ron Wallos and Joanne Schamest
Brigitte Wazana
Doris Weisman
Howard and Carolyn Wesoky
John and Karen Wilcock
Stu Williger
Sam and Evelyn Wilson
Winans Family
Ralph and Miriam Wolman
Nancy Kruger
Ruth Kruger

Forest Edge Backpack Program (Social Action)

Ed and Judy Cincinnati...in memory of Maria Cincinnati
and Melio Cincinnati
Marcelino and Rinna Cortes
Don and Nell Hirsch...in memory of Edith Furman

Speaker Series

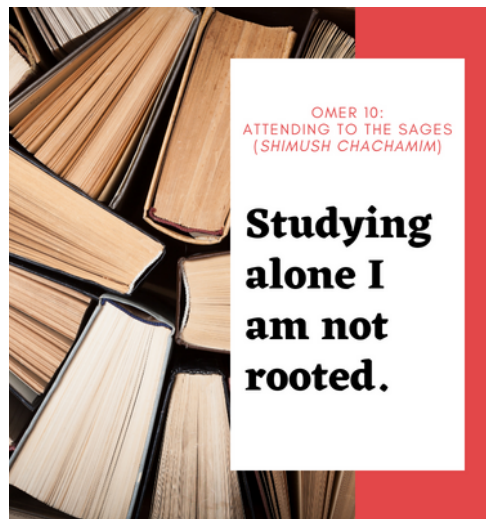
Anonymous
David and Ellen Brewer...in memory of Lillian Solondz
Robert and Sally Brodsky
Don Copley...in memory of Isaiah Copley
Robert and Gail Dezube
Eric and Karen Forman...in memory of Kenneth Blume
Ken and Fay Gubin
Stephen Leeds
Steve and Ruth Lipson... in memory of Rita Lipson
Members of the Speaker Series Committee...in honor of
Eric Forman
Richard and Ellen Ranard
Sharon Rosendhal...in memory of Maurice Katzman
Marvin and Karen Singer...in memory of Jennie Ankeles
Mark and Nancy Weinstein...in memory of Harold
Weinstein
Don and Edna Weitzman
Robert and Shirley Finkelstein
Steve and Ruth Lipson...in memory of Rita Lipson
Diane Preece...in memory of Stewart A. Preece, Ruth
Kruger
Norman Reich
Leonard and Judith Shapiro
Sy and Roberta Sherman...in memory of Ruth Kruger and
Betty Ann Rubin
Stephen and Abbey Siciliano...in memory of Ruth Kruger
and Betty Ann Rubin
Marvin and Karen Singer...in memory of Ruth Kruger
Andrew and Ellice Stern...in memory of Anita Rosenberg

Youth Group Fund

Ed and Elise Hutner

CHARACTER MATTERS

Our Character Matters journey through the 49 days of the Omer comes to an end Saturday, June 8 as we celebrate Shavuot together. Come hear some Torah chanting, do some studying, and nosh some cheesecake late into the night!



4:00 pm: Confirmation

7:00 pm: *Yizkor*, featuring *Yizkor* Stories from you

8:00 pm: Prayer and reading 50 verses of Torah

8:30 pm: Shavuot Evening of Prayer, Learning, and Nosh:
Learning together until midnight

Between our prayer and study, we will sample the blintzes and cheesecake made by fellow congregants with Cindi Drake!



NORTHERN VIRGINIA
HEBREW CONGREGATION

1441 Wiehle Ave | Reston, VA | 20190

Upcoming Events

June

- 8: Confirmation Service, 4:00 pm
- 8: *Yizkor*, 7:00 pm
- 8: Shavuot Evening of Prayer, Study, and Nosh, 8:00 pm
- 13: Congregational Meeting, 7:00 pm
- 23: Sisterhood Rummage Sale, 8:00 am

July

August

- 8, 15, 22: Summer Mussar Sessions with Cantor Caro, 7:00 pm