



To our Congregation:

Our integrity as an institution depends upon honoring our communal understanding of Judaism and the symbols, systems and rituals that communicate that understanding. These times reinforce two key values that we follow:

- *Pikuach Nefesh*: Protecting life and safety, specifically of our clergy, staff, and fellow NVHC members
- *Kavod HaTzibur*: Showing honor and respect to the community

We realize this is an especially difficult time for all of us, particularly without access to our facility for the many gatherings that now have become a virtual part of our lives. Still, we committed in August 2020 to supporting specific in-person events that require limited access to the sanctuary, or can be held outside in front of the facility.

These policies and procedures, which are based upon the most recent information provided by federal, state and local agencies, as well as our judgment about the process required to ensure that our congregation, our clergy, staff, members and guests are as safe as possible, must be signed by anyone attending an in-person event at NVHC.

Our COVID Task Force continues to work with staff and the Board of Trustees to monitor developments that could require changes to these policies and procedures.

L'shalom,

Rabbi Michael Holzman

Cantor Susan Caro

Rabbi Jessica Wainer

Risa May
President, Board of Trustees

I hereby:

- Acknowledge the extremely contagious and potentially fatal nature of the Coronavirus/COVID-19 and that the CDC and many other public health authorities strongly recommend practicing social distancing and wearing of masks;



- Acknowledge that NVHC has put in place preventive measures to try to reduce the risk of spread of the Coronavirus/COVID-19, but that NVHC makes absolutely no warranty of any kind, and expressly disclaims any warranty whatsoever with respect to the condition of its property, premises, environment, personnel and/or others regarding COVID-19;
- Acknowledge that I seek for my family and I to participate in in-person activities associated with NVHC and/or use of the Torah (collectively, "NVHC Activities") and acknowledge that I am thereby increasing my and my family's risk to exposure to Coronavirus/COVID-19;
- Acknowledge that I knowingly and voluntarily assume the risk of potentially being exposed to COVID-19 in connection with participating in NVHC Activities;
- Acknowledge that NVHC is only agreeing to allow my family and I to participate in such NVHC Activities in reliance upon my acknowledgements and statements in this document;
- Acknowledge that NVHC cannot guarantee that my family and/or I will not become infected with the Coronavirus/COVID-19 as a result of participating in NVHC Activities;
- Acknowledge that my family and I must comply with all NVHC procedures to reduce the risk of spread while participating in NVHC Activities;
- Acknowledge that any refusal to follow NVHC procedures will result in denial of my ability and others in my family to participate in said activities at the discretion of NVHC staff.

I confirm that, as of the date that I sign this document:

- I am not experiencing any symptoms of COVID-19 such as cough, shortness of breath or difficulty breathing, fever of 100 or higher and have not used over-the-counter fever reducing medications, chills, repeated shaking with chills, muscle pain or body aches, headache, sore throat, new loss of taste or smell, congestion or runny nose, or nausea, vomiting, or diarrhea, OR if I am experiencing any of the symptoms listed above, they are being caused by another condition;
- I have not traveled internationally within the last 14 days;
- I have not traveled to or from a highly impacted area within the United States in the last 14 days as defined by the parameters at <https://covidactnow.org/?s=824153> – the “hotspot” states identified in purple or red, with an indicator of “severe outbreak” of “active or imminent outbreak”;
- I do not believe I have been exposed to someone with a suspected and/or confirmed case of the Coronavirus/COVID-19 within the previous 14 days;
- I have not been diagnosed with Coronavirus/COVID-19. If I have been diagnosed with Coronavirus/COVID-19, I have been cleared as non-contagious by state or local public health authorities, and/or my personal physician;

¹ Exposure means in contact with someone during a cumulative time period of 15 or more minutes during a 24-hour period. This could refer to a single 15-minute exposure to one infected individual or several briefer exposures to one or more infected individuals adding up to at least 15 minutes during a 24-hour period. However, any duration should be considered prolonged if the person was exposed to a significant amount of aerosols during a 24-hour period, and especially if exposure was in a confined space.



- I recognize that if I have been directly exposed to Coronavirus/COVID-19, or have reason to believe I have been exposed, that NVHC can deny my participation in any synagogue activities;
- I recognize that if I meet any of the criteria in the above listed six bullet points that I will be denied access to any on-site event at NVHC;
- If on or before the date of a B'ar/Bat Mitzvah, or any activity to which I or any family member is scheduled to attend at NVHC, any of the foregoing statements change, I agree to immediately notify Joe Miller at NVHC either by telephone (703-437-7733, Ext. 126; or email at joe@nvhcreston.org);
- I acknowledge that these questions or ones similar will be asked of all attendees on the day of the event, and that I will be given a temperature check;
- I allow NVHC to provide my name to appropriate health care agencies as part of contract tracing efforts tracking the spread of Coronavirus/COVID-19 cases;
- I agree to provide my name if health care agencies contact me as part of contact tracing efforts tracking the spread of Coronavirus/COVID-19 cases.
- I recognize that a combination of quarantining and testing can help determine my exposure to COVID-19. Thus, I understand NVHC will consider tests I have voluntarily taken for COVID-19, and understand that the tests must have been taken no sooner than seven days after visiting a "hot-spot" as indicated by CovidActNow <https://covidactnow.org/?s=824153> and if no symptoms have developed by the 10th day from any potential exposure to COVID-19 as the result of a visit to a "hotspot."

In consideration of the statements above, I, individually and on behalf of my children, agree that I and my children are knowingly and voluntarily assuming the risk of potential exposure to COVID-19 during our participation in NVHC Activities, and accept sole responsibility for any sickness or injury to ourselves (including, without limitation, disability and loss of life). I, individually and on behalf of my children therefore each hold harmless from and agree not to sue NVHC and its officers, directors, employees, agents, representatives, successors and assigns, for, any and all liabilities, claims and causes of action of any kind, which I or my children may ever have relating to COVID-19 in connection with our participation in NVHC Activities.

Signature: _____ Date: _____

Printed Name: _____